

Talk about good coffee.

Miss Muggins Coffee and Fresh Donuts



# CHAPLEAU EXPRESS

PIZZA HUT & KFC  
There's a Reason We're Number 1  
864-0911



Vol. 11, Issue 43, June 30, 2007

## 40 years and going strong



The newly completed structure covering the J.E. Martel replica sawmill.

This Sunday, July 1st, the Chapleau Heritage Museum Committee invites you to its 40th anniversary celebration which will be held from 11 a.m. to 3 p.m.

For those citizens and visitors

who have not been at the Museum before or for some time, the Committee feels confident you will be pleasantly surprised at the diverse artifacts and historical collections housed in the building that was built as the 1967

Centennial project. The preservation of our local history and the representation of our heritage is the focus throughout the displays.

For this special celebration there will be commemorative buttons designed by Chapleau school children available to the visitors. There will be a number of free draw prizes and door prizes for those registered which have been donated by local businesses and which is being coordinated by Committee member Ludie O'Hearn. A special framed art print made and donated by local entrepreneur Pat Russell will be drawn

for during the afternoon. Committee member Heather Martin will be manning the old-time kitchen area and will have some old favourite recipes to hand out. There will be special commemorative 40th anniversary postcards on sale. Don't forget to check out the animal and bird tracks and the downstairs displays as well as the JE Martel replica sawmill on site. Another highlight display coordinated by Committee Chair Doug Greig and Committee member Dawn Morin is a 40-year pictorial display of major events from 1967-2007.



New signage depicting the services and service clubs serving Chapleau.

Please make plans to visit your Heritage Museum on July 1st.

## Physician recruitment specialist guest speaker at annual meeting

Submitted by Gail Bignucolo

**Long Term Forecast**

**Saturday**  
High 16  
Low 4


**Sunday**  
High 19  
Low 4

**Monday**  
High 21  
Low 4

**Tuesday**  
High 23  
Low 7

**Wednesday**  
High 21  
Low 12

**Thursday**  
High 18  
Low 11



On June 12th, Services de santé de Chapleau Health Services (SSCHS) held its annual meeting at the Chapleau General Hospital. SSCHS was honoured to have Jackie Thoms, a registered nurse, who has a diverse career in the health sector as their guest speaker. Most recently, prior to her retirement in December 2006, Jackie was the Health Professional and Community Development Program Manager for the Northeastern Ontario Medical Education Corporation (NOMECE), which

integrated into the Northern Ontario School of Medicine. As an active member of the Canadian Association of Staff Physician Recruiters, Jackie now provides consulting services to health agencies who are trying to recruit and retain health professionals.

At the annual meeting Jackie spoke to the issues of recruitment and retention of physicians and other health professionals with regards to supply and demand and changing practice patterns. It was explained that more and more communities, such as

Chapleau, are all competing for the same resources; that of full time family physicians. "If you look at medical journals you will see advertisements that are colourful, show a variety of incentives, such as large signing bonuses, huge interest free loans, generous paid educational leaves and the like" Jackie stated.

In a 2002 decima poll, it was presented that 4.5 million Canadians had trouble finding a family doctor and that 1 million Ontarians were without a family doctor. The situation is no better today with



northern urban and small, remote and rural communities, who are very much feeling the pinch. The poll indicated that 22% of the family doctors were considering leaving the profession,

25% planning to retire and another 16% thought they might leave the province.

Jackie also explained the direct and indirect economic implications of not leaving the profession,

Cont'd on P.2



**The Chapleau Express**  
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**The Chapleau Express** We're your local partner in community education and awareness.

**THANK YOU**  
 We would like to thank Doctor Frank Broomhead for the excellent medical care given to our mother (Bernadette Brillant) throughout the years. We would also like to thank Doctor Taylor for continuing in his footsteps. We would like to thank the ladies of the United Trinity Church for the excellent luncheon. Thank you to Father Jacques for his kind words of wisdom, the Sacred Heart Church ladies choir for the fine selection of music, the members of the Knights of Columbus for conducting prayers at the funeral home and their assistance during the funeral mass and also the pallbearers for a task well done. Thank you to our families, relatives, friends for the food, cards, donations, all the kind words of support and also the people who helped to vacate the apartment. Thank you to Sam of Gilmartin Funeral Home.  
 The Brillant and Martin families

**THANK YOU**  
 We would like to thank all the people who assisted our Father's Memorial Mass. Your presence was greatly appreciated. Thank you to Father Gérald Chalifoux, who came from Mattice to be with us, Mrs. Fortin and Mr. René Fournier for the fine selection of music and the ladies of the United Trinity Church for the excellent luncheon.  
 The Brillant and Martin families

**CONGRATULATIONS**  
  
 Lynn and Joe Turner are proud to announce the recent graduation of their daughter Lyndsay from the Hotel, Resort and Restaurant Management Program at Canadore College. Lyndsay graduated with Academic Honours and was the recipient of the Terry McLay Memorial Award. Lyndsay also graduated from the Culinary Management Course in 2006.  
 We're proud of you girl!  
 Mom, Dad, Caitlin and Carolyn


# Physician recruitment specialist guest speaker at annual meeting

**Cont'd from P.1**  
 having sufficient physicians in a community, which include: reduced employment in the health sector, accompanying loss wages, with subsequent loss of purchase of goods and services. Even more alarming, is that fact that businesses and industries shy away from communities that do not have appropriate medical services and this impacts real estate and other


sectors. Currently Chapleau is in an enviable position to have a steady group of committed locum physicians providing excellent consistent services. Without this dedicated group of doctors, the community would be forced in the same position of some other communities of closing their emergency departments and clinics.  
 "However to successfully recruit

permanent health professionals", Jackie explained, "there needs to be a triad of partners --- the Ministry of Health and Long-Term Care (MOHLTC), the community and the hospital." The MOHLTC currently provides a free website for agencies to advertise on, funding for a physician salary model (RNPGA), funding for community assessment visits to health professionals and financial incentives to

physicians to locate in under serviced areas. Chapleau Health Services is currently providing funding & staffing to attend job recruitment fairs, medical clinic staffing, as well as many other recruitment initiatives. Jackie emphasized, "That in order to be successful, everyone needs to be cheerleaders for their community and ensure that there is a fiscal plan of support in place for your community to recruit and retain."

**CONGRATULATIONS**  
  
 Don and Christine MacKay would like to congratulate Michael White on his graduation and wish him luck at Sault College in the fall. We are also very proud of the success Darrin White has had at school in Milton and continued success in Chapleau.  
*Love Grandma and Grandpa*

**GRATITUDE**  
 A heartfelt thank you goes out to Dr. Whitehead, the nurses and staff of the Chapleau Hospital for the kind and compassionate care extended to us during this difficult time.  
 We also wish to express our most sincere gratitude to everyone who donated food, flowers or made a contribution to the heart and stroke foundation.  
 The family and friends of the late Léandre Lamontagne

**CONGRATULATIONS**  
  
 Lisi Joy Crichton has recently graduated from Laurentian University with an Honours degree in Geography. Her parents George & Kathryn are very proud of her success and wish her well in whatever endeavour she next pursues.

**GOING TO CHURCH**

<p>Catholic Church  <b>SACRED-HEART OF JESUS PARISH</b>                  PAROISSE SACRÉ-COEUR DE JÉSUS                  26 Lorne Street North                  -OFFICE-                  21 Lansdowne Street N.                  864-0747                  Sunday/dimanche                  9:30 a.m. English                  11:00 a.m. French                  Fr. Jacques Fortin</p>	<p><b>CHAPLEAU PENTECOSTAL CHURCH</b>                  9 Elm Street (P.A.O.C.)                  864-0828                  Sunday School 9:45 a.m.                  Sunday Services                  11 a.m. &amp; 7 p.m.                  Family Night (ages 1-109)                  Wednesday 7 - 8:15 p.m.                  Pastor Dan Lee</p>
<p><b>ST. JEAN DE BRÉBEUF (Sultan)</b>                  Liturgy of the Word                  Liturgie de la parole                  Sunday/dimanche 11 a.m.                  Bilingual Mass every 3rd                  Saturday of the month at 7:00 p.m.                  PERMANENT DEACON                  Mr. Ted Castilloux                  MANDATED                  Mrs. Marguerite Castilloux</p>	<p><b>TRINITY UNITED CHURCH</b>                  Corner of Beech and Lorne -                  864-1221                  Sunday Service and Sunday                  School 11:00 a.m.                  Anna Chikoski                  Soup Kettle every 2nd                  Wednesday of the month</p>
<p>Diocese of Moosonee                  Anglican Church of Canada  <b>ST. JOHN'S CHURCH</b>                  4 Pine Street West                  864-1604                  Sunday Service                  10:30 a.m.                  Rev. Bruce Roberts</p>	<p><b>OUR LADY OF SEVEN SORROWS PARISH</b>                  PAROISSE NOTRE-DAME-DES-SEPT-DOULEURS (Foleyet)                  Liturgy of the World Sundays                  11 a.m.                  Liturgie de la Parole                  Dimanche 11h                  Mass every 2nd &amp; 4th Sunday                  at 4:00 p.m.                  Messe sux 2e et 4e dimanche                  à 16h</p>
<p><b>ST. MARY'S ANGLICAN CATHOLIC CHURCH</b>                  78 Devonshire Street                  864-0909                  Sunday Service 10 a.m.                  Rev. William P. Ivey</p>	<p><b>COMMUNITY BIBLE CHAPEL</b>                  Corner of King and Maple                  864-0470                  Communion Service 9:30                  Family Bible Hour 11 a.m.                  Including Sunday School                  Evening Bible Study and                  Ladies Bible Study                  during the week                  Transportation available                  Al Tremblay</p>



# Chapleau High School grade 12 Biology class helps out with local CFWIP project



**Submitted by Jeff Hamill**

On June 13, 2007, CHS students, their teacher and local MNR staff started a habitat rehabilitation project on Trap Creek. Trap Creek is a cold water creek and is located just south of Chapleau adjacent to Highway 101. Ms. Sarah Madaglia teacher and students applied for funding earlier in the year through the Community Fish and Wildlife Involvement Program (CFWIP) offered by the Ministry of Natural Resources to secure funds to complete the project.

The project is hopefully the start of a multiple year project on Trap Creek to improve and rehabilitate the stream, improving fish habitat and overall health. The day consisted of an educational portion, habitat improvement,

ideas for next year's project and garbage collection. The educational portion consisted of working with experienced MNR staff, defining the general make up of a stream, stream assessment techniques, fish collection, aquatic invertebrate collection and identification. Students were able to watch an Electro-fishing demonstration and also get down and dirty in the stream looking for bugs.

Students also helped with habitat improvement work removing log jams and pruning dead Alder along the stream bank. This promotes new growth, increases stream flow and prevents log jams from occurring in the future. Ideas for next year where provided to the students for things to think about to create better habitat for Brook Trout within the

creek. Garbage collection took up some of our time. Students were able to collect enough garbage to fill the back of one half ton truck. The garbage was collected from only a small section of the creek approximately 200 meters in length and consisted of old tires, furniture, building supplies, and household garbage. The total cost to bring it to the dump was a measly \$14.00.

Chapleau High's grade 12 class would like to discourage dumping on Crown Land. The municipal dump is open from 10:00 a.m. to 2:00 p.m. Tuesday to

From left to right, Nathan Richer MNR Biologist, Curtis Morin, Louis Fuchs, Tim Barnes, Ms. Sarah Madaglia Teacher, Sarah Law, Alanna Travis, Missing from the photo Nick Orton, Bear Technician and Jeff Hamill, Fish and Wildlife Technician

Friday and Saturday 10:00 a.m. to 4:00 p.m. and has very reasonable rates. Please do not dump your garbage on Crown Land!

The MNR would like to remind you that dumping your garbage on Crown Land is an offence. If found you can be fined or brought before the court. The garbage you dump on Crown Land can be detrimental to the health of fish and wildlife and is an eye sore to you, the general public and our visitors.

Keep our lakes, rivers and forests clean.

Thanks goes out to the Grade 12 Biology Class, Teacher Ms. Sarah Madaglia, students Tim Barnes, Sarah Law, Curtis Morin, Alanna Travis, and Louis Fuchs along with MNR staff

Nathan Richer, Nick Orton and Jeff Hamill See you next year!

### Canada Day Schedule Error

BBQ by the Oddfellows will not be held on Sunday at Museum



**NHC Northern Haul Contracting**  
www.northernhaul.com

**WELDING SERVICES**

NHC now has Tig Welding Available!

Come to our welding shop and see Adam!  
You will walk in with a problem and walk out with a smile!

Office Hours: Monday to Friday: 8 am to 5 pm  
Marlel Road, P.O. Box 788 Office: (705) 864-1095  
Chapleau, Ontario, P0M 1K0 Fax: (705) 864-1110

**NHC Northern Haul Contracting**  
www.northernhaul.com

**EMPLOYMENT OPPORTUNITY**

NHC has the following positions available:

- A-Z Driver (1) - Full Time
- General Labourer (1) - Full Time

Send resume to Tracey, via Fax, E-Mail or in Person

Office Hours: Monday to Friday: 8 am to 5 pm  
Marlel Road, P.O. Box 788 Office: (705) 864-1095  
Chapleau, Ontario, P0M 1K0 Fax: (705) 864-1110



### NOTICE

The Township of Chapleau wishes to advise all citizen's that no building, fire, or plumbing inspections will be performed and no building permits will be issued on the following dates: July 3rd to July 6th, 2007.

For more information please feel free to contact the undersigned.

Tyler Bertrand  
Chief Building Official  
864-1330

### AVIS

La municipalité de Chapleau tient à prévenir les citoyens qu'il n'y aura pas d'inspection de bâtiments, d'inspection-incendie, ou d'inspection-plomberie, ni d'émission de permis de bâtiments aux dates suivantes: du 3 juillet, 6 juillet 2007.

Pour se renseigner davantage, veuillez contacter le soussigné.

Tyler Bertrand  
Chef de la construction  
864-1330



# Our Lady of Fatima Graduation

The celebration came in two parts: the graduates and families met at Sacred Heart Church for a mass and presentation of diplomas and awards. Diplomas were received by Danielle Charron, Sabrina Black, Mason Desmoulin, Dominick Fortin, Jessica Raposo, and Kimberly Wesley.

Several students walked away with awards for their efforts through out the year. Jessica Raposo won the K.C. award for academics and the OEFTA award. The Robert J. MacNeil award was given to Danielle Charron. Rotary Academic Excellence Awards were received by Kimberly Wesley, Danielle Charron, and

Jessica Raposo. The second part of the evening was a meal at the Three Mills which ended with gifts for each of the graduates. We wish all the graduates much success in their high school careers.

**T H I R D TERM AWARDS:** End of term awards were distributed on Wednesday, June

27th. The recipients were as follows:  
 Academic Achievement: Summer McWatch; Mackenzie McLeod-Greig; Ryleigh Woodcock; Sarah McLeod-Greig; Jasmine Burkholder; Kodiak Jolivet; Zackery Cloutier; Tyler Friend; Jessica Raposo.

**Best Effort:** Aurora Bouvier; Isaiah Murray; Ryleigh Woodcock;

Faith Jolivet; Brady Ferguson; Robin Raposo; Bobbie Jo Montreuil; Steve Parron; Sabrina Black.

**Christian Development:** Jacy Jolivet; Kaleb Vallee; Roberto McWatch; Jordan Glabb; Brady Ferguson; Zackary Glabb; Jamie McWatch; Tyler Friend; Danielle Charron. **Proficiency in French:** Aurora

Bouvier; Mackenzie McLeod-Greig; Ryleigh Woodcock; Sarah McLeod-Greig; Cheyenne Hazelwood; Jasmine Burkholder; Drake Redbreast; Cassandra Friend; Kodiak Jolivet; Bobbie Jo Montreuil; Tyler Friend; Jessica Raposo; Danielle Charron. **WELL DONE!**



FORM 6  
Municipal Act, 2001

## SALE OF LAND BY PUBLIC TENDER THE CORPORATION OF THE TOWNSHIP OF CHAPLEAU

**Take Notice** that tenders are invited for the purchase of the land(s) described below and will be received until 3:00 p.m. local time on 18 July 2007, at the Centre Civique de Chapleau Civic Centre, 20 Pine Street West, PO Box – C.P. 129, Chapleau, Ontario P0M 1K0.

The tenders will then be opened in public on the same day at 3:00 p.m. at the Centre Civique de Chapleau Civic Centre, 20 Pine Street West, Chapleau.

### Property Description(s):

Roll No. 52 92 000 001 06000 0000, PIN 73092-0022(LT), Parcel 2685, Section SWS, Location E.S. 9 Panet as in A1875, Township of Chapleau, District of Sudbury (No. 53), Being the Lands in Instrument No. A1875. File 05-01.

**Minimum Tender Amount: \$5,612.24**

Roll No. 52 92 000 001 33600 0000, 72 Cedar St., Chapleau, Ontario, PIN 73095-0497(LT), Lot 575, Plan 158 & Part Lot 574, Plan 158, Geographic Town of Chapleau, Now the Township of Chapleau, District of Sudbury (No. 53), Being the Lands in Instrument No. S111388. File 05-03.

**Minimum Tender Amount: \$64,277.28**

Roll No. 52 92 000 003 16400 0000, 29 Monk St. S, Chapleau, Ontario, PIN 73095-0756(LT), Lots 30, 31 & 32, Registrar's Compiled Plan No. 80S, Township of Chapleau, District of Sudbury (No. 53). File 05-10.

**Minimum Tender Amount: \$5,941.05**

Roll No. 52 92 000 004 03701 0000, PIN 73092-0062(LT), Parcel 53M1088-37, Sudbury West Section, Being Lot 37, Plan M1088, Geographic Township of Panet, Now the Township of Chapleau, District of Sudbury (No. 53). File 05-13.

**Minimum Tender Amount: \$9,672.92**

Tenders must be submitted in the prescribed form and must be accompanied by a deposit in the form of a money order or of a bank draft or cheque certified by a bank or trust corporation payable to the municipality (or board) and representing at least 20 per cent of the tender amount.

Except as follows, the municipality makes no representation regarding the title to or any other matters relating to the land(s) to be sold. Responsibility for ascertaining these matters rests with the potential purchasers.

This sale is governed by the Municipal Act, 2001 and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and the relevant land transfer tax.

The municipality has no obligation to provide vacant possession to the successful purchaser.

Note: G.S.T. may be payable by successful purchaser.

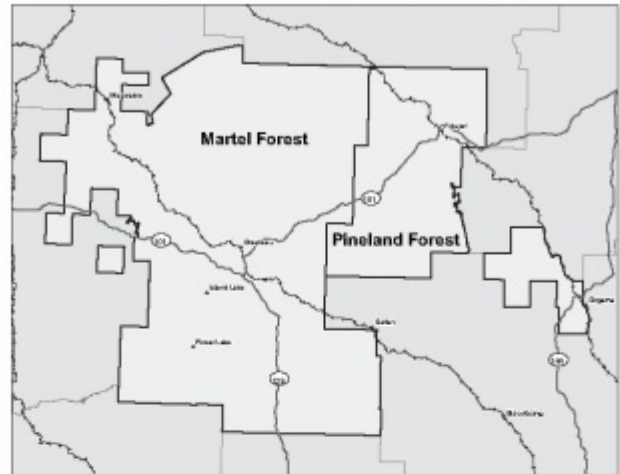
For further information regarding this sale and a copy of the prescribed form of tender, contact:

Mr. Les Jones  
Treasurer  
The Corporation of the Township of Chapleau  
20 Pine Street West  
PO Box – C.P. 129  
Chapleau, Ontario P0M 1K0  
705-864-1330 www.chapleau.ca

## Notice Of Aerial Spraying 2007 Herbicide Program

Domtar Inc., Forest Resources Division, and Tembec Industries Inc., as part of the operations under their sustainable forest licences and approved 2007-2008 Annual Work Schedule for the Pineland and Martel Forests respectively, will be applying herbicide on selected forest stands in the Foleyet, Chapleau and Gogama areas to control competing vegetation, beginning on or about:

August 1, 2007 (Domtar Inc.) & August 10, 2007 (Tembec Industries Inc.)



Portions of the following townships or proposed spray areas adjacent to the following townships will be receiving herbicide application:

### Domtar Inc.:

Biggs	Halcrow	Lemoine	Pinogami	Shenango	Whigham
Denyes	Horwood	Oswald	Rollo	Silk	Whalen
Foleyet	Ivanhoe	Oates	Raney	Swayze	

### Tembec Industries Inc.:

Abbey	Caouette	Carruthers	Hornell	Mageau	Pattinson
Addison	Cassidy	Dalmas	Hutcheon	Manning	Racine
Alcorn	Caverly	Daoust	Jeffries	Marshall	Ramsden
Bader	Chapleau	Deans	Kalen	McNaught	Sadler
Beckett	Chaplin	Degaulle	Kaplan	Miskokomon	Sandy
Bernier	Chappise	Dupuis	Kosny	Missinaibi	Sherlock
Birch	Clifton	Floranna	Lackner	Moen	Strathearn
Bonar	Cochrane	Gallagher	Lang	Moggy	Strom
Bordeleau	Collishaw	Gilliland	Langlois	Neill	Symington
Brackin	Copperfield	Green	Lincoln	Nimitz	Triquet
Brutus	Crepieul	Halsey	Lipsett	Panet	Vondette
Busby	Cull	Hoey	Lloyd	Patenaude	Wakami

For specific information about projects for the Pineland sustainable forest licence area, or the Martel Forest sustainable forest license area please contact the company representative at the address below:

### Pineland Forest:

Tom Schwan  
Silviculture Supervisor  
Domtar Inc.  
Minisinakwa Lake Rd.  
Gogama, ON P0M 1W0  
Tel.: 705-864-2754

or

Kelly Ellis, R.P.F.  
Area East Forester  
Ministry of Natural Resources  
Chapleau District Office  
190 Cherry St.  
Chapleau, ON P0M 1K0  
Tel.: 705-864-3177

### Martel Forest:

Al Tremblay  
Silviculture Coordinator  
Tembec Industries Inc. (Chapleau)  
175 Planer Road  
Chapleau, ON P0M 1K0  
Tel.: 705-864-3022

or

Kirk Ellis, R.P.F.  
Area West Forester  
Ministry of Natural Resources  
Chapleau District Office  
190 Cherry St.  
Chapleau, ON P0M 1K0  
Tel.: 705-864-3173

Collect calls will be accepted.

Renseignements en français : (705) 864-1710.





# Gardening from the ground up

## Changing the Earth



By Mary Lynne Ivey-Mountjoy

Most of the earth around Chapleau is light and sandy. Some older properties have richer soil left from past gardens, but

many have only a few inches of topsoil, laid down for the lawn when the house was built. Sandy soil has its benefits: it is wonderfully light to work with, dries quickly, and many worthwhile plants will thrive in it - and it has its drawbacks: it is prone to erosion, dries quickly, and many plants will struggle in it.

There is a lot to be said for working

with nature, rather than against it. One could accept the local soil, and manage a garden accordingly. On the other hand, one might wish to grow plants that really prefer a different soil type altogether. In this case, the soil in the garden will need to be altered.

Sandy soil is hungry soil; much of what gets added to it will simply disappear, washed away through the loose soil particles. When you add fertilizer

alone to sandy soil, much of the money you spent in effect just gets washed away. What a hungry soil needs to become more fertile is not nutrients alone, but organic matter. A lot of organic matter.

In a woodland or meadow setting, each winter adds a new layer of organic matter to the earth as leaves fall and grasses and herbaceous plants die down. This layer builds up over a long period of time, adding nutrients and protecting the soil from erosion. Fungus, worms, bugs, and other tiny creatures slowly

break the matter down and carry it deeper into the soil. This is nature's method of soil improvement.

In a garden, we cut the grass and rake up any dead material, while at the same time wanting to speed the process of soil improvement. We can do this, by adding a lot of organic matter. We can either dig it into the soil, which will give the desired result faster but disturbs the natural soil structure, or we can add matter on top of the soil, and let worms and bugs do the work while minimizing erosion. There are arguments for both methods, but either one will work.

Organic matter can be added in the form of bagged topsoils, manure, leaf mould, grass clippings (not fresh!), compost, or peat. Peat is cheap, but far from ideal, and should not be added without manure or compost, and not in great quantities. In combination with sandy soil, peat is very acidic and will do little to improve soil fertility or structure. The very best thing for sandy soil is a mixture of manure and compost. Potting

soils are expensive and are mixed specifically for use in containers (they are, in fact, usually soil-less potting mixtures) and should not be used in garden beds.

Changing the nature of soil takes time, especially on a hungry soil. Adding some organic matter every two years is good, every year is better. The ideal end result of changing the earth in your garden would be a rich sandy loam soil; rich brown, free-draining, not heavy and soggy, likewise not fluffy and crumbly, but forming little balls of earth (known as 'peds'), and supporting a great diversity of plant and animal life.



**Clinical/Surgical  
Chiropodist/Foot Specialist  
Outpatient Clinics**

**David M. Simard, D.C.H**



For an appointment please call  
the hospital  
Reception office at 864-1520  
Press 0

**What types of Problems Does a Chiropodist  
Treat?**

Examples of some chiropody procedures: prescription for problems like athlete's foot, skin rashes, bacterial infections, etc.; complicated ingrown toenails, heel spurs, fasciitis, tendon problems, custom orthotics, etc.

Initial Visit

Regular Assessment including Treatment	\$40.00
Senior's Assessment Including Treatment	\$40.00
Routine Podiatric Treatments:	
Adults .....	\$40.00
Senior (65+) .....	\$35.00
Student .....	\$40.00

Custom Made Orthotics	\$450.00
Second Pair	\$400.00
(2nd pair must be from same cast within 6 month period)	
Custom made Brikenstocks	\$575.00
Local Anaesthesia	\$20.00 (Initial Site)
\$10.00 Additional Sites	
Cortisone Shots	\$60.00 (Initial Site)
\$45.00 Additional Sites	

Surgical Prices Vary According to Procedure

**BASIC AND ADVANCED FOOT CARE**

Services provided by:  
Registered Practical Nurse, certified  
In Basic & Advanced Foot Care


**What kind of services does a Foot Care Nurse  
Provide?**

**Examples:** nail cutting, callous removal,  
Uncomplicated ingrown toenails, Foot massage

For an appointment please call the hospital  
reception office at 864-1520 Press 0

Initial Visit	\$35.00
Follow-up Visit	\$25.00


**NOTE: Active patients of the Diabetes  
Education Program are eligible for subsidies –  
Contact Robin Greer at 864-3079 For more  
details**



**TOWNSHIP OF CHAPLEAU YOUTH  
DAY CAMP**

AGES: 4 12  
DATES: July 16 Aug 24 (6 Weeks)

**MONDAY - FRIDAY**  
4-8 years 10am Noon  
9 12 years 1pm 3:30pm



**REGISTRATION**  
The registration fee is a one time fee and due upon enrollment (non refundable).

Dates: Wednesday July 11 and Thursday  
July 12, 2007

Location: Chapleau Recreation Centre  
Lobby  
Time 6:30pm 8:30pm

Enrollment is limited to the first 16 paid participants (4-8yrs).  
Enrollment is limited to the first 20 paid participants (9-12yrs)

**COST**  
\$35 1 Child  
\$60 2 Children  
\$80 - 3 Children or more

**DESCRIPTION**  
Children have so much fun they don't even realize they're learning values, building confidence and developing new skills. Our counselors create a safe environment in which children want to learn and grow. Children have the opportunity to participate in a range of activities like nature walks, arts and crafts, picnics, sports and more.

Parents drop off and pick up your child at specified times and let our counselors do the rest.

For more information call Jacques Tremblay at 864- 0615 or Kevin Morris at 864-0154

**The Chapleau  
Express**

We're your local  
partner in community  
education and awareness.

--- découpez et gardez ---

**Joujouthèque - Centre de la petite enfance de Chapleau**  
*Un service gratuit pour toutes les familles*  
situé au Centre de Garde d'Enfants de Chapleau, 28 chemin golf.  
Pour des renseignements composez le 864-1886.

**Heures d'ouverture**

Lundi	9h30-11h30	13h00-15h30	
mardi	9h30-11h30	13h00-15h30	18h30-20h00
mercredi	9h30-11h30	13h00-15h30	*après-midi de bébés
jeudi	9h30-11h30	13h00-15h30	18h30-20h00
vendredi	9h30-11h30	fermé les après-midi	
samedi	9h30-11h30	13h00-15h00	

\* Les après-midi de bébés sont aussi pour les mamans prénatales

--- Clip and Save ---

**The Chapleau Toy Library/Ontario Early Years Program**  
*A free service for all families*  
Located at the Chapleau Child Care Centre, 28 Golf Road.  
For more information call 864-1886.

**Regular Hours of Operation**

Monday	9:30-11:30a.m.	1:00- 3:30p.m.
Tuesday	9:30-11:30a.m.	1:00- 3:30p.m. 6:30-8:00p.m.
Wednesday	9:30-11:30a.m.	1:00 - 3:30p.m. <b>Babies Afternoon</b>
Thursday	9:30-11:30a.m.	1:00- 3:30p.m. 6:30-8:00p.m.
Friday	9:30-11:30a.m.	<b>Closed Friday afternoons</b>
Saturday	9:30-11:30a.m.	1:00-3:00p.m.

\* Babies Afternoon is also for expectant mothers

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**GOLDEN ROUTE LODGE**  
864-1670



# CP and MNR work to find two bear cubs a new home



**Submitted by Jeff Hamill**

On June 12 2007 a call came in to the local District Ministry of Natural Resources Office from the Canadian Pacific Railway Operations Supervisor. A black bear had been hit by a train and was badly injured. Further investigation by CP staff determined that it was a female bear and she had two small cubs with her. The sow was hit in Bader Township east of Dalton along the CP rail line and

could only be accessed by train or hi-rail truck.

CP and MNR staff were able to coordinate and organize efforts to access the scene by hi-rail truck. The sow was put down due to her severe injuries and the two cubs that had climbed to the top of two large poplar trees were successfully captured. The two cubs were stressed out and tired but in relatively good shape. They weighed approximately 12 lbs

and were full of spunk.

Both cubs one female and one male have been transported south by MNR staff to a wildlife rehabilitation centre until next spring when they will return to Chapleau District to be released.

Chapleau District MNR would like to thank Canadian Pacific Railway for their tremendous assistance during this situation. Personal thanks go out to CP staff Garry Martel and Kevin King.

## You can always count on our ADVERTISING to bring results.

chaexpress@sympatico.ca

# 864-2579

### BEAR WISE



## Keep bears out of your *neighbourhood*.

Bears thrive in the wild on berries and nuts, but when their natural food supply runs low, bears will venture out to residential areas. Drawn by the smell of other foods and garbage, bears will follow their noses – right to your neighbourhood. Once they find a source of easy food, they will come back again and again.

You can help keep bears out of your neighbourhood. Here's what you can do:

#### Garbage

- Put garbage out on the morning of garbage day, and not the night before
- Store indoors until morning of pick up or trip to the dump
- Keep meat scraps in the freezer until garbage day
- Place garbage in containers that have tight fitting lids
- If eating outdoors, put wrappers and scraps in the garbage, not on the ground
- Frequently clean garbage and recycle containers

#### Bird feed (including seed, nectar and suet)

- Feed birds during winter months only

#### Fruits and vegetables

- Avoid landscaping with trees, shrubs or plants that produce foods known to attract bears (some examples include crab apple trees, mountain ash, beech, and oak)
- Remove vegetables and fallen fruit from the ground
- Pick all ripe fruit from trees and bushes

In an immediate emergency call your local police or 911. To report bear problems call:

**1 866 514-2327** (1 866 514-BEAR) TTY 705 945-7641

For more information, visit our website:

[ontario.ca/bearwise](http://ontario.ca/bearwise)

Paid for by the Government of Ontario.



Ministry of Natural Resources



## Long term care donation



“A purchase of a granite bench from donations received in memory of Mr. Carmine Bucciarelli was given to the Long Term Care courtyard. The bench enhances the beauty of our courtyard and we wish to thank the Bucciarelli family for their thoughtfulness.”



# 15th Annual Seniors' BBQ



**Submitted by  
SSCHS Activity  
Coordinators,  
Charlsie Lynn and  
Sylvia Westerman**

On Wednesday, June 20th, 2007, seniors, adults and children alike enjoyed a wonderful afternoon of food and music. The 15th

Annual Seniors' BBQ was a great success once again this year as around 140 people attended. This annual celebration of Seniors' Month, as well as recognition of the Long Term Care residents and active senior volunteers.

The Master of Ceremonies for the event was Pastor Dan Lee who commenced the event by welcoming everyone in attendance. The blessing was given by Father Jacques Fortin in French, and Pastor Dan Lee in English. Earle Freeborn

followed with a wonderful toast to the seniors. Lunch was then served to everyone while two different groups played music for everyone.

After lunch, Services de santé de Chapleau Health Services CEO Gail Bignucolo presented gift baskets to the senior volunteers who have contributed their time to the organization. These volunteers included Rita Pilon, Velma Morin, Francis Byce, Rita Poulin, Verna Serre, Pierrette Sylvestre, André Desbiens, Cecile Plourde and Doug Greig.

Next on the agenda were the draws for door prizes that were donated by local businesses. The lucky winners were Lorraine Langlois, Veronica Babin, Ted Tokarchuk, Maxim Bertrand, Tanya Cachagee, Jocelyne Beaulieu, and Euclide Ayotte. The prize that everyone was waiting for was drawn last the 50/50 draw in the amount of \$366.00 whose lucky winner was Paulette Guy (ticket # 444) of Chelmsford.

Many thanks also go to the volunteers who helped

out on the day of the BBQ Winter Meyer, Sue Lemieux, Rita Pilon, Rita Poulin, Dave Futhey, Richard Pilon, and Tanya Cachagee. Thank you to the staff who helped out the day of the BBQ Elise Charron, Greta Lingenfelter, Margaret Henderson, Teri O'Hearn, Taralee MacDonald, Kim Genereux, Janice Simpson, Teagan Purdy, Steven Lingenfelter, Jean-Louis Nicol, and others. Thank you to all the musicians who

spent their day entertaining everyone Albert Guillemette, Kevin Lacroix, André Joly, Ted Castilloux, René Fournier, and Reg Fletcher.

Finally, a thank you to everyone who attended the BBQ and made the event possible. We hope to see you again next year for our 16th Annual Seniors' BBQ.

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on it..**

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mukesofn@bellnet.ca



**Employment Opportunity  
COMMUNITY HEALTH  
CARE COORDINATOR**

The Chapleau Cree First Nation is seeking an experienced manager to deliver health services to the residents of the Fox Lake Reserve as well as its off-reserve population. The reserve is located 5 kilometers outside of the Township of Chapleau, Ontario on the picturesque Fox Lake that houses a population of 85 residents.

This position reports directly to the Band Administrator. The incumbent will possess strong organizational skills; have a demonstrated background with program and staff management and a solid working knowledge of contribution agreements between the First Nation and its Federal and Provincial partners.

The Health Care Coordinator will provide supervision to all health staff, prepare work plans and activity reports to meet funding agent criteria as well as coordinate all health, traditional and extra-circular activities offered by the Health Centre for the community. As part of the responsibilities, the Coordinator will be tasked with budget creation, staff development, identification of programming deficiencies and adherence to the Chapleau Cree First Nations Policies and Procedures.

A demonstrated competency in a business management/ health related discipline is preferred. All interested persons are encouraged to apply. We thank all applicants in advance but only those selected for an interview will be contacted.

Come and join our growing and dynamic team. Please forward a covering letter and résumé by 4:00pm July 18th, 2007 to:

Brian Edwards, Band Administrator  
Chapleau Cree First Nation  
Fox Lake Reserve  
P.O. Box 400  
Chapleau, ON P0M 1K0  
Re: Health Coordinator Employment Competition

**NEW AT THE  
CHAPLEAU PUBLIC LIBRARY**

**NEW BOOKS**

The Quest - Wilbur Smith  
Family Tree TB - Barbara Delinsky  
High Profile TB - Robert B. Parker  
The Edge of Winter TB - Luanne Rice  
Fresh Disasters TB - Stuart Woods  
Does Your Mother Know? - Maureen Jennings  
Hannibal Rising - Thomas Harris  
The 6th Target - James Patterson  
The Immaculate Conception - Gaëtan Soucy  
Obsession TB - Jonathan Kellerman

**REMINDER**

Story Hour begins July 11th, 2-3 p.m. You can register your children at the Chapleau Public Library at 864-0852. It's free and it's fun for everyone.

**RECHERCHE**

**Vous avez des talents de comédiennes?  
Vous aimeriez faire du théâtre?**



Le Centre culturel a remis sur pied le théâtre communautaire et est à la recherche de comédiennes.

Pour informations, téléphonez Lucette Mainville au 864-0147.







# Une spécialiste du recrutement de médecins invitée à l'assemblée annuelle



Le 12 juin, les Services de santé de Chapleau Health Services (SSCHS) ont tenu leur assemblée annuelle à l'Hôpital Général de Chapleau. Ils ont eu l'honneur d'avoir comme principale confé-

rencière, Jackie Thoms, infirmière autorisée, qui a fait une carrière diversifiée dans le secteur de la santé. Dernièrement, avant son départ à la retraite en décembre 2006, elle était gestionnaire du programme de perfectionnement professionnel en santé et de développement communautaire pour la Corporation d'éducation médicale du nord-est de l'Ontario qui a été intégrée à l'École de médecine du Nord de l'Ontario. En tant que membre active de la Canadian Association of Staff Physician Recruiters, elle offre maintenant des services de consultation aux organismes de santé qui essaient de recruter et de maintenir en poste des professionnels de la santé.

Lors de l'assemblée annuelle,

Jackie a parlé des questions de recrutement et de maintien en poste des médecins et d'autres professionnels de la santé en ce qui concerne l'offre et la demande ainsi que les modèles changeants d'exercice. Elle a expliqué que de plus en plus de communautés, comme Chapleau, se font concurrence pour attirer les mêmes ressources, c.-à-d. des médecins de famille à temps plein : « les revues médicales publient des annonces colorées offrant divers incitatifs, comme d'importantes primes de signature de contrat, d'énormes prêts sans intérêt, de généreux congés payés de formation et bien d'autres ».

Un sondage de Décima mené en 2002 a révélé que 4,5 millions de Canadiens avaient de la difficulté à trouver un médecin

de famille et qu'un million d'Ontariens n'en avaient pas. La situation n'est pas meilleure aujourd'hui dans les communautés du nord urbaines, rurales, éloignées et de petite taille qui ressentent durement la pénurie de médecins. Le sondage a indiqué que 22 % des médecins de famille envisageaient d'abandonner la profession, 25 % planifiaient de prendre leur retraite et 16 % pensaient à quitter la province.


Jackie a aussi exposé les retombées économiques directes et indirectes de l'insuffisance de médecins dans une communauté, notamment la réduction de l'emploi dans le secteur de la santé, ce qui entraîne des pertes de revenus et par suite la diminution des achats de biens et services. Encore plus alarmant, les entreprises et les industries hésitent à s'installer dans des communautés qui ne possèdent pas de services médicaux appropriés, ce qui a des retombées sur les biens immobiliers et d'autres secteurs.

À l'heure actuelle, Chapleau est dans la position enviable où elle possède un groupe stable de médecins suppléants dévoués qui offrent d'excellents services. Sans ce groupe, la communauté se trouverait dans la même situation que

certaines autres qui ont été obligées de fermer leur service d'urgence et des cliniques.

« Cependant, pour recruter des professionnels de la santé permanents, trois partenaires doivent intervenir : le ministère de la Santé et des Soins de longue durée (MSSLD), la communauté et l'hôpital » ajoute Jackie. Le MSSLD met gratuitement à la disposition des organismes un site Web où ils peuvent afficher des annonces sur un modèle de rémunération pour les médecins (RNPGA), du financement permettant à des professionnels de la santé d'effectuer des visites communautaires d'évaluation, et des incitatifs financiers pour que des médecins s'établissent dans des régions insuffisamment desservies. Les Services de santé de Chapleau allouent des fonds et du personnel pour participer à des salons de recrutement, à la dotation en personnel de cliniques médicales et à bien d'autres initiatives de recrutement.


Jackie a souligné qu'afin que le recrutement réussisse, tout le monde doit faire les louanges de sa communauté et veiller à ce qu'il existe un plan de soutien financier du recrutement et du maintien en poste dans la communauté.



**Podologie clinique et chirurgicale/Soins des pieds**  
**Clinique externe**

**David M. Simard, D.C.H.**

**Pour fixer un rendez-vous, appelez la réception de l'hôpital au 864-1520 et appuyez sur le 0.**



**Quels genres de problèmes un podologue traite-t-il?**

**Exemples :** ordonnances pour des problèmes comme le pied d'athlète, les éruptions de la peau, les infections bactériennes, les orthèses sur mesure, etc.; traitement de complications d'ongles incarnés, d'épines calcanéennes, de fasciite, de problèmes de tendons, etc.

Première visite  
Évaluation régulière, traitement compris 40 \$  
Évaluation des personnes âgées, traitement compris 40 \$

Traitements podologiques ordinaires :

Adultes .....	40 \$
Personnes âgées (65+) ...	35 \$
Étudiant .....	40 \$

Orthèses sur mesure 450 \$  
Deuxième paire 400 \$  
(la 2e paire doit être confectionnée avec le même moule que la première et dans un délai de 6 mois)

Birkenstocks sur mesure 575 \$  
Anesthésie locale 20 \$ (site initial)  
10 \$ pour les sites supplémentaires  
Injection de cortisone 60 \$ (site initial)  
45 \$ pour les sites supplémentaires

Le prix des interventions chirurgicales varie en fonction de l'intervention.

**SOINS DES PIEDS DE BASE ET AVANCÉS**  
Services offerts par : une infirmière auxiliaire autorisée, agréée en soins des pieds de base et avancés


**Quels types de soins l'infirmière offre-t-elle?**

**Exemples :** coupe des ongles, élimination des callosités, traitement des ongles incarnés sans complication, massage des pieds.

**Pour fixer un rendez-vous, appelez la réception de l'hôpital au 864-1520 et appuyez sur le 0.**

Première visite : 35 \$  
Visite de suivi : 25 \$

**NOTE :** Les patients inscrits au Programme d'éducation des diabétiques sont admissibles à des subventions. Communiquer avec Robin Greer au 864-3079 pour obtenir des détails.



**NOTICE**

The PUBLIC WORKS DEPARTMENT of the Township of Chapleau will be switching to summer hours (7:00 am to 3:30 pm) effective Tuesday, July 3, until Friday, August 31, 2007.

For any Public Works related matters occurring after 3:30 pm, please call 864 - 1330.

Please note, the refuse collection schedule and the hours of operation at the landfill site are NOT effected by this change.

Thank you for your cooperation in this matter

**Rick Smith**  
**Public Works Superintendent**

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**AVIS**

Le SERVICE DES TRAVAUX PUBLIQUES de la Municipalité de Chapleau adoptera son horaire d'été (7h à 15h30) à compter du jeudi 3 juillet jusqu'au vendredi 31 août 2007.

Pour rejoindre notre service après ses heures ouvrables (15h30) veuillez composer le 864 - 1330.

Veuillez noter que l'horaire de la cueillette des ordures et les heures d'accès au site d'enfouissement ne sont PAS affectées par ce changement.

Merci de votre aimable collaboration en cette affaire.

**Rick Smith**  
**Directeur des travaux publics**

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**1 & 2 bedroom apt.**, 4 bdr. house washer/dryer hook up, parking with plug in. For more information call 864-2282 or 864-1022. <sup>Sep1</sup>

**1-2 and 3 bedroom apts.** and bachelor. For more information call 864-1148 or 864-4071 (cell) <sup>nv24</sup>

**Large 1 bedroom apt.** 700 sq.ft, fridge and stove included, storage, parking & outdoor plug-in. To view call 864-0677 <sup>Jy7</sup>

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**ALCOHOLICS ANONYMOUS**  
Offers help to anyone who desires to stop drinking. Open discussion meetings: Wednesday 7:30 p.m. & Sunday 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2321 and 864-1827

**ALCOOLIKES ANONYMES**  
Offre de l'aide à celui ou celle qui désire arrêter de boire. Les rencontres ont lieu tous les mercredis soirs à 19h (7:00 p.m.) Au sous-sol de l'église Sacré-Coeur. Téléphonnez au 864-2786

**Société Alzheimer Society** meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

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**Experienced Blueberry-Buyers, Pickers and Collection people** required immediately in the Chapleau area. Please send qualifications to: jamesbay@efni.com or Fax 705-494-7595 <sup>Jy7</sup>

## SERVICES

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**Wills, power of attorneys.** For, wills, power of attorney for personal care and/or power of attorney for property-contact Rose Bertrand @ 705-864-0230, for Confidential Services. <sup>Jan30</sup>

**Ludie's Baskets & Crafts** Handmade items and gift baskets. Summer specials baby and bridal shower baskets. 864-1537. Open 10-2 p.m. Monday to Friday.

## YARD SALES

**Saturday, July 7.** 194 Riverside Dr. 10 a.m. to 1 p.m. No early birds please

## WANTED

Lakefront property in the Chapleau Area. Road access and sandy beach required. Phone 705-235-5477. <sup>Jy7</sup>

## GITCHI MEEGWETCH!

Chapleau Cree First Nation would like to thank all the staff, volunteers, cooks, clean-up crew, fire keepers, community members, Nishnawbe Aski Police Services, Kunuwanimano Child and Family Services, Government of Canada, and everyone who attended for helping to make our 2007 Aboriginal Day a success. Hope to see you all next year.

## SLOMA CLEANERS

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## THANK YOU

Pam, Lani, Sheila, Rita, Betty, Terri, Ernie, Tara, Adyh, Yaya, Kristen, Ceilidh, Paula, for an unforgettable birthday and all the creative gifts!  
**Mom, Ludie**

## FLOOD'S STRAWBERRIES

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Open 8 a.m. to 8 p.m.

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