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CHAPLEAU EXPRESS

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864-0911



Vol. 13, Issue 20, January 31, 2009

Chapleau business reaches milestone



(Photo Denise Godbout)

Aux Trois Moulins/Riverside Motel Staff and Management posing with their new company jackets during A3M's 10th Anniversary Celebration. Back row - left to right -- Jacynthe Burns, Monique Langlois, Lina Deschenes, Anne Ouellete, Lina Cloutier, Diane Ouellet, Kathleen Bouchard, Carmen Bouchard, Alison, Perreault, Jennifer Langelier, Christiane Jacques, Marie-Eve Servant, Madame Perreault, Roger Perreault. Front row - Left - Right - Stephanie Fournier, Melanie Fortin Eric Boucher, Denise Godbout, Pauline Gaudreault, Missing



(Photo Denise Godbout)

Front desk Staff, Management, and Massage Therapist : Back row (l-r) Melanie Fortin, Roger Perreault (owner) , Jennifer Langelier, Anne Ouellette, Christianne Jacques (Manager), Kathleen Bouchard (Therapist), Front row (l-r) Denise Godbout, Lina Cloutier

By Staff
Friday, January 23, 2009, marked a special occasion for local business owner, Roger Perreault. He, along with his staff, celebrated the 10th anniversary of Aux Trois Moulins Motel.

A supper followed by a social was organized for all of the employees. A special surprise was in store for Mr. Perreault, as arrangements were made to have his 82 year old mother driven to Chapleau to surprise Roger and participate in the festivities.

A long time Chapleauite Mr. Perreault came to Chapleau in 1974 to work for his uncle Arthur Perreault and partner Herman Houde to manage the Houde & Perreault grocery store.

In the late eighties aside from managing the grocery store, Mr.

Perreault also managed the newly constructed Aux Trois Moulins Restaurant and Confectionary.

The always innovative Mr. Perreault decided that a motel would be an asset to the area, but not any kind of motel.

The construction of the motel complex began in 1998. At the time, although other motels existed, none were of the stature that this one would become.

The forty room motel with amenities such as therapeutic massages to hot tubs, saunas and fine dining along with good

customer relations always seems to impress guests.

In 2006, Mr. Perreault took advantage of a government incentive and invested in the installation of an energy producing windmill which would in turn lower his annual energy cost at the complex.

Although problems arose with this new green energy venture, the creases are now being ironed out.

In 2008, to accommodate the overflow at Aux Trois Moulins Motel, Mr. Perreault purchased the Riverside Motel, which had been for sale for a period of time.

Roger Perreault has been one of the best ambassadors for Chapleau's business

sector including the tourism industry and continues to set forth some of the highest standards ever seen in our community. He is relentless in the faith that he has in our community and this should be an example for all actual and future business owners.

Mr. Perreault is the president of the local snowmobile club and his energy and enthusiasm seems to be contagious as numerous volunteers continue to help out in this venture although at times the lack of funding for the Northern trail system, including Chapleau, is frustrating.

Proper business ethics and honesty along with good employee relation-

ships seems to be the key and is something all of us could learn from. In a small community, success is attained with fair business practices along with community involvement. And there is no end to the aforementioned when it comes to Roger Perreault. The sum of one's accomplishments is not who or what you destroy, in your path, with unfair business practices but what you build and support on a fair and even field.

Mr. Perreault and his employees should be commended for the accomplishments which were attained with integrity and always with the community in the forefront.

Long Term Forecast

Saturday
High -12
Low -24

Sunday
High -4
Low -16

Monday
High -9
Low -14

Tuesday
High -15
Low -23

Wednesday
High -17
Low -26

Thursday
High -5
Low -18



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Chapleau, On POM 1K0
PH: 705-864-1095
FAX: 705-864-1110

REPORT from OTTAWA by Carol Hughes

Federal member of Parliament
Algoma-Manitoulin-Kapuskasing



FORESTRY

The appetite for economic stimulus is growing in our country as the challenges of a prolonged recession make themselves clear. The government has indicated a willingness to help the auto industry, recognizing the importance of that industry to the national economy's well being.

The same argument can be made for the forestry sector, a crucial part of our economy that is not isolated to one region or province.

When Northern Ontario MPs and MPPs met in Thunder Bay in mid-December 2008, to discuss the challenges facing this sector, we were already aware that the economic

slowdown would have an effect on this important component of our regional economy. In the past few weeks, we have witnessed concrete examples of just how difficult the challenges will be. In our riding alone, there have been 120 layoff notices from Haavaldsrud in Hornepayne, a four week shut-down at the Tembec sawmill in Kapuskasing, and concessions sought from workers at Columbia Forest Products in Hearst, all of which have very immediate consequences on our smaller communities. To that end New Democrat MPs and MPPs from across Northern Ontario are joining with labour and community leaders to call for immediate action from the federal and provincial governments.

In our meetings with stakeholders we were able to learn that what is needed is a practical plan that will

sustain and create jobs in our forestry sector and protect workers facing layoffs. We are echoing the concerns of industry, who point out the immediate need for access to reasonable credit, by calling on the federal government to create a new loan guarantee program. A program that will make sure Ontario doesn't lose good companies and jobs to an international credit crunch. We also want to see real reform to the employment insurance system to increase benefits and expand eligibility with real help for training workers displaced by permanent job losses in the forestry sector.

From the Ontario government, we are calling for the introduction of an industrial hydro rate to help the forestry sector become more competitive, a practice that has been effective in Manitoba where there have been no permanent shutdowns in the forestry sector.

The Chapleau Express
P.O. Box 457
Chapleau (Ont.) P0M 1K0
Telephone - Fax : 705-864-2579
e-mail : chaexpress@sympatico.ca
Published every Saturday/Sunday
Deadline for receiving ads is Wednesday at 4 p.m.
The Chapleau Express is delivered free of charge to every household each Saturday. If you have any comments, please feel free to contact us. Subscriptions: **\$70.00 per year (Canada) \$150.00 U.S per year (U.S.A)** Canadian Publications Products Sales Agreement #30183799

We would also like to see the province establish a Jobs Protection Commissioner who would have the power to step in when there's a major layoff or shutdown, and work with workers, the employer, banks and community to maintain employment. This is a measure that worked in BC, where, over an 11-year period, between 1990 and 2001, it saved 75,000 good BC jobs.

When considering government assistance on a level similar to that being proposed for the auto industry, we have to bear in mind that the forest products sector is one of Canada's leading industries shipping over \$40 billion of goods annually. We also must remember that forestry jobs are good jobs. The average wage per employee was \$46,300 in 2005; the national average wage per employee is

\$37,900, according to a Statistics Canada survey of employment, payroll and hours, and that each of these jobs creates an estimated four spin-off jobs.

It is clear that the challenges facing the forestry sector are considerable and will require a collaborative effort from industry, labour and government to create the conditions in which this sustainable industry can flourish and keep these important jobs in our communities for generations to come.

OBITUARY DOIG, Kathleen "Kay"

Passed away peacefully on Monday, January 26, 2009, in her 83rd year, surrounded by her loving family, Predeceased by her husband Herb. Loving mother of Ronald and his wife Norma; Mel and his wife Helen, Leslee and her husband Don Gervais and Dave and his wife Myrna. Cherished grandmother of Ian, Allison, Elizabeth, Michael, Daniel, Patrick, Matthew, Christina, Karen, Janson and Keaton and great-grandmother of 5. Missed by sister Gwen Logie and brother Bill Rooth. Predeceased by sister Marjorie Wretham. Kay was a previous member of the Ladies Auxiliary of the Royal Canadian Legion, B of LF&E and the Order of the Eastern Star. Actively involved in many local seniors euchre groups. A Memorial Service will take place on Thursday at 1 p.m. at Holland Christian Homes Heritage Hall followed by a reception at Horizon Hall, 7900 McLaughlin Rd. S., Brampton. Arrangements entrusted to Ward Funeral Home, 905-451-2124. In lieu of flowers, donations in Kay's memory to the charity of your choice.

The Chapleau Child Care Centre is sponsoring free public skating on Saturdays from 7:00 - 8:30 p.m. on Saturday, February 7th and 28th 2009.

Everyone is encouraged to

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WEAVER-SIMMONS
Barristers, Solicitors, Notaries

NOTICE TO CREDITORS AND OTHERS

All claims against the estate of **CAROLE GINETTE FOURNIER**, late of the Township of Chapleau, in the District of Sudbury, in the Province of Ontario, who died on October 6, 2008, must be filed with the undersigned solicitor for the personal representatives on or before the 30th day of March, 2009, after which date the estate will be distributed having regard only to the claims of which the estate trustee then shall have notice.

DATED at the City of Greater Sudbury, in the District of Sudbury, in the Province of Ontario, this 19th day of January, 2009.

LINDA LAAKSO

By: WEAVER, SIMMONS LLP
233 Brady Street
Sudbury, Ontario,
P3B 4H5
Tel: (705) 671-3291



ALGOMA DISTRICT SCHOOL BOARD

The Algoma District School Board's Financial Statements for the Year ending August 31, 2008 are now available on the internet. You may access the statements by:

- 1) www.adsb.on.ca on the internet
- 2) click on About Us
- 3) click on Business Operations
- 4) click on Financial Statements
- 5) click on Fiscal Year - 2007/2008

Alternatively please phone the Director's office at (705) 945-7234 or toll-free for area codes 705 and 807 at (888) 393-3639 to request that a copy be mailed to you.

Mario Turco
Director of Education

Wanda McQueen
Chairperson

Chapleau Northern Pike Ice Fishing Derby understands the slow down in the economy this year and will not be **soliciting prizes!** But a welcome call can be placed to 864-1778 by those choosing to support the Chapleau Northern Pike Ice Fishing Derby and we will be pleased to make arrangements for a pick up. **THANK YOU.**

GOING TO CHURCH

Catholic Church
SACRED-HEART OF JESUS PARISH
PAROISSE SACRÉ-COEUR DE JÉSUS
26 Lorne Street North
OFFICE- 21 Lansdowne St.N.
864-0747
Sunday/dimanche
9:30 a.m. English
11:00 a.m. Français
Weekdays Mon-Sat
en semaine Lun-Sam
Fr. Jacques Fortin

ST. JEAN DE BRÉBEUF (Sultan)

Liturgy of the Word
Liturgie de la parole Every 3rd
Saturday 7 p.m. Bilingual
Tous les 3e samedis 19h
Bilingue
Permanent Deacon Ted
Castilloux

Diocese of Moosonee

Anglican Church of Canada
ST. JOHN'S CHURCH
4 Pine Street West
864-1604
Sunday Service
10:30 a.m.
Rev. Bruce Roberts

ST. MARY'S ANGLICAN CATHOLIC CHURCH

78 Devonshire Street
864-0909
Sunday Service 10 a.m.
Rev. William P. Ivey

CHAPLEAU PENTECOSTAL CHURCH

9 Elm Street (P.A.O.C.)
864-0828
Sunday School 9:45 a.m.
Sunday Services
11 a.m. & 7 p.m.
Family Night (ages 1-109)
Wednesday 7 - 8:15 p.m.
Pastor Dan Lee

TRINITY UNITED CHURCH

Corner of Beech and Lorne
864-1221 Sunday Service and
Sunday School 11:00 a.m.
Anna Chikoski
Soup Kettle every 2nd Wednesday
of the month
www.angelfire.com/on/trinityuc

OUR LADY OF SEVEN SORROWS PARISH PAROISSE NOTRE-DAME-DES-SEPT-DOULEURS (Foley)

Liturgy of the World Sundays
11 a.m.
Liturgie de la Parole
Dimanche 11h
Mass every 2nd & 4th Sunday
at 4:00 p.m.
Messe sux 2e et 4e dimanche
à 16h

COMMUNITY BIBLE CHAPEL

Corner of King and Maple
864-0470
Communion Service 9:30
Family Bible Hour 11 a.m.
Including Sunday School
Evening Bible Study and
Ladies Bible Study
during the week
Transportation available
Al Tremblay

Collins Home Hardware Huskies hosts tournament

The Collins Home Hardware Huskies will be hosting the first annual Bantam house league tournament on Jan 31 to February 1. With hard work and determination the coaching staff were able to acquire the interest of three other teams and invited representatives from Thessalon, Matheson and Timmins.

Round robin play will start on Saturday with a total

of six games being played. After the round robin teams will be ranked 1st, 2nd, 3rd, or 4th. Sunday will have two semi final games 1st against 4th and 2nd against 3rd. The losing teams will play for the bronze medal and the winners will play for the gold.

The tournament organizing team made up of parents, management and the coaching staff have worked extremely hard to offer an exciting weekend for players, parents, and fans. The Huskies have come a long way this year. They are starting to come together as a team and are very exciting to watch. Come out and cheer your home town Huskies on to victory.

Saturday Jan 31/09

10:00 am Chapleau vs. Timmins
11:15 am Thessalon vs. Matheson
3:00 pm Matheson vs. Chapleau
4:15 pm Timmins vs. Thessalon
7:30 pm Matheson vs. Timmins
8:45 pm Chapleau vs. Thessalon




Sunday Feb 1/09

8:30 am 1st vs. 4th
9:45 am 2nd vs. 3rd
12:30 pm Bronze Medal Game
1:45 pm Gold Medal Game

GO HUSKIES GO!!!!!!

The Chapleau Education and Training Coalition Inc. will be offering

Standard First Aid including CPR

Date: February 7th & 8th
Duration: 15 hours
Cost: \$125
Registration Deadline: February 3rd
Instructor: Mr. Jacques Tremblay

First Aid and CPR techniques for those who need training for work requirements, or who want more knowledge to respond to emergencies or home. The course covers a variety of topics from basic (such as cardiovascular and breathing emergencies) to in-depth topics, such as sudden medical conditions and injuries to the head and spine. Course cost includes material and certification.

WHMIS

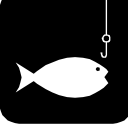
Date: March 6th
Duration: 4 hours
Cost: \$50
Registration Deadline: March 2nd
Instructor: Mr. Jacques Tremblay

This 4 hour training course provides workers with the mandated workplace WHMIS training. The course will focus on legal aspects, product labeling, storing and handling products safely and properly, Material Safety Data Sheets and how to use this information to protect your health and safety.

To register, contact Linda at 864.9434 or drop in at the Chapleau Innovation Centre at 12 Birch Street.

Full payment of course fees must be made at the time of registration. Course Cancellation: Every course/seminar must have a minimum enrolment. If any activity is cancelled due to insufficient enrolment, students will be notified by phone.

Taste of the North Winter Carnival is February 18 - 22, 2009



**CHAPLEAU'S 13TH ANNUAL
CHAPLEAU NORTHERN PIKE ICE FISHING
DERBY**

FEBRUARY 14, 2009

DONT MISS THIS ONE!

It is Northern Ontario's most exciting
1 day ice fishing derby event!
Fishing 7am until 4pm, buffet supper 4:30 until 6:30pm and
big prizes start at 7:30pm

Top 10 prizes will be **CASH** starting at a
\$10,000 1st Prize.
\$5,000 2nd, \$2,000 for the 3rd etc down
to \$400 for the 10th.

Derby ticket price is **\$105** which includes GST.

**INFORMATION BROCHURES & ENTRY
TICKETS ARE AVAILABLE AT THESE
PARTICIPATING BUSINESSES:**

**Pit's Place Bait & Tackle
Camille Robitaille Sales & Service
Aux Trois Moulins Motel & Restaurant
Collins Home Hardware
& Canadian Tire in Wawa**

LOCAL BAND



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**Chapleau
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8:30 a.m - 4:30 p.m.**

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for an
appointment**

Un couple reçoit des amendes et perd le droit de pêcher pour avoir possédé trop de dorés

Un couple de \$ pour avoir possédé Gilles Couture, 52 ans, et Sylviane Morin, 46 ans, ont

plaidé coupable à l'accusation d'infraction à la Loi sur la protection du poisson et de la faune. En plus de recevoir des amendes, ils ont perdu leurs cannes à pêche et leur matériel de pêche, confisqués par la Couronne, ainsi que le droit de pêcher pour un an.


Le 18 juillet 2008, un agent de protection de la nature du ministère des Richesses naturelles de

Chapleau a arrêté un véhicule au hasard sur la route Martel, près de Chapleau. Les occupants du véhicule ont montré huit dorés à l'agent. Mais en fouillant le véhicule, l'agent a trouvé neuf dorés cachés derrière le siège du conducteur. De plus, des dorés congelés ont été découverts par la suite au domicile du couple, à Chapleau.

Le juge de paix Alex Spence a instruit

l'affaire le 14 janvier 2009 à la Cour de justice de l'Ontario, à Chapleau.

Pour signaler une infraction liée aux ressources naturelles, on peut appeler le ministère sans frais et en tout temps au 1 877 847-7667 ou contacter le bureau du ministère de sa localité durant les heures normales de bureau. On peut aussi appeler, sous l'anonymat, Échec au crime, au 1 800 222-8477.



SERVICES DE SANTÉ DE CHAPLEAU HEALTH SERVICES

ANNUAL MEMBERSHIP FEES COTISATION ANNUELLE

<p>Pursuant to the Corporation's By-laws, in order to vote at the Annual General Meeting of Services de santé de Chapleau Health Services, persons must have their corporate membership fee of \$2.00 paid on or before April 10, 2009. The memberships go on sale February 1, 2009.</p> <p>Memberships are available at the Chapleau General Hospital or from Directors of the Board of Directors of Services de santé de Chapleau Health Services.</p>	<p>En revue des règlements de la corporation, les membres de la corporation doivent avoir payé leur cotisation annuelle de 2\$ avant le 10 avril 2009 pour avoir le droit de voter à l'assemblée générale annuelle. Les cotisations seront en vente dès le 1er février, 2009.</p> <p>On peut obtenir une carte de membre à l'hôpital Général de Chapleau ou auprès d'un directeur(trice) du conseil d'administration des Services de santé de Chapleau Health Services.</p>
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RETAIL BUSINESS OPPORTUNITY FOR AN AGENCY STORE IN LCBO RFP# 2009 - 103 SULTAN

An excellent business opportunity is now available to established retailers in Sultan. The Liquor Control Board of Ontario (LCBO) is seeking a responsible, customer-focused retailer to operate an LCBO Agency Store in Sultan.

To qualify, the applicant must have an existing, currently operating retail business in the community and commit to operating the Agency store within established LCBO guidelines. To facilitate the sale of beverage alcohol products, the operator may be required to enter into separate commercial arrangements with the LCBO and domestic beer suppliers. The successful applicant will also be required to participate in a special LCBO server-training program to ensure the responsible sale of beverage alcohol products.

Since 1962, the LCBO has authorized more than 200 Agency stores to serve communities which have requested service but where the local population is too small to support a regular LCBO or beer store. These Agency stores are operated by local retailers within their existing retail business. Agency store contracts are normally awarded for a five-year term. In communities where there is currently an Agency store, as the contract nears expiry the LCBO will take into consideration the fact that new businesses in the community may have been established and will allow an opportunity for all businesses in the community to compete for the next five-year term.

Operating an LCBO Agency Store provides a retailer with an excellent opportunity to increase revenue and attract customers while providing local residents with beverage alcohol services. Agency stores also deliver economic benefits to the community in many cases through job creation and increased customer traffic for local merchants.

Interested businesses must request **by mail** the application package for this competition before end of business day, **Friday February 13, 2009** and must quote the following information:

RFP# 2009-103 Sultan
Request for Application Package
Manager of Purchasing, LCBO
1 Yonge Street, Suite 1404
Toronto, ON, M5E 1E5

Please note: An application fee of \$100 must be included with your request in order to receive an application package. Make the cheque or money order payable to the LCBO only.

In order to be considered for this business opportunity, applicants must submit to LCBO Purchasing a completed proposal in the required format before the closing date and time, **Friday February 27, 2009, 3 pm local time**. Late submissions will not be accepted and will be returned unopened.

Classified ads WORK

UNE OCCASION D'EXPLOITER UN MAGASIN-AGENCE S'OFFRE AUX COMMERÇANTS DE SULTAN DEMANDE DE PROPOSITIONS LCBO N° 2009-103 SULTAN

Une excellente occasion d'affaires s'offre aux détaillants de Sultan.

La Régie des alcools de l'Ontario (LCBO) recherche un détaillant responsable et soucieux du service à la clientèle pour exploiter un magasin-agence de la LCBO à Sultan.

Pour être admissible, vous devez exploiter un commerce de vente au détail déjà établi dans la localité et vous engager à respecter les lignes directrices de la LCBO. Pour faciliter la vente de boissons alcooliques, le candidat choisi pourrait avoir à conclure des ententes commerciales différentes avec la LCBO et avec les fournisseurs de bières canadiennes. Le candidat retenu devra également suivre un programme de formation spécial de la LCBO qui a trait à la responsabilité reliée à la vente des boissons alcooliques.

Depuis 1962, la LCBO a autorisé plus de 200 magasins-agences qui desservent les localités qui ont demandé un service de vente d'alcool, mais dont la population est insuffisante pour y établir une succursale régulière de la LCBO ou un magasin de bière. Les magasins-agences sont confiés à des détaillants locaux et s'annexent à un commerce de détail existant. Le contrat d'un magasin-agence est normalement d'une durée de cinq ans. Au cours de la cinquième année d'exploitation d'un magasin-agence, la LCBO tient compte des nouveaux commerces établis dans la localité et donne à tous la chance de présenter leur candidature pour le prochain terme de cinq ans. Un détaillant qui exploite un magasin-agence a la possibilité d'augmenter ses revenus en attirant une clientèle additionnelle tout en offrant aux citoyens de sa localité les produits et services de la LCBO. Un magasin-agence contribue également à l'économie de la localité souvent par la création de nouveaux emplois et par l'augmentation de l'achalandage chez les autres marchands locaux.

Les commerçants intéressés sont invités à faire la demande du dossier de soumission pour ce concours **par la poste avant 17 h, le 13 février 2009**. La demande doit être adressée de la façon suivante :

DDP N° 2009-103 Sultan
Demande du dossier de soumission
Directeur des achats, LCBO
1, rue Yonge, bureau 1404
Toronto (Ontario) M5E 1E5

NB : Des frais de soumission de 100 \$ sont exigés au moment où vous faites votre demande de dossier de soumission. Veuillez acquitter ces frais en joignant à votre demande un mandat ou un chèque fait à l'ordre de la LCBO.

Les candidats doivent soumettre leur formulaire de proposition complet et dans les normes au Service des achats de la LCBO **avant 15 h (heure locale) le 27 février 2009**. Les propositions reçues en retard ne seront pas acceptées. Elles seront retournées à l'expéditeur sans être lues.

"Snack & Yak" Group for Women


Once again, CHADWIC Home and Turning Point are partnering to offer service to all local women. From February until June, these agencies will host a once-a-month women's gathering to share information about topics of interest to women. The first meeting will be February 4th, at Cedar Grove, and will be offered at lunch time, with the first luncheon "Soup and sandwiches" compliments of CHADWIC Home. Ms. Shannon Fuller of Chapleau will be the guest speaker for this meeting. With many of us struggling with post-holiday weight issues and failed New Year's Resolutions, Shannon will be encouraging us to recognize and celebrate our inner beauty, rather than chastise ourselves for not looking like the "ideal" woman portrayed by media.

There will be time for discussion/comments, questions, or just relaxing with a coffee or tea with friends before heading back to a busy afternoon.

If you plan to attend, please pick up your complimentary ticket from Chantal at Turning Point (864-1919) by February 2.

Space is limited, so get your ticket early.

Anthony Pucci, Hons. B. Comm.



Investment Advisor
1-800-557-2396
Next regular visit to the Chapleau Branch of the Royal Bank will be on

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February 10th, 2009**

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- RSP Maturity Options • Global Investing
- GIC's Cds & other Fixed Income Investments
- Interest Rate Protection

RBC DOMINION SECURITIES
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APPOINTMENTS CAN BE MADE
BY CALLING 1-800-557-2396

RBC Dominion Securities and Royal Bank are separate corporate entities which are affiliated

Dr. L. R. Simpson
VETERINARIAN

Will be at the Trinity United Church

Monday, February 9th, 2009
FOR APPOINTMENTS CALL
Nadene McEachren at 864-1055

Brown supports easier access for PSA testing

Early intervention helps fight prostate cancer

QUEEN'S PARK — Mike Brown, MPP, Algoma-Manitoulin is pleased that the M c G u i n t y government is continuing the fight against prostate cancer by making it easier for Ontario men to get tested for the disease. It's a commitment we made in the last election and a pledge we're proud to fulfill.

"I'm glad we're expanding access to this test. Early intervention is an important step forward in our fight against prostate cancer," said Brown. "It's just one of the many ways our government is improving access to cancer diagnosis and treatment across the province."

Ontario Health Insurance Plan (OHIP)-covered Prostate Specific Antigen — or PSA — tests have been

available at community laboratories across the province since January for men who meet the PSA clinical guidelines.

This means that any man who has been diagnosed with prostate cancer or whose health care practitioner suspects prostate cancer will be able to get a publicly-funded PSA test faster and closer to home.

The PSA test is a blood test that measures the amount of PSA in the blood.

PSA is produced by the prostate and is normally present in a man's blood in small amounts. An elevated PSA level may be an indication that cancer is present and that further monitoring is required.

"In 2007, nearly 9,000 Ontarians were diagnosed with prostate cancer. I encourage all men to talk to their health care practitioner about prostate cancer and the PSA test," said Brown.

Pimii Kamik Gas Bar & Gift Shop

Located on the Chapleau Cree First Nation

WINTER HOURS

will be from 7 a.m. - 9 p.m., 7 days a week

Drop by and check out our line of Authentic Native Crafts, Unique Gift Ideas, Jewellery, and Gift Certificates TOO!

We also carry road trip snacks, which includes Subs, Chips, Pop, plus a whole lot more.

Your Propane Refilling Station

Kids on board. It's a smoke-free zone.

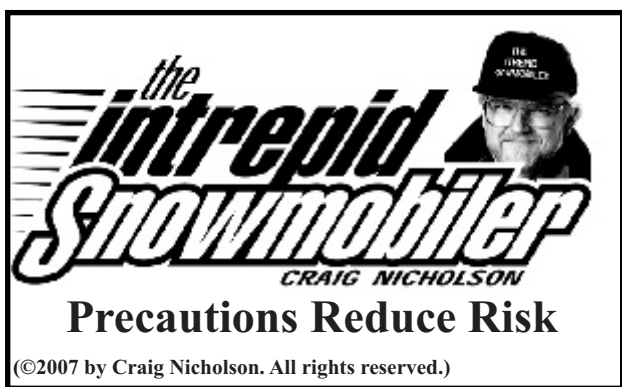
Smoking in motor vehicles with anyone under 16 is illegal and the fine is up to \$250.00.

As of January 21, 2009, the Smoke-Free Ontario Act prohibits smoking or having lighted tobacco in a motor vehicle while a person under 16 years old is present. Second-hand smoke levels in motor vehicles can be up to 27 times greater than in a smoker's home. It's even a risk on short trips and when the windows are rolled down.

Children who breathe second-hand smoke are more likely to suffer health problems such as sudden infant death syndrome, asthma and, later in life, cancer and cardiac disease.

For more information, contact your Public Health Unit or call the INFOLine toll-free at 1-866-396-1760. TTY: 1-800-387-5559. Or visit: www.ontario.ca/smokefree

For help quitting, visit www.smokershelpline.ca or call 1-877-513-5333.



Special to the Ontario Federation of Snowmobile Clubs: No matter how you ride, snowmobiling poses certain inherent risks because it occurs in an unpredictable and uncontrollable natural setting far away from civilization and emergency assistance. That said, 99.9% of snow-mobilers return home safely after each ride. Ensure you continue to be one of them by taking the following precautions...

Bright Colours: It's important that others see you clearly, so enhance your visibility by wearing a brightly coloured snowmobile jacket with lots of reflective material. The best option is blaze orange, but reds and yellows are also good. Same goes for your helmet. Just ask your buddies what is easier to follow: black or a bright colour?

Protective Vest: If you do get into an impact situation, wearing body armour such as a TekVest under your jacket could save your life. Besides, it adds a layer of warmth and maybe a little buoyancy too. I've worn a TekVest for years and it's very comfortable. So take a tip from professional racers: never go snowmobiling without one! Check it out at tekriders.com

Studs: Traction products won't make much difference in snow, but when your track suddenly encounters ice, studs can make the difference to staying in control or not. Think an unexpected slippery corner, an icy slope, glare ice on a lake, or any other scenario where the surprise of a spinning or sideslipping track threatens your well-being. Studs give you that little extra edge when you most need it.

Check them out at wiem.com

Sled Platform: The new rider forward platforms significantly improve handling and control. By moving the centre of gravity forward and lower, more weight is over the skis and the rider can steer and manoeuvre more easily. Ski-Doo says their REV and REV-XP platforms make us better riders and it certainly works for me. Again, a rider forward platform gives you extra edge when it counts.

ICE (In Case of Emergency): ICE is a method of contact during emergency situations. All you need to do is store the number of a contact person or persons that should be contacted during emergency under the name 'ICE' in your cell phone. In an urgent situation, emergency services personnel and hospital staff would then be able to quickly contact the right person by simply dialling the number you have stored as 'ICE.' For more than one contact name, simply enter ICE1, ICE2 and ICE3 etc. Now we can all ride with much greater peace of mind!

SPOT: SPOT is

a handheld satellite messenger system that works anywhere in Ontario to send an emergency distress signal and your GPS coordinates. With SPOT, you can also email or text message your pre-programmed contacts asking for assistance, check in to say you are okay, and track your daily progress on Google Maps™. Although SPOT does not receive incoming messages and is not intended to serve as an en route GPS navigator, its durability, reliability and ease of use make it a very cost-effective way to increase your personal safety in the great outdoors. Check it out at findmespot.com

Zero Tolerance: Every fatality

Too many walleye results in fines and loss of tackle

A husband and wife from Chapleau have been fined a total of \$2,120 for having too many walleye.

Gilles Couture, 52, and Sylviane Morin, 46, both pleaded guilty to the offence under the Fish and Wildlife Conservation Act. In addition to the fines, their fishing rods and tackle were forfeited to the Crown, and they are prohibited from fishing for a year.

On July 18,

statistic clearly shows that the riskiest thing you can do while snowmobiling is consume alcohol or drugs. Riding requires constant vigilance, intense concentration and quick reactions...all of which suffer from alcohol or drugs. So you can reduce your risk substantially by riding totally clean.

You'll notice that all of the precautions noted above have nothing to do with changing the way you actually ride and that's deliberate. We each choose the riding style that works for us and may not wish to change it. But we'd be fools not to take sensible precautions that reduce our risk without reducing our fun. So before you ride again,

2008, a Ministry of Natural Resources conservation officer from Chapleau conducted a random inspection of a vehicle on the Martel Road near Chapleau. The officer was shown eight walleye by the occupants of the vehicle. Further inspection revealed another nine walleye hidden behind the driver's seat. Additional walleye were also found in the freezer at the couple's

take a moment to seriously consider what precautions you should take.

Until next time, the Ontario Federation of Snowmobile Clubs invites you to Go Snowmobiling this winter. Get started at ofsc.on.ca

Craig Nicholson is the author of "Canada's Best Snowmobiling: Your Ultimate Ride Guide" (order at: www.snowgoercanada.com) and the National Tour Editor for Snow Goer Canada Magazine. As "The Intrepid Snowmobiler" and "The Intrepid Cottager", Craig also pens syndicated newspaper columns and hosts radio programs, while appearing regularly on Snow-mobiler Television. The opinions expressed are solely those of the author. For more info, click on www.intrepid-snowmobiler.com

home in Chapleau.

Justice of the Peace Alex Spence heard the case in the Ontario Court of Justice, Chapleau, on January 14, 2009.

To report a natural resource violation, call 1-877-TIPS-MNR (847-7667) toll-free any time or contact your ministry office during regular business hours.

You can also call Crime Stoppers anonymously at 1-800-222-TIPS (8477).

OPPORTUNITY BULLETIN THE FOUR DISTRICT SCHOOL AREA BOARDS:

Asquith & Garvey D.S.A.
Foley D.S.A.
Gogama D.S.A.
Missarenda D.S.A.

OF THE AFGM SCHOOL BOARDS CO-OPERATIVE SERVICES PROGRAM

Require for May 1, 2009

One Computer Consultant

To provide technical support and training to board and school staffs. The position requires both on-site and remote administrative services. Applications including a Curriculum Vitae will be received by mail or fax until 12:00 noon, February 27, 2009 by

Jody Charette, Secretary-Treasurer
AFGM School Boards' Cooperative
869 Denise Street
Timmins ON P4N 7M5

Telephone: (705) 268-6217 Fax: (705) 268-6217

The successful applicant will provide a copy of a current 'Nil' Criminal Check prior commencing duties.

Further detailed information concerning this position is available from:

Jody Charette
Secretary-Treasurer
705-268-6217

Charles Searle
Chief Executive Officer
705-522-9639

NOTICE

The Ministry of Training, Colleges and Universities, EMPLOYMENT ONTARIO, will have an Employment and Training Consultant in Chapleau on:

**Tuesday February 10th and
Wednesday February 11th, 2009**

Chantal Rousseau, Employment and Training Consultant, will be available to provide services and answer questions regarding apprenticeship training, certification, examination and all other Employment Ontario programs. She can be reached at 363-5856 during her stay in Chapleau or at the Chapleau Innovation Centre located at 12 Birch Street. For more information or to schedule an appointment ahead of time please call 1-877-275-5139 or her direct line at (705) 235-1951.

AVIS

Une conseillère en emploi et formation, du Ministère de la formation, des collèges et universités, de la division d'EMPLOI ONTARIO, sera présente au Centre d'innovation de Chapleau

le mardi 10 février et mercredi le 11 février 2009.

Chantal Rousseau sera disponible pour répondre à vos questions concernant l'apprentissage, la certification, les examens ainsi qu'aux questions vis-à-vis les autres programmes et services d'Emploi Ontario. Pendant son séjour à Chapleau, vous pourrez la rejoindre en composant le 363-5856 ou en vous présentant en personne au Centre d'innovation de Chapleau, situé au 12 rue Birch. Pour plus d'information ou faire un rendez-vous avec la conseillère, veuillez composer le 1-877-275-5139 ou le (705)235-1951.

THE LOCAL MARKET PLACE

CHADWIC HOME, FAMILY RESOURCE CENTRE

Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau, White River, Dubreuilville, and Hornepayne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen, call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

ALCOHOLICS ANONYMOUS
Offers help to anyone who desires to stop drinking. Open discussion meeting on Sundays at 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2786

ALCOOLIKES ANONYMES
Offre de l'aide à celui ou celle qui désire arrêter de boire. Les rencontres ont lieu tous les mercredis soirs à 19h (7:00 p.m.) Au sous-sol de l'église Sacré-Coeur. Téléphonnez au 864-2786

Narcotics Anonymous offers help to anyone who desires to stop using drugs. Meeting every Thursday 7:30 p.m. basement Sacred Heart Church. Telephone contact 864-2786.

Société Alzheimer Society meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

APARTMENTS FOR RENT

You need a decent apartment with 1, 2 or 3 bedrooms, fully or semi-furnished, or not, dryer and washer hookups, outdoor balcony, storage shed, private parking. Central location. Call Quality Rental at 864-9075 and leave message. Mar14

1 Bedroom Apartment, close to downtown. Fridge & Stove included, laundry facilities, secured storage, parking & outdoor plug-in included. Available January 1/09. Contact: Bertrand Apartments (705) 864-0230. Feb28

HOUSE FOR SALE

Home for sale on Devon Siding road 3 bdrm, 2 baths, eat-in kitchen, pantry, dining room, large living room, sunroom, partially finished basement, new roof 2008, large cedar deck, 24'x44' heated 2 story garage with wood fired boiler, second garage/ woodshed approx. 24'x24', green house, mature gardens and more. Call 864-9007 for an appointment to view. Jan31

OFFICE SPACE FOR RENT

Office space for rent. Available immediately. For more information please call 705-864-1367. Cont

SHOPPING

Ludie's Baskets & Crafts Valentines Day romantic gift baskets, homemade boxed chocolates, bath salts, votive holders, candy "Sundae". **Victorian Epicure Selections.** Fruit, veggie dips, spices, seasoning, etc. 864-1537 lohearn_1@hotmail.com Feb7

Classified ads WORK

THANK YOU

On behalf of my family and myself, I would like to thank everyone for their kindness, words of concern and for the generosity of family, friends, businesses and various organizations and fellow Chapleauites during our time of need.

We would also like to thank the Volunteer Fire Department for their timely response and dedication to our community.

A special thank you to Goffer Coffee, Aux Trois Moulins Restaurant, Pimii Kamik Gas Bar and the Chapleau Chicks Hockey team for setting up donation jars.

Your kindness and thoughtfulness will not be forgotten.

Dan, Jen, Ryan and Erica

MERCI

Nous voulons remercier tous ceux et celles qui nous ont partagé leurs mots d'encouragement et pour leurs générosité lors de notre épreuve.

Grand remerciement aux pompiers volontaire de Chapleau pour leur réaction rapide et pour leur dévouement envers notre communauté.

Merci à Gopher Coffee, Aux Trois Moulins Restaurant, Pimii Kamik Gas Bar et le club de hockey "Chapleau Chicks pour avoir géré la disposition des boites de dons.

Votre délicatesse ne sera jamais oublier.

WOOD STOVES

For Sale, New Blaze King Wood Stoves, shipped direct to Chapleau. For the best prices on Blaze King wood stoves call Rick Geroux: 705-779-3304. ctd

CRIME STOPPERS
1-800-222-TIPS



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from Hubby Children and Family

BRIDGEVIEW MOTEL

"In the Heart of downtown Chapleau"

Rooms available for the fishing derby weekend.

Ice fishing huts for rent. Snowmobilers welcome!

Book early and stay warm!
Call 705-864-1673

TRUCK & MINI VAN OWNERS

WITH THEIR OWN CREW OF HELPERS to distribute telephone directories 'DOOR TO DOOR'

to residences and apartment complexes in Espanola & Sudbury

Distributors will start on February 04, 2009. The candidates must be available during the day.

For more information, please call **1-866-881-0490 (Ref-5444)**

NEW AT THE CHAPLEAU PUBLIC LIBRARY

NEW BOOKS

- The Bodies Left Behind - Jeffery Deaver
- An Irish Country Christmas - Patrick Taylor
- Just After Sunset - Stephen King
- Swallowing Darkness - Laurell K. Hamilton
- Mostly Happy - Pam Bustin
- Dial M for Merde - Stephen Clarke
- Outliers: The Story of Success - Malcolm Gladwell
- Any Known Blood - Lawrence Hill

GROUNDHOG DAY:

In celebration of Groundhog Day...Come and make a craft with us, Saturday, January 31st, 2009 from 2:00 p.m. to 3:00 p.m.

WANTED: COPIES OF "CHAPLEAU POST"

SLOMA CLEANERS
Drop off at **Between Friends (Cedar Grove)**
Mon.-Fri. 8:30 to 12:00 & 1:00 to 4:30

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DEADLINE FOR RECEIVING ADS IS WEDNESDAY 4:00 p.m.
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Chapleau General Hospital Auxiliary holds annual meeting

Chapleau General Hospital Auxiliary held their annual meeting January 19th, 2009 at Cedar Grove dining room with 18 members present.

The meeting was called to order by Lurleen Blais at 7pm with the approval of the agenda.

Lurleen read the minutes from the previous

annual then she read her year end report on the work we did in the past year.

Treasurer Suzanne McColeman presented the report from K.P.M.G chartered accountant and an update as to what has been done since the report was received.

An amendment to the Marie Swanson Award

procedure was presented with it now reading. "As of September 15th, 2008 all students working towards this award should attend 5 & 1 meetings yearly, have 20 hours volunteering with the auxiliary by year end and help at one fundraiser." This award is presented at our annual meeting and the student must be present to

receive this award.

Nominations from the floor were then opened. For President, Peggy McKnight, Carmelle Card, Shirley Goheen were nominated. Peggy & Carmelle both declined. President elect Shirley Goheen. For treasurer: Suzanne McColeman was

nominated, no other nominations. Suzanne accepted. For Secretary: Claudette Carroll, Linda St. Amand, Lorieanne Martel, Claudette & Linda declined, Lorianne accepted.

Elections were then declared closed and Lurleen did the installations of the new executive for 2009.

A light social

followed with a few ideas on how our auxiliary can celebrate our 85 years of service to the hospital. These ideas will be discussed at our next meeting February 16th. at 7pm. Cedar Grove Boardroom. Before the members left they were given book markers with 10 reasons why volunteers are the heart of our community.

Une nouvelle famille:
un nouveau « *chez-toi* »
pour être aimé, apprendre et s'amuser!



Conseil scolaire
catholique du
NOUVEL-ONTARIO



Inscription à la maternelle

les 3 et 4 février 2009

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NOUVEAU

Le Chapleau Child Care Centre De Garde D'Enfants

accepte maintenant des inscriptions pour les familles qui désirent des services de garderies en français.

Notre nouvelle garderie a ouvert ses portes au 4 rue Strathcona à l'École Sacré-Cœur, le 26 janvier, 2009



Information
Ouvert du lundi au vendredi de 7h 30 B 17h 30

Acceptons les enfants de 18 mois jusqu'à 12 ans

Tarif de famille et subvention disponible

Pour plus d'information ou pour inscrire vos enfants veuillez appeler 864-1886

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