

Talk about good coffee!

Miss Muggins Coffee and Fresh Donuts

CHAPLEAU EXPRESS

Vol. 14, Issue 41, June 26, 2010

PIZZA HUT & KFC

There's a Reason We're Number 1 "0 TRANS FAT"

864-0911

Relay For Life - Community Spirit prevails



Relay For Life participants donning their umbrellas.

By Gisele Barlow
The rain poured down on Chapleau's third annual Relay For Life event on Friday June 11th 2010, but it didnt rain hard enough to dampen the spirits of all in attendance. Soaking wet participants, survivors, spectators and volunteers alike, braved the torrential downpour to walk their laps in honour and in memory of cancer patients. DJ

Party Marty played all night despite equipment problems caused by the heavy rain. The heaviest rain came as the survivors began their walk around the

track, led by the Fox lake drummers and a smudging ceremony. One participant likened the rain to tears from heaven; the tears of those who had not

survived. At 10:00 p.m. the rain ceased long enough to hold a very touching luminary ceremony. Beginning the ceremony was a

moment of silence and the release of a single white balloon to commemorate the late William Ivy-who had played amazing grace on the bag pipes at the last two Relay For Life events. The candles, lit to celebrate and remember lives, burned through the night, reminding everyone why we walk. Various themed laps for prizes helped to keep the fun in the event and Kathleen Bouchard provided a massage to

anyone in need of one. The Oddfellows and Between Friends Cafe provided warm drinks and food to the crowd and APANO served indian tacos at midnight. Chapleau should be very proud, on that rainy night we celebrated together, we remembered together and we fought back to raise over \$28,000 to help find a cure for Cancer. Congratulations and thank you to our wonderful and supportive community.



Survivors take a moment to pose for a photograph after their luncheon organized by Survivor chair Joanne Laughland.

C.P.R. Vandalized

On June 16, 2010 Superior East OPP in Chapleau received a complaint from Canadian Pacific Rail staff advising that sometime over the past three days property and equipment had been spray painted. Propane Tanks, box cars and in particular, electronic switch equipment and signal boxes were sprayed. These signal boxes alert the train

crews as to whether the tracks are clear or not. Spray painting these signals renders the signals inoperable and could cause a dangerous situation to the crew as well as the public. Anyone with information which would lead to the apprehension of those responsible is asked to call The OPP at 1-888-310-1122 or Crime Stoppers at 1-800-222-TIPS (8477).

Long Term Forecast

Friday

High 19 Low 8

Saturday

High 23 Low 11

Sunday

High 21 Low 11

Monday

High 18 Low 11

Tuesday

High 20 Low 10

Wednesday

High 21 Low 9

Save money and travel this summer and spend your vacation camping at beautiful Racine Lake.

Call for your reservation soon, lots are booking up fast!

Looking for gifts for Father's Day?

Racine Lake General Store has lots of camping and fishing supplies for Dad or let him choose with a Gift Certificate!

Check out our website at www.racinelake.com or on Facebook for upcoming events this summer!

Sit Back and Relax at the Lake this Summer!

Telephone: 864-4318 Email: racinelakecampground@northernhaul.com

LETTERS TO THE EDITOR

I believe that this letter is of interest to our local residents and all the communities that Dr. L.R. Simpson services. I agree with Bonnie and Jean, and I am also very happy to be a part of the Northern Veterinary Clinic and look forward to many more years of his dedicated services to Chapleau and the north.

Thanking you in advance for your consideration of this article.
Sincerely
Nadene McEachren
Chapleau, Ontario

“Dr. Simpson is NOT Retiring”

Dr. L. R. Simpson is not retiring and will continue with his Northern Veterinarian Service as usual. Jean & I have been busy answering calls from his customers worried that he was retiring.

Dr. Simpson has been providing service to the Northern area for almost 20 years

now. He was a pioneer of the north and provided services after Mr. Hank Spekking was no longer able to. Hank was the closest thing to a veterinarian we had at that time.

Both Jean Morgan and myself became motel owners about the same time and we help Dr. Simpson with his clinics. We both learned a lot about animals and soon could tell the pet owners by their voice when they called to book appointments. Larry became a good friend to us. He treated many animals over the years. He was also a regular customer in the towns he visited.

Dr. Simpson had his own Animal Hospital in Sault Ste. Marie for a number of years prior to this. He worked both the Hospital and his traveling clinic. He would do one week of the traveling clinic and then another veterinarian would cover the next week traveling

while he worked in his Hospital. Dr. Simpson grew his clinic throughout the north and soon he was unable to do both hospital and clinic. Dr. Simpson sold his Animal Hospital and took to the road and has continued to work his clinics.

Dr. Simpson has provided valuable and reliable service to pet owners in the area. They no longer had to drive to the Sault Ste. Marie to see the veterinarian. He always made himself available to his customers. When he was out of town he provided another contact for his customers if they had an emergency happened.

Dr. Simpson continues to travel with his clinic even with times slow and many people out of work. He has shared the ups and downs of the north along with the towns people.

I can only remember one time when he had to postpone a clinic due to a snowstorm. Another snowstorm he hit a moose near Wawa on his way to Chapleau. He stopped off at the Bristol Motel, unloaded and re-loaded his equipment into Willy’s truck and still made it to Chapleau for the morning clinic.

Jean wanted to mention that Larry always drops in on his way further north to see if there is any problems and often stops on his way up or down to drop food or medications for pets. She said that he has been very accessible to pet owners in their area and especially now that he has an e-mail address where people can access him directly.

Jean Morgan from White River Motel said that about 8 - 9 years ago a horse from White River contacted rabies and died. Dr. Simpson made an emergency clinic to vaccinate all the pets while the

Health Unit provided injections for the people whom had contact with the ill horse. Jean’s husband was one of the people who had needed the shots as he had contact with this horse. She said it was a busy time in White River and through Larry’s competent service no further animals became sick with rabies.

Pet owners can continue to check the schedules for the clinic as before and can e-mail lrs.vet@gmail.com. This e-mail address is being protected from spam bots, you need JavaScript enabled to view it should you need more information.

Both Jean and myself are very happy to be a part of the Northern Veterinary Clinic and hope that Dr. L. R. Larry Simpson continues to provide his service for many more years.

Kevin & Jean Morgan,
White River Motel
Willy & Bonnie Smedts, Bristol Motel Ltd.

The Chapleau Express
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GOING TO CHURCH
Catholic Church
SACRED-HEART OF JESUS PARISH
PAROISSE SACRÉ-COEUR DE JÉSUS
26 Lorne Street North
OFFICE- 21 Lansdowne St.N.
864-0747
New Schedule Effective Nov. 7/09
Nouvel horaire à compter du 7 nov/09
Sat/sam 7 p.m. (E or F)
Sun/dim 9:30 a.m. (F or E)
Weekdays/Semaine lun-ven 9:30 a.m.
Wed/Mer (Hosp) 11:30 a.m.
Fr. Sébastien Groleau

ST. JEAN DE BRÉBEUF (Sultan)
Liturgy of the Word
Liturgie de la parole
Mass 3rd Sunday
Messe 3e dim 12:00 Noon (B)
Permanent Deacon
Diacre Permanent
Ted Castilloux
Diocese of Moosonee
Anglican Church of Canada
ST. JOHN'S CHURCH
4 Pine Street West
864-1604
Sunday Service
10:30 a.m.
Rev. Bruce Roberts
ST. MARY'S ANGLICAN CATHOLIC CHURCH
78 Devonshire Street
864-0909
Sunday Service 10 a.m.

CHAPLEAU PENTECOSTAL CHURCH
9 Elm Street (P.A.O.C.)
864-0828
Sunday 10:30 a.m. & 7 p.m.
Wed. Family Night 7-8 p.m.
Fri. Story Hour
3:30-4:30 p.m.
Pastor Dan Lee
TRINITY UNITED CHURCH
Corner of Beech and Lorne
864-1221 Sunday Service and
Sunday School 11:00 a.m.
Anna Chikoski
Soup Kettle every 2nd Wednesday of the month

www.angelfire.com/on/trinityuc
OUR LADY OF SEVEN SORROWS PARISH
PAROISSE NOTRE-DAME-DES-SEPT-DOULEURS (Foleyet)

Liturgy of the Word
Liturgie de la Parole
Mass 2nd-4th Sunday/
Messe 2e-4e dim 12:00 Noon (B)
COMMUNITY BIBLE CHAPEL
Corner of King and Maple
864-0470
Communion Service 9:30
Family Bible Hour 11 a.m.
Including Sunday School
Evening Bible Study and
Ladies Bible Study during the week
Transportation available
Al Tremblay



The Rev. Thomas A. Corston
will be consecrated a
BISHOP
of the Anglican Church of Canada
on Tuesday, July 6th at 1 pm
in St. Anthony's Cathedral
Timmins, Ontario
Chapleau friends are welcome




WANTED
Treasurer at the
Royal Canadian Legion Branch #5
Send resume to:
Royal Canadian Legion Branch #5
Chapleau, Ontario.
P0M 1K0
Attention:President
Commencing in September

Carol Hughes, MP/Députée
Algoma-Manitoulin-Kapuskasing
Carol will be holding Constituency Clinics in the following locations:
Carol organisera des rencontres avec les électeurs suivantes:

Monday June 28th
lundi le 28 juin
Hornepayne, 9:00 - 10:00am
North Star Inn
White River, 11:00 - 12:00pm
Municipal Building
Dubreuilville, 1:30 - 2:30pm
Municipal Building

Tuesday June 29th
mardi le 29 juin
Wawa, 9:30 - 11:00am
Municipal Building
Chapleau, 2:30 - 4:00pm
Municipal Building

1-800-463-3335
hughes.c@parl.gc.ca
www.carolhughes.ndp.ca

NDP  **NPD**

THANK YOU
Brenda Swanson
We extend sincere thanks and appreciation to family and friends for being there during the sickness and death of Brenda.
We would like to thank those who sent flowers, donations, food, cards, prayers and made phone calls.
A thank you also for those who came from near and far for her service, especially the Reverend Bruce Roberts, the organist Betty, the choir, the ladies who made and served the lunch, the readers Verna and Gayle, Patsy, Lee and Annette for their Eulogies.

Brenda will be truly missed.
Pat and Scott

Lieutenant Governor Pauline McGibbon officially opens Chapleau Civic Centre in June 1978, and Ernie Gilbert holds protective umbrella during sudden downpour

Chapleau Moments

by
Michael J. Morris



Lieutenant Governor Pauline McGibbon officially opened the Chapleau Civic Centre 32 years ago on June 28, 1978, a rare moment in the life of a community to have the official representative of Her Majesty the Queen in Ontario pay a visit.

command of Lt. Gary Groulx, and Branch No. 5 of the Royal Canadian Legion, accompanied by Jim Lane and Legion president Henry Therriault. Cpl. Anita Memegos of the air cadets presented the Lieutenant Governor with a bouquet of

Mrs. McGibbon cut the ribbon to officially open the civic centre. She then proceeded to tour the civic centre.

As an aside, during the official outdoor opening ceremonies there was a sudden downpour but Executive Assistant to the Reeve Eileen McCrea, prepared for any emergency, quickly provided umbrellas, and Councillor Ernie Gilbert was given the task of protecting the Lieutenant-Governor from the rain. Eileen co-ordinated all the official openings.

Lemieux Sr.

She then proceeded to visit Cedar Grove Lodge, the museum and the recreation centre with Councillors Robert Lafreniere and Ernie Gilbert as tour guides and drivers for the official party.

Upon arrival at the Legion Hall for a luncheon, the Lieutenant Governor was met by branch president Henry Therriault and Ladies Auxiliary president Thelma Therriault. Her Honour placed a wreath on the newly rededicated cenotaph.

The Chapleau Sentinel reported that it was a delightful lunch prepared by a "gourmet chef." The luncheon was under the direction of Mrs. Dorleen Collings ably assisted by her team from the Legion auxiliary.

Mrs. McGibbon also had the opportunity to chat with Catherine Remus and Ann Thompson, who had been exchange students under the Rotary Club program.

On behalf of the citizens of Chapleau I presented the Lieutenant Governor with a plate designed and made by Northern Pottery, a Chapleau industry. The platinum plate was



Councillor Ernie Gilbert protects Lt. Gov. Pauline McGibbon during sudden downpour.

unique as it had been designed specifically for this occasion.

Following the departure of Mrs. McGibbon, there was another celebration at the Chapleau Public Library. The highlight of the gathering was the presentation of an achievement scroll to Mrs. Cecile by George Evans. It read as follows: "The Board of the Chapleau Public Library, in recognition of her untiring devo-

tion to library service in Chapleau, presented this plaque to honour Mrs. Rene Cecile, member of the Board since its inception in 1959." Her granddaughter Lisa presented her with a bouquet of red roses.

Next week: Canada Week 1978 continued with openings, Don Harron, Catherine McKinnon, Foster Hewitt and King Clancy. My email is mj.morris@live.ca



Frank Cranston, Chapleau's last surviving veteran of World War I chats with Lt. Gov. Pauline McGibbon.

The next day, Cedar Grove Lodge for Senior Citizens was officially opened by Hon. Rene Brunelle, provincial secretary for resources development, and to complete the openings, the ribbon was cut by Robert Eaton, MPP, at the Chapleau Recreation Centre on behalf of Ontario Premier William Davis on June 30.

Accompanied by her husband Donald, Mrs. McGibbon inspected honour guards of the Chapleau Air Cadet Squadron under the

flowers. Ken Russell led in the singing of O Canada and God Save the Queen, while the flag was raised by Legion member Boyd Beacock and John Way-White played Reveille.

After being escorted to the platform, Master of Ceremonies Deputy Reeve George L. Evans called on the band of the Air Cadet Squadron to play the vice regalsalute.

Following prayers led by Rev. William Ivey, Father Laurent . Dube and Rev. Carson Duquette,

During her tour of the civic centre, Mrs. McGibbon, while in the library, commented that "One can judge the stature of a town or village by the extent of its library." She was greeted in the library by board chair Mrs. Renee Cecile, librarian Estelle Morin and the staff and board members.

At the Fire Hall she was welcomed by Fire Chief Ad Andrews, and while there presented 30 year service certificates to Chief Andrews, Deputy Chief Frank Coulter and Raoul



Lt. Gov. Pauline McGibbon inspects honour guard of Chapleau Air Cadet Squadron.

 <p>Ontario Licenced Motor Vehicle Inspection Station</p>		<p>Chapleau Cree Auto/Truck Monday - Friday 8:30 a.m - 4:30 p.m. "Preventive Maintenance keeps you on the road" FOX LAKE RESERVE</p>	<p>CALL 864-9090 for an appointment</p>
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Be a soccer pro, just in time for the World Cup

(NC)—Played across the globe, soccer is the world's most popular sport. Considering the small amount of gear needed to play the game, it's not a surprise that soccer is enjoyed by so many people.

Just in time for the 2010 World Cup, here are some tips from Popsicle – a sponsor of more than 18,000 Canadian under-10 soccer

players – to help make you bend it like Beckham:

- **P r a c t i c e ,** practice, practice: Hone your passing, dribbling, shooting and defensive skills by practicing regularly with a team or on your own.
- **C o m m u n i c a t e :** Call plays and alerts to your teammates throughout the game – this will ensure you're playing as a unit.

- **P a s s** to your teammates: Passing the ball is the fastest way to move down the field. Much faster than dribbling, passing allows you to get to the net more efficiently, resulting in more chances to score a goal.
- **K e e p** your head up: Be aware of where your teammates and opponents are by keeping your head up and watching the

field.

- **S t a y** hydrated and energized: Pack a cooler with drinks, orange slices and some after-game cool Popsicle treats.
 - **S t i c k** to the plan: Stick with your team's strategy and tactics for the day – this will make sure that everyone is on the same page for the day's game.
- S p e n d 1 0 minutes a day practic-

ing after school with a friend or in your backyard and you'll

see an improvement in your soccer skills.



Impaired driver nabbed by off-duty officers

Two off-duty Superior East OPP officers in Chapleau were driving home after completing their regular shift at approximately 3:05 am on June 19, 2010.

On Highway 129 near Chapleau the uniformed officers observed a green Ford Focus proceeding into the Town of Chapleau. The vehicle was noted to be driving erratically; crossing the centre line, braking abruptly and almost striking a parked vehicle and a pedestrian riding a bicycle. The vehicle was stopped by the two officers and the lone male driver spoken to.

As a result of investigation, Dylan McWatch of Brunswick House First Nations, Ontario was subsequently arrested and charged with: Driver Motor Vehicle; No Driver's licence contrary to the Ontario Highway Traffic Act; Impaired Operation of a Motor Vehicle contrary to the Criminal Code of Canada; Exceed 80 Milligrams Blood Alcohol Content contrary to the Criminal Code of Canada.

Mr. McWatch will appear in Chapleau Criminal Court on July 18, 2010 to answer to the charges.

Notice Pursuant to Section 53(5)(a) of The Planning Act

Section 53(5)(a) of the Planning Act requires Council to give at least 14 days notice before a decision is made with respect to an application(s) for consent to sever land. The manner in which this notice is given is prescribed by Ontario Regulation 197/96 as amended.

As such 14 days notice is hereby given to the public in the area adjoining the land described below, that the Council of the Township of Chapleau is considering an application for consent to sever land as submitted by Mr. Philip Martel. **A public meeting is not required by regulation for this matter.**

Purpose and effect of application

The purpose of Mr. Martel's application is to seek approval to sever one (1) parcel of land from Registered Plan 53R-18624, located on Bucciarelli Beach Road. The effect of an approval of this application will be to permit the transfer of the above parcel to the abutting owner as a lot addition.

Description of land subject to this application

Part 7, Plan 53R-18624, Bucciarelli Beach Road, Township of Chapleau.

If a person or public body that files an appeal of a decision of the Council of the Township of Chapleau in respect of the proposed consent does not make a written submission to the Council of the Township of Chapleau before it gives or refuses to give a provisional consent, the Ontario Municipal Board may dismiss the appeal.

If you wish to be notified of the decision of the Council of the Township of Chapleau in respect of the proposed consent, you must make a written request to the undersigned.

Additional information may be obtained from the undersigned during regular office hours at the Civic Centre located at 20 Pine Street West or by calling the undersigned at 864-1330.

Dated at Chapleau this 26th day of June 2010.

Allan Pellow - CAO/AMCT
Greffier Municipal
P. O. Box 129 Chapleau, ON
P0M 1K0 apellow@township.chapleau.on.ca

Avis en vertu de l'article 53(5)(a) de la Loi sur l'urbanisme

Selon l'article 53(5)(a) de la Loi sur l'urbanisme, le conseil municipal doit accorder un délai de 14 jours avant de trancher sur une demande de lotissement d'un terrain, en suivant la procédure prescrite dans le Règlement provincial 197/96 tel qu'amendé.

Un préavis de 14 jours est donc donné relatif à la demande de lotissement du terrain décrit ci-bas, telle que soumise par M. Philip Martel. Une assemblée publique n'est pas requise en cette instance.

Le but et l'effet de cette demande

M. Martel, le demandeur, aimerait recevoir l'autorisation de trancher une (1) parcelle de terrain du plan 53R-18624 situé sur le chemin Bucciarelli Beach. Cette autorisation permettra le transfert de la parcelle en question au terrain aboutissant.

Description du terrain faisant l'objet de cette demande

Partie 7 du plan 53R-18624, chemin Bucciarelli Beach du canton de Chapleau.

Tout particulier ou groupe désirant porter en appel la décision du conseil municipal de Chapleau en cette affaire doit déposer son objection en écrit au-dit conseil avant qu'il n'ait tranché de manière provisoire sur la question, sinon la demande peut être rejetée par la Commission municipale de l'Ontario.

Quiconque aimerait connaître la décision du conseil municipal au sujet de cette demande n'a qu'à en faire la demande en écrit au soussigné.

On peut obtenir de plus amples renseignements à ce sujet en s'adressant au soussigné pendant les heures ouvrables du Centre Civique situé au 20, rue Pine Ouest ou encore en composant le 864-1330.

Daté à Chapleau ce 26^e jour de juin 2010.

Le Centre De Garde De Chapleau

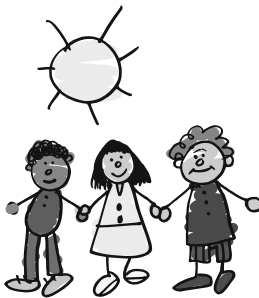
veux vous assister à prendre soins de vos enfants pendant que vous êtes au travail, à l'école ou simplement pour prendre une petite pause.

Nous offrons une variété de programme d'apprentissage et de garde pour les enfants de 18 mois jusqu'à 12 ans.

Les services sont disponible en français de 7h 30 à 17h 30 du lundi au vendredi.

Nous offrons différents options d'utilisateur, des tarifs de famille et des subventions.

Passez nous visiter au 28 rue golf ou composez le 864-1886 pour plus d'information. Laissez nous faire parti de l'expérience d'apprentissage de votre enfant!



Sell your home and corner the market!

We all want the same thing when we sell our home: the most value with the least amount of fuss and expense. Brian Joffe, MBA, CA and Partner with Fuller Landau LLP in Toronto, says we can have it, too. The trick is keeping an eye on the ball and doing the right things to prepare for the transaction, from the very beginning.

Here are Joffe's top 10 tips for making your foray into the home real estate market, if not exactly joyous, at least less trying for both your pocketbook and your peace of mind.

1. Check with your finance company first. Banks make money by charging interest, so many mortgages carry penalties if you repay ahead of schedule. If you're planning to finance your next

home, see if you can transfer your mortgage to the new property without a penalty.

2. Check for outstanding loans or liens. If you haven't paid someone – or if the contractor who remodeled your kitchen hasn't paid the guy who installed the new pipes, there could be outstanding loans or liens on your property. Have a lawyer conduct a title search so you know what, if anything has been registered and how to deal with it.

3. Arrange bridge financing. If you buy a new home before selling your old one, you might need some cash to tide you over while you technically have two homes, and two sets of bills. Go in with your eyes wide open.

4. Moving for work can mean tax savings. If you're moving at least 40 kilometres closer to your new job, you can deduct your moving costs and claim any direct travel expenses such as gas, meals and lodging. Some of the costs of selling and buying that new home might be eligible, too. Check with your Chartered Accountant.

5. Know the

principal residence rules. Generally, the sale of your principal residence is tax-free, regardless of how many properties you own. A family may only designate one property as a principal residence for a given year. You can, however, make a second property – like your cottage – your principal residence if it's being used as such. This can sometimes work to your advantage come tax time if, for instance, the second residence has increased more in value than the property being sold.

6. Know what you don't know. Real estate can be complicated – legally, financially and marketing-wise. Consider that a knowledgeable, reputable realtor will save you time and obtain more for your home than you could yourself. The money they make or save you will more than justify the commission.

7. Know what your property is worth. Joffe says that there are many factors to consider, "Go to open houses in your neighbourhood and get a feel for what comparable properties are

listed at. Check realtors' websites and have a broker confirm that the price you have in mind is realistic given the market conditions.

8. Know what it costs to run your home. Have your tax, heating, utility and other relevant bills on hand and be prepared to answer buyers' questions.

9. Go for curb appeal. Invest a little time and money in making your home more attractive to buyers. A well-tended yard, fresh paint and a clean, uncluttered atmosphere can mean

thousands more in your pocket. Consider hiring a professional stager if you lack time or know-how.

10. Get the right team working for you. Your real estate agent, Chartered Accountant and lawyer are specialists in their respective areas and work to protect your interests throughout the buy-and-sell process. They can save you money, time, headaches and complications you can't even imagine. Don't try to go it alone.

Brought to you by the Institute of Chartered Accountants of Ontario

HELP WANTED!

Waitress/
chambermaid

40 hours per week,
room & board available
during your shift.

Please apply in person
with resume or
call 864-1670 to arrange
an interview

Kathy's Kitchen at the
Golden Route Lodge
705-864-1670



WANTED

Volunteer Cooks
for the Royal Canadian Legion
Branch #5
beginning in September.
Leave a message with
Bruce McCarthy at
864-0170

Chapleau Public School News



On May 21, 2010 students from SK-1 (Mrs. O'Hearn), Chapleau Public School, completed Jump Rope Activities. The children of these grades are too young to canvass door to door, so they canvassed the businesses and their families. Thank you to all who supported us in such a generous way. We were able to send a cheque in the amount of \$687.90 to the Heart and Stroke Foundation.



Have a Safe & Happy Summer!

New and returning
learners are welcome
Sept. 13, 2010

**Chapleau
LEARNING CENTRE**

Adult Learning
Literacy & Basic Skills ~ Academic Career Entrance
24 Pine Street 705-864-2323

This week, we commemorate the 143rd anniversary of the formation of our great nation.

REPORT from
OTTAWA
by
Carol Hughes

Federal member of Parliament
Algoma-Manitoulin-Kapuskasing



Canada Day has always been an opportunity for Canadians to stand up and celebrate the things that make our great nation so unique. It is a day of longstanding traditions that allows everyone to

come together and enjoy the fruits of their efforts that have made this country as strong, diverse, and proud as any nation on Earth. It is a day where we can put aside our differences, let down our guards, and come together as a nation of people who have a deep-seeded love for this land.

I believe this year will be a Canada Day to remember. The Canadian mentality, particularly when viewed through the eyes of people outside of our nation, has always been one of humbleness; of a nation whose commitment to modesty and politeness seemed to work against how we

vocalize our national pride. This year, however, we seem to have collectively decided that voicing our national pride does not mean that we have to abandon our humbleness.

The Vancouver 2010 Olympic Games seemed to have given us a reason to stand up and show how proud we are of Canada. During those 16 days, we welcomed the world to our door, exhibited the hospitality we've always been known for, while we collectively showed that our land is vast, unique, and diverse. Seas of red and white flags and sweaters became a staple wherever you looked.

All of a sudden, we seemed to be encouraged to put our national pride on display. The games were a formative event in Canadian history, and I believe the pride they helped us develop will continue for generations to come. Canada Day is a time to sit back and enjoy the company of friends, family, and fellow Canadians. People all over Algoma-Manitoulin-Kapuskasing will spend the day taking in the festivities. Whether you decide to soak up the sun on Manitoulin Island, take in the fireworks display at the Blind River Marine Park, or be a part of any num-

ber of events from Wawa to Moonbeam to Espanola, everyone should seize the opportunity to enjoy the richness of our profound cultural heritage.

To all of my constituents, I wish you a safe, eventful, and happy holiday. Happy Birthday Canada!

The Chapleau Figure Skating Club
Presents

"Fun Fair Fundraiser"

Where: Chapleau Moore Arena
When: Sunday June 27th, 2010
10:00 a.m – 5:00 p.m

Activities include: human gyroscope, rock climbing, soccer, hockey, balloon darts, face painting, hair streaks, ring toss, fish pond, prizes, and much much more!


Human Gyroscope Rock Climbing

Thank you for supporting the
Chapleau Figure Skating Club

Carol Hughes,
MP/Députée
Algoma-Manitoulin-Kapuskasing

Happy Canada Day
Bonne fête du Canada

Kapuskasing
12-B rue Byng Rd.
1-800-920-2057

Elliot Lake
20 allée Prince Edward Walk
1-800-463-3335


www.carolhughes.ndp.ca

Inspection

Notice of Aerial Herbicide Spraying
Martel Forest and Pineland Forest

The **Ontario Ministry of Natural Resources (MNR)** invites you to inspect the Ministry of Natural Resources approved aerial herbicide spray project(s). As part of our ongoing efforts to regenerate and protect Ontario's forests, selected stands will be sprayed with herbicide to control competing vegetation, starting on or about: August 1, 2010 (Domtar Inc.) and August 5, 2010 (Tembec). On the Pineland Forest Vision Forestry herbicide, registration number P.C.P. 19899 *Pest Control Products Act* will be used. On the Martel Forest Vision Forestry herbicide, registration number P.C.P. 19899 *Pest Control Products Act*, Vantage Forestry herbicide, registration number P.C.P. 26884 *Pest Control Products Act*, and/or Forza Forestry herbicide, registration number P.C.P. 26401 *Pest Control Products Act* will be used.

The approved project description and project plan for the aerial herbicide project is available for public inspection at the Domtar Inc. (Pineland Forest) and Tembec (Martel Forest) offices and on the Ministry of Natural Resources public website at ontario.ca/forestplans beginning April 1, 2010 until March 31, 2011 when the annual work schedule expires and throughout the one year duration of the annual work schedule. Ontario Government Information Centres at the Chapleau and Timmins District Offices provide access to the internet.

More information about this aerial herbicide project, including specific locations and maps, is available for viewing at the offices of Domtar Inc. (Pineland Forest), Tembec (Martel) and the Ministry of Natural Resources during normal business hours.



Pineland Forest:

Mike Forrest, R.P.F. Operations Forester Domtar Inc. 267 McChesney Rd. Timmins, ON P4N 7C3 Tel.: 705-267-3339	or	Kelly Ellis, R.P.F. Area East Forester Ministry of Natural Resources Chapleau District Office 190 Cherry St. Chapleau, ON P0M 1K0 Tel.: 705-864-3163
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Martel Forest:

Al Tremblay Silviculture Coordinator Tembec (Chapleau) 175 Planer Road Chapleau, ON P0M 1K0 Tel.: 705-864-3022	or	Mike Liukko, R.P.F. Management Forester Ministry of Natural Resources Chapleau District Office 190 Cherry St. Chapleau, ON P0M 1K0 Tel.: 705-864-3173
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or call toll-free: 1-800-667-1940 and ask to be forwarded to one of the contacts above.
Renseignements en français : (705) 864-1710.



Métis Nation of Ontario signs relationship agreement with Great Lakes Power Transmission

The Métis Nation of Ontario (MNO) and Great Lakes Power Transmission (GLPT), a subsidiary of Brookfield Asset Management, signed a relationship agreement last week in order to guide their future working relationship in Ontario.

“Based on province-wide consultations with Métis communities on the duty to consult in 2007, the MNO’s leadership was directed to establish positive working relationships with companies like GLPT in order to guide future engagement and consultation with regional Métis communities in Ontario. I am very pleased that the MNO was able to sign the first of these relationship agreements with GLPT and I applaud GLPT’s proactive efforts in working with the Métis Nation,” said MNO President Gary Lipinski.

The relationship agreement commits the MNO and GLPT to working together in a forward-looking, productive and transparent manner. It also set out a process for GLPT to make use of the MNO’s consultation framework in order to engage and consult Métis communities on existing and potential project occurring within Métis traditional territories in the province.

Great Lakes Power Transmission manages over 550 km of transmission lines in Ontario and is currently seeking to expand their portfolio to include some of the transmission expansion projects currently under consideration by Ontario Power Authority.

The MNO represents the Métis people and Métis communities within Ontario through a province-wide governance structure at the local, regional and provincial levels. For more information on the MNO as well as its framework for government and companies to consult with Métis communities in Ontario visit www.metisnation.org.

For more information, contact Melanie Paradis (melaniep@metisnation.org)

Le CSCNO célèbre la réussite de ses élèves

L’Office de la qualité et de la responsabilité en éducation (OQRE) a diffusé plus tôt aujourd’hui les résultats du Test provincial de compétences linguistiques (TPCL) en français de l’ensemble des écoles de la province pour l’année scolaire 2009-2010. Ces résultats dévoilent que 76% des élèves de 10e année du Conseil scolaire catholique du Nouvel-Ontario (CSCNO) ont atteint ou dépassé la norme provinciale. Un organisme indépendant créé par le gouvernement provincial, l’OQRE fournit aux parents, aux enseignants et au public des renseignements sur le rendement des élèves.

Tout comme à l’échelle provinciale, les résultats du CSCNO ont connu une légère diminution. Toutefois, le CSCNO est satisfait de plusieurs données associées au TPCL qui confirment que les élèves du CSCNO profitent d’une éducation de qualité. Parmi les éléments qui retirent notre attention, on retient les faits saillants suivants :

L’ensemble du groupe d’élèves testés en 2005-2006 avait affiché un taux de réussite de 66% alors qu’ils étaient en 6e année. Cette même cohorte a rehaussé sa performance de 10% ce qui reflète l’efficacité des suivis effectués par l’ensemble du personnel du conseil scolaire; 100% des élèves des écoles secondaires catholiques Trillium à Chapleau et St-Joseph à Wawa ont atteint ou dépassé la norme provinciale, une augmentation de 29% et de 15% respectivement; et 99% des élèves de 10e année de l’ensemble des dix écoles secondaires du CSCNO ont participé au TPCL. Parmi les conseils francophones de la province, le CSCNO affiche depuis cinq ans, le plus haut taux de participation d’élèves au TPCL, soit une moyenne de 98,2% depuis 2006.

Mme Eugénie Congi, surintendante de l’éducation, se dit satisfaite des résultats. «Par la qualité de notre appui depuis quatre ans, nos élèves ont pu rehausser leur niveau de performance. Quoi que nos élèves aient affiché de bons résultats depuis 2006, nous reconnaissons qu’il existe encore un écart entre le rendement des garçons et des filles. Nous comptons profiter des données actuelles afin de renforcer nos stratégies d’analyse dans le but d’améliorer de façon continu le rendement des élèves et réduire les écarts qui existent. J’ai pleine confiance au leadership de nos directions d’écoles et notre personnel enseignant et les remercie de leur engagement envers la réussite de nos élèves.»

«De façon générale, les résultats de nos élèves se classent parmi les meilleurs dans nos communautés et notre tendance d’être l’un des conseils francophones les plus performants du Nord de l’Ontario se maintient,» explique la directrice de l’éducation du CSCNO, Mme Lyse-Anne Papineau. «Notre objectif, comme toujours, demeure l’atteinte ou le dépassement de la norme provinciale par nos élèves afin qu’ils puissent bien assumer leur place dans la société.»

Le Conseil scolaire catholique du Nouvel-Ontario offre une éducation catholique de langue française reconnue pour son excellence. Le CSCNO offre un milieu propice à l’apprentissage et un programme éducatif de qualité, de la petite enfance à l’âge adulte, à plus de 7300 élèves répartis dans un réseau de 28 écoles élémentaires et 10 écoles secondaires.

BEAR WISE



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Don't attract black bears:

1. If you have garbage collection, put the garbage out on the morning of garbage day – not the night before
2. Fill bird feeders only through the winter months
3. Remove grease and food residue from barbecue grills, including the grease cup underneath, after each use

While the chance of seeing or encountering a black bear is low, it is best to be prepared –

- Do not approach the bear
- Slowly back away
- Do not turn and run

To report bear problems call:
1 866 514-2327 TTY 705 945-7641

In a life-threatening emergency, call your local police or 911.

For more information, visit our website:
ontario.ca/bearwise

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Nous célébrons aujourd’hui le 143e anniversaire de la formation de notre grand pays.

RAPPORT
D'OTTAWA
par
Carol Hughes

Membre du Parlement Fédéral
Algoma-Manitoulin-Kapuskasing



La fête du Canada a toujours été une occasion idéale pour les Canadiens de se rassembler afin de célébrer toutes les qualités qui font du Canada un pays unique. Ce jour permet à chacun de se réunir avec ses concitoyens et de célébrer les

victoires qui ont rendu notre pays fort, diversifié et fier. En ce jour important, nous pouvons mettre de côté nos différences et se rassembler dans le but de fêter l’amour profond que nous partageons pour notre pays.

Je crois bien

que la fête du Canada sera mémorable cette année. La mentalité canadienne, souvent vue comme étant extrêmement modeste et polie, semble nous empêcher d’exprimer notre fierté nationale. Cette année, toutefois, nous semblons avoir décidé de façon collective que l’expression de notre fierté nationale ne signifie pas nécessairement que nous devons renoncer à notre humilité.

Les Jeux olympiques de Vancouver nous ont

donné une raison de montrer à quel point nous sommes fiers du Canada. Pendant ces 16 jours, nous avons accueilli le monde, fait preuve de l’hospitalité qui a toujours fait notre renommée tout en démontrant que notre pays est vaste, unique et diversifié. Des mers de drapeaux et de chandails rouge et blanc sont apparues à perte de vue. Soudainement, nous avons l’impression que nous étions encouragés de mettre en évidence notre fierté. Les Jeux ont été

un événement formateur dans l’histoire du Canada et je crois que la fierté qu’ils nous ont aidés à développer se maintiendra pendant des générations.

La fête du Canada est une journée qui se prête au repos et à la compagnie d’amis, de membres de la famille et de concitoyens. Les gens d’un peu partout dans la circonscription d’Algoma-Manitoulin-Kapuskasing passeront la journée à profiter des festivités. Que vous décidiez de

jouir du soleil à l’île Manitoulin, de regarder les feux d’artifice au Blind River Marine Park, ou de participer aux diverses fêtes de Wawa, de Moonbeam ou d’Espanola, chacun devrait profiter de cette occasion pour apprécier la richesse de notre grand patrimoine culturel. À tous mes électeurs, je vous souhaite un congé passé en sécurité et rempli d’activités et de bonheur. Bon anniversaire au Canada!

Six simple steps to a healthier pet



(NC)—Like humans, dogs and cats have special dietary needs that change with age and overall health. After all, how many 50 year-olds can eat the same diet they did when they were 15? The same holds true

for our pets. “The right balance of nutrients is key to keeping pets at different ages healthy,” says Hill’s Pet Nutrition expert Senani Ratnayake. “Excessive or deficient levels of

nutrients like protein, phosphorus and sodium can lead to issues such as kidney problems, poor growth, or bone and hair loss.”

By following these six steps you can help give your cat or dog nutritional balance for good health.

Step One – Hold back on treating your pet to table scraps. It could contribute to a weight problem. Consider that to a 10-lb cat, a 1-oz piece of cheddar cheese is like eating

3½ hamburgers for a 150 lb woman.

Step Two – Be wary of pet foods intended for all life stages. Every life stage, whether it’s puppy/kitten, adult or senior, requires a special balance of nutrients to avoid a deficiency or excess that can lead to long-term health issues.

Step Three – Consider the cost per day of food vs. the price on bag. Pet foods like Hill’s Science Diet brand are nutrient and calorie dense, which means

each kibble is worth a lot. Because of this you can feed your pet less per day and the bag lasts longer, working out to as little as 39 cents for a (10 lb) cat and 60 cents for a (40 lb) dog per day.

Step Four – If your pet is overweight, don’t just cut back on the amount of food. Your pet still has nutritional needs, so look for a specially formulated light pet food.

Step Five – When switching pet foods, transition your pet

gradually from one to the other. This will help prevent digestive problems. A pet food should provide guidelines on the package.

Step Six – Read food labels carefully. Beyond making sure the food is right for your pet’s life stage, make sure it has been animal feed tested versus formulated. Animal feed tested means it has been tried, tested and approved by other pets first.

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bâtisseuses et bâtisseurs
de paix dans le monde!*



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catholique du
NOUVEL-ONTARIO



Warning! Let's talk about your colon

(NC)—While colon cancer is highly treatable if caught early, it is still currently the second leading cause of cancer deaths in Canada. We can help change that by encouraging our friends and family over age 50 to speak to their doctors about getting checked for colon cancer. Talk to your doctor, your family, your children, your partner and your friends. Spread the word about getting checked.

The Canadian Partnership Against Cancer's National Colorectal Cancer Screening Network recently launched a new awareness

campaign devoted entirely to getting people talking about colon cancer screening. The first of its kind, the "colonversation" campaign includes an important new national web site – www.colonversation.ca.

"Like going to the dentist or checking blood pressure, completing a colon screening test at least every two years should be part of a regular health routine for Canadians over 50," says Heather Bryant, vice-president of cancer control for the Canadian Partnership Against Cancer. "We want Canadians to

have 'colonversations' with their loved ones over 50, encouraging them to ask their doctors for a simple screening test that they can do at home. It may save a life."

There are a number of tests – such as a stool test – that can check for signs of colon cancer before you have any symptoms. The stool test is a

simple at-home test, which should take place every two years for people over 50. Studies show that screening with this test every two years reduced death from colorectal cancer by 16 per cent over a decade.

Visit colonversation.ca to learn how to start a life-saving conversation about

colon cancer screening with friends and loved ones. Learn why, where and how to get screened; make use of educational videos; and share the news through social media outlets like Twitter, YouTube and Facebook.

For more information on getting checked for colon cancer go to

www.colonversation.ca. Additional resources are available through the Canadian Cancer Society (accessed toll-free at 1-888-939-3333 or online at www.cancer.ca) or through the Colorectal Cancer Association of Canada (1-877-502-6566 or online at www.colorectal-cancer.ca).

Avoid Alzheimer's with brain-boosting nutrition

(NC)—As we age it becomes more difficult for our bodies to produce all the nutrients needed for optimum brain health and mental alertness. Some of these nutrients build the neurotransmitters that improve communication between brain cells.

A "senior moment" may be, in fact, a moment of deficiency of the neurotransmitter acetylcholine (pronounced: ah-see-till-ko-leen), an important compound for sleep, sensory perception and attention. It has been shown in scientific studies that low levels of acetylcholine are a characteristic of Alzheimer's disease.

Phospholipids are complex natural fats that support the health of brain membranes and help the body produce neurotransmitters. Lecithin is an example of a "brain food" containing a variety of

phospholipids. Research has led to development of a new dietary supplement, called Brilliance, that contains three different naturally-sourced phospholipid compounds that increase mental acuity and function and reduce depression in seniors. Antioxidant green tea extract and omega-3 essential fatty acids from fish are included in the formula. This combination appears to boost production of neurotransmitters for enhanced memory, problem-solving capacity, mood and learning.

While you cannot go to the store and buy more "neurotransmitters", you can increase your intake of the raw materials your body needs to support brain and cognitive health. Antioxidants, omega-3s and phospholipids together may help you remain mentally sharp throughout your life.



Algoma District School Board

CONGRATULATIONS

All 2010 Graduates!
It's been a memorable year!

WHAT A YEAR!

Whether you're a JK, SK, Grade 8 student or high school graduate, enjoy this important milestone and please celebrate safely!

Thank you to all staff for your dedication to providing quality education in a safe and caring environment. Thank you to parents and school councils, volunteers and community partners for your support and contributions to a successful school year.

Mario Turco, Director of Education

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ENJOY THE MEMORIES

They Will Last a Lifetime.

Wanda McQueen, Chairperson

120 Charges in Walleye Enforcement Blitz

The Ministry of Natural Resources laid 120 charges and issued 333 warnings during a three-week enforcement blitz focusing on the walleye fishery in northeastern Ontario.

Conservation officers checked 6,690 anglers from May 15 – the opening of walleye

season – to June 5. Officers were checking for compliance with the Fish and Wildlife Conservation Act and the Ontario fishing regulations.

Charges were issued for: fishing without a licence; fishing with too many lines; having an over-

limit of walleye; fishing in a sanctuary; improper transportation and packaging of caught fish.

A total of 99 walleye and other fish which were taken illegally were seized.

Officers also laid charges and warnings under the Liquor Licence Act, Small Vessels Act, and Off-Roads Vehicle Acts. Many of the violations were concerning operating motor vehicles or vessels with open liquor. Since the region was under a restricted fire zone during the blitz, charges were laid under the Forest Fire Prevention Act.

To report a natural resources violation, call 1-877-TIPS-MNR (847-7667) toll-free any time or contact your local ministry's office during regular business hours. You can also call Crime Stoppers anonymously at 1-800-222-TIPS (8477).

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To register your team please contact Kevin Morris at (705)864-0154
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Kebsquasheshing Golf Club NEWS 1st 4 person scramble results



1st Place Team of Gary Chambers, Wesley Chambers, Lilian and Nelson Bernier with a 56. Presenting Michel Babin, Club Public Relations.



2nd place winners Glenn Harvey, Carol, Curtis Brunette and Stephane Doyon with a 61. Presenting is Michel Babin.



3rd place winners Ron Daviau, Odette St Pierre and George Larocque with a 63. Missing from photo Marcel Morin. Presenting Michel Babin.

THE LOCAL MARKET PLACE

CHADWIC HOME, FAMILY RESOURCE CENTRE

Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau, White River, Dubreuilville, and Horne-payne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen, call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

ALCOHOLICS ANONYMOUS Offers help to anyone who desires to stop drinking. Open discussion meeting on Sundays at 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2786

ALCOOLQUES ANONYMES Offre de l'aide à celui ou celle qui désire arrêter de boire. Les rencontres ont lieu tous les mercredis soirs à 19h (7:00 p.m.) Au sous-sol de l'église Sacré-Coeur. Téléphone au 864-2786

Narcotics Anonymous offers help to anyone who desires to stop using drugs. Meeting every Thursday 7:30 p.m. Saturday 8:30 p.m. basement Sacred Heart Church. Telephone contact 864-2786.

Alcoholics Anonymous (A.A.) Open discussion meeting every Monday evening. Brunswick House First Nation Band office lounge 7pm. **Narcotics Anonymous(N.A)** every Tuesday same place same time. NNADAP Worker @ 864-0174 info.

Société Alzheimer Society meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

APARTMENTS FOR RENT

You need a decent apartment with 1, 2 or 3 bedrooms, fully or semi-furnished, or not, dryer and washer hookups, outdoor balcony, storage shed, private parking. Central location. Call Quality Rental at 864-9075 and leave message. Sep25

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3 bedroom apt., fridge, stove, washer, dryer hookups. Available July 1st. Call 864-2902

1 bedroom apt., fridge, stove. Available July 1st. Call 864-2902

HOUSES FOR SALE

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House For Sale By Owner Home for sale on Devon Siding Road, email devonsiding@sympatico.ca or call 864-9007 and leave a message for more information. Can be seen at www.kijiji.ca/timmins. By appointment only. Jul3

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Institute Calls for Recognition of All Certified Wood from Canada

The Canadian Institute of Forestry – Institut forestier du Canada (CIF/IFC) has called upon the U.S. Green Building Council to recognize all wood from certified legal and sustainably managed sources in Canada, and the benefits of using wood in general, in its LEED (Leadership in Energy and Environmental Design) green building system. Currently the program's material and resources section

only gives credit for forest products from areas where operations are certified by the Forest Stewardship Council (FSC). While the FSC is a well recognized standard for sustainable forest management, it is only one of several systems that provide the means to assess sustainable forest management. The Canadian Standards Association (CSA) and the Sustainable Forestry Initiative (SFI) also

provide assurances that forest products come from sustainably managed forests.

“All three standards are applied side by side across Canada's landscape,” said Ms. Anne LeBrun Ruff, President of the CIF/IFC. “In order to provide independent verification that natural resources are being managed sustainably, most of the Canadian forest industry has undertaken to be certified to

one of these three internationally recognized systems. This is in addition to adhering to existing provincial government policies, regulation and guidelines relating to sustainable forest management.”

The criteria and benchmarks used to assess forest products as coming from sustainably managed forests are science based and developed with the direct involvement of forest professionals and practitioners. The Canadian Council of Forest Ministers and the international community, through mechanisms such as the Montreal and Pan European Processes, have already established appropriate criteria and indicators.

It is these widely accepted, international criteria that all three certification systems are built upon. The work has been done, and is continually being reviewed.

“The CIF/IFC also suggests that LEEDs considers a life cycle approach to the entire design of buildings and the building materials used,” said Ms. LeBrun Ruff. “It is here that wood makes many positive contributions that as yet are not recognized in their rating system. Wood is renewable and from sustainable sources, has acoustical properties, is warm and appealing, helps fight climate change by storing carbon, and less energy is needed to produce wood

products when compared to other building materials.”

The Canadian Institute of Forestry – Institut forestier du Canada was established in 1908 and is one of Canada's oldest and most respected forest conservation organizations. CIF/IFC members work in government, industry, and academia, and include foresters, technicians, biologists, ecologists, educators, economists, scientists, and many other individuals with an interest and passion for our forests and the complex ecosystems that they support. CIF/FC members are dedicated to sound forest stewardship and sustainability across Canada and throughout the world.

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