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Vol. 12, Issue 47, August 2, 2008

# Local woman becomes Canadian Citizen

By Staff

July 24, 2008, marked an important day in the life of Kellie McCarthy. The day that she became a Canadian Citizen. It not only marks the end of a long waiting period, but is now her final step in giving her a sense of belonging and acceptance in this country that she now calls home.

She first arrived in Canada on October 27, 2001 from Melbourne, Australia where she married Ryan McCarthy, a Chapleau born lad. She arrived on a visitor visa, which allowed her to stay in the country for a maximum of 6 months. Of course she was required to apply for an extension

of stay whilst applying for permanent residence. Her permanent Canadian Residence was granted on July 14, 2003 in Sault Ste Marie. This allowed her to apply for a Social Insurance Number, which allowed her to work in Canada, as well as a Health Care Card.

The process for applying for Canadian Citizenship required her to hold permanent residence for a period of three years, during which time she also needed to meet certain criteria.

Kellie's application for citizenship began May 15, 2006, and after numerous criminal checks and fingerprint samples, she was notified to appear to take the citizenship exam in Timmins in May 2008. The results of this exam were not conveyed, unless of course you did not pass. So with much relief, she received a letter requesting her appearance to appear before the Citizenship

Judge to take the oath of citizenship in Sudbury on July 24 2008.

Approximately 200,000 new Canadians take the oath of citizenship each year. 74 new Canadian Citizens were sworn in at an afternoon ceremony before the Citizenship Judge, Judge B. Gail Degroot, the MP for Sudbury, the Multi-cultural representative for Sudbury and Constable Ellen Scott of the RCMP. Of these 74 new citizens, over 20 different countries were represented. Some included, Australia, Ireland, England, United States, China, Chad, Russia, Poland and France. Present for the ceremony was Kellie's husband Ryan McCarthy, their two children Taryn and Patrick and father-in-law Bruce McCarthy.

"My reasoning for coming to Canada was very fortunate. I came for love. I am lucky in that my previous country of residence,



From left to right Judge B. Gail Degroot, newly sworn-in Canadian Kellie McCarthy and R.C.M.P. Constable Ellen Scott

Australia, did not force me to seek refuge, as others might have. As Canadians, we are all lucky in that we live in a country of equality, freedom of speech, and freedom from discrimination" says Kellie.

"So, seven years later, I am now a Canadian. I now have







the same rights as you do, the people that were born in this great country. Take the time to find about this great place as I have, and you will be remarkably surprised as to its expanse and what it has to offer" she adds.

Should you feel inclined to challenge yourself on

your findings and knowledge about your country, try the citizenship exam as Kellie did, and you may just be pleasantly surprised to see what you do or do not know.

The web page to visit is [www.apna.toronto.com/canadian-citizenship-quiz.html](http://www.apna.toronto.com/canadian-citizenship-quiz.html)

**Long Term Forecast**

<b>Saturday</b>	
High 22	
Low 13	
<b>Sunday</b>	
High 25	
Low 10	
<b>Monday</b>	
High 24	
Low 13	
<b>Tuesday</b>	
High 23	
Low 12	
<b>Wednesday</b>	
High 21	
Low 8	
<b>Thursday</b>	
High 20	
Low 8	

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**REPORT FROM Queen's Park BY Mike Brown,**  
Provincial Member of Parliament for Algoma-Manitoulin



**Ontario Launches Diabetes Strategy**

The Ontario government is investing \$741 million over the next four years in a new, comprehensive diabetes strategy focused on preventing, managing and treating diabetes.

An estimated 900,000 Ontarians live with diabetes and its

complications. Ontario's diabetes strategy will help tackle a growing – and expensive – health care challenge. The number of Ontarians with diabetes has increased by 69 per cent over the last 10 years – and is projected to grow from 900,000 to 1.2 million by 2010. Treatment for diabetes and related conditions such as heart

disease, stroke, and kidney disease currently cost Ontario over \$5 billion each year.

A major component of this strategy is the creation and implementation of an online diabetes registry. With this tool, patients will have the power to actively manage their own care with the help of their health care provider. Overall it will help to reduce the onset of diabetes and ultimately revolutionize health care in Ontario.

The registry is set to start as early as next spring 2009 and it will be the first step in

establishing a safe, secure electronic health record for all Ontarians by 2015. As well, the diabetes strategy is the first target of the province's initiative focusing on the prevention and management of chronic diseases.

Other key elements of the strategy include:

- Improving access to insulin pumps and supplies for more than 1300 adults with type 1 diabetes by funding these services for people over the age of 18.

- Expanding chronic kidney disease services, including

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greater access to dialysis services.

- Implementing a strategy to expand access to bariatric surgery.

- Educational campaigns to prevent diabetes by raising awareness of diabetes risk factors in high risk populations, such as the Aboriginal and South Asian communities.

- Increasing access to team-based care closer to home by mapping the prevalence of diabetes across the province and the location of current diabetes programs in order to align services

and address service gaps.

Focusing on increased access to quality care for people with diabetes - when and where it's needed - supports Ontario's two top healthcare priorities of improving access to care and reducing emergency wait times.

To learn more about Ontario's new diabetes strategy visit the provincial government's website, at [http://www.health.gov.on.ca/english/media/news\\_releases/archives/nr\\_08/jul/nr\\_20080722.html](http://www.health.gov.on.ca/english/media/news_releases/archives/nr_08/jul/nr_20080722.html)

**L'Ontario lance la stratégie de lutte contre le diabète**

Le gouvernement de l'Ontario investit un nouveau financement de 741 millions de dollars sur quatre ans dans une stratégie globale de lutte contre le diabète afin de prévenir, de prendre en charge et de traiter le diabète.

La stratégie comprend un registre en ligne qui permettra d'améliorer les soins autonomes en donnant aux patients l'accès aux renseignements et aux outils éducatifs qui leur fourniront les moyens de prendre leur maladie en charge. Le registre donnera aux fournisseurs de soins de santé la possibilité de consulter facilement les dossiers des patients, d'accéder aux renseignements sur le diagnostic et de faire parvenir des alertes aux patients. On prévoit que le registre sera mis en ligne au printemps 2009.

D'autres éléments-clés de la stratégie comprennent: -l'amélioration de l'accès aux pompes à insuline et aux fournitures pour plus de 1 300 adultes atteints du diabète de type 1 grâce au financement de ces services pour les personnes de plus de 18 ans; -l'élargissement des

services aux personnes atteintes de maladies chroniques du rein, notamment l'augmentation de l'accès aux services de dialyse;

- la mise en œuvre d'une stratégie afin d'augmenter l'accès à la chirurgie bariatrique;

- des campagnes d'éducation afin de prévenir le diabète en sensibilisant la population aux facteurs de risque chez les populations particulièrement susceptibles de contracter la maladie comme les Autochtones et les personnes originaires de l'Asie du Sud;

- l'augmentation de l'accès à des soins prodigués par des équipes plus près du domicile en établissant une carte de la prévalence du diabète à l'échelle de la province et des emplacements des programmes actuels en matière de diabète afin d'harmoniser les services et de remédier aux lacunes sur le plan du service.

La Stratégie ontarienne de lutte contre le diabète contribuera à aborder un enjeu sanitaire qui prend de l'ampleur et s'avère coûteux. Le nombre d'Ontariennes et d'Ontariens atteints du diabète a augmenté de 69 pour cent au

cours des 10 dernières années et l'on prévoit qu'il passera de 900 000 à 1,2 million d'ici 2010. Le traitement du diabète et des troubles connexes comme la cardiopathie, l'accident vasculaire cérébral et la néphropathie coûtent actuellement plus de 5 milliards de dollars par an à l'Ontario.

La stratégie appuiera les deux principales priorités

ontariennes en matière de soins de santé, soit l'amélioration de l'accès aux soins et la réduction des temps d'attente aux urgences.

Pour en savoir plus long sur la nouvelle stratégie de lutte contre le diabète de l'Ontario, visitez le site Web à [http://www.health.gov.on.ca/french/media/news\\_releases/archives/nr\\_08/jul/nr\\_20080722f.html](http://www.health.gov.on.ca/french/media/news_releases/archives/nr_08/jul/nr_20080722f.html)

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**St. John's Anglican Church Chapleau**

Sunday August 3

10:30 am - Holy Baptism & Communion Preaching- Archdeacon Tom Corston

**Everyone Welcome**

**NEW AT THE CHAPLEAU PUBLIC LIBRARY**

The Train Doesn't Stop Here Anymore: an illustrated history of railway stations in Canada...Ron Brown  
Canadians at Table: a culinary history of Canada...Dorothy Duncan  
Whatever Happened to...?: catching up with Canadian icons.....Mark Kearney & Randy Ray  
Perilous Passage.....B.J. Bayle  
Whiskey and Ice: the saga of Ben Kerr, Canada's most daring rumrunner...C.W. Hunt

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**Diocese of Moosonee Anglican Church of Canada ST. JOHN'S CHURCH**  
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Sunday Service 10:30 a.m.  
Rev. Bruce Roberts

**ST. MARY'S ANGLICAN CATHOLIC CHURCH**  
78 Devonshire Street 864-0909  
Sunday Service 10 a.m.  
Rev. William P. Ivey

**CHAPLEAU PENTECOSTAL CHURCH**  
9 Elm Street (P.A.O.C.) 864-0828  
Sunday School 9:45 a.m. Sunday Services 11 a.m. & 7 p.m. Family Night (ages 1-109) Wednesday 7 - 8:15 p.m.  
Pastor Dan Lee

**TRINITY UNITED CHURCH**  
Corner of Beech and Lorne - 864-1221  
Sunday Service and Sunday School 11:00 a.m. Anna Chikoski  
Soup Kettle every 2nd Wednesday of the month

**OUR LADY OF SEVEN SORROWS PARISH PAROISSE NOTRE-DAME-DES-SEPT-DOULEURS (Foleyet)**  
Liturgy of the World Sundays 11 a.m. Liturgie de la Parole Dimanche 11h  
Mass every 2nd & 4th Sunday at 4:00 p.m. Messe sux 2e et 4e dimanche à 16h

**COMMUNITY BIBLE CHAPEL**  
Corner of King and Maple 864-0470  
Communion Service 9:30 Family Bible Hour 11 a.m. Including Sunday School Evening Bible Study and Ladies Bible Study during the week  
Transportation available Al Tremblay



# Civic Long Weekend – Safe Highways Initiative

During the 2007 Civic Holiday Long Weekend, there were no fatal or personal injury collisions in the Superior East Detachment area. Highway 17 between Wawa and White River has historically been an area where a high number of vehicle-moose collisions have been reported. Police are

advising drivers to keep a special lookout for these large animals when traveling through this area. During the upcoming Civic Long Weekend, Officers will be deployed along #17 Highway from Montreal River to White River as this area carries the highest volume of traffic. Officers will also be patrolling other

area highways and secondary roads to ensure that the people traveling on those highways do so with regard to the rules of the road as well.

During the upcoming Civic Long Weekend (01 Aug – 04 Aug 2008), officers from the Superior East Detachment (Wawa, Chapleau, Hornepayne and White River Offices) will

concentrate on traffic enforcement on all area highways. Officers will be looking for the Aggressive Driver. Those drivers that speed or make unsafe maneuvers with their motor vehicles will be targeted by all patrol officers. Radar Enforcement, RIDE Programs, Seatbelt Checks and Commercial Motor Vehicle

Checks will be conducted throughout the weekend. O.P.P. Marine Vessels will be on area lakes to ensure compliance with the boating regulations and to make sure people keep the alcohol back at the cottage.

If you see an Aggressive or Impaired Driver report it to the Police. Call 9-1-1 in an emergency or

O.P.P. @ 1-888-310-1122

- Report the location and direction of travel of the vehicle.
- Describe the vehicle – colour, type, and any distinguishing features.
- Describe the occupants if possible and the actions of the driver.
- Stay on the line with the dispatcher.

# Dead crow found in M'Chigeeng tests positive for West Nile Virus

Tests confirmed that a dead crow found on Lakeview Drive in M'Chigeeng First Nation on Manitoulin Island was

positive for West Nile virus (WNV). This is the second bird to test positive for WNV within the Sudbury and Manitoulin

districts. "All of the mosquitoes trapped so far this year by the Sudbury & District Health Unit have

tested negative for the virus," said Mike Campbell, a Public Health Inspector in the health unit's Environmental Health Division. "No human cases have been reported across Canada."

Since mosquitoes are still very active, people are encouraged to protect themselves against mosquito bites:

- Wear light-coloured, long-sleeved shirts, long pants, shoes, and socks

when outside, especially from dusk to dawn when mosquitoes are most active.

- Use an insect repellent and be sure to follow the manufacturer's recommendations.

Remove standing water from around your home where mosquitoes could lay their eggs.

West Nile virus is a mosquito-borne disease that normally causes only mild illness in humans.

Severe illness, such as meningitis and encephalitis, is also possible, particularly in people over 50 years of age and among those who have weakened immune systems.

To report a dead crow, raven, or blue jay sighting, please call your local office of the Sudbury & District Health Unit. For more information about the virus, visit [www.sdhu.com](http://www.sdhu.com).



From l. to r. RCL Branch No.5 Vice President Jim Apsey, Member Gerald Brunette, President Darryl Brunette attach the VETERANS WAY signs on Young Street corner near the Legion. This recognition of Canada's Veterans is made possible thanks to Chapleau's Reeve and Council as well as to the generosity and efforts of the people of Chapleau.

## Pimii Kamik Gas Bar & Gift Shop

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We also carry road trip snacks, which includes Subs, Chips, Pop, plus a whole lot more. Your Propane Refilling Station

<p>Ontario Licenced Motor Vehicle Inspection Station</p>		<p><b>Chapleau Cree Auto/Truck</b> Monday - Friday 8:30 a.m - 4:30 p.m. "Preventive Maintenance keeps you on the road" <b>FOX LAKE RESERVE</b></p>	<p><b>CALL</b> <b>864-9090</b> for an appointment</p>
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# Buy yourself some time by always wearing a lifejacket



s u c c u m b t o hypothermia.

Quite simply, cold water can kill in seconds.

Many boaters think they can just put on a life jacket if they experience an unexpected fall into cold water. Yet year after year, statistics tell us that about 90 per cent of boaters who drowned were found not wearing a lifejacket.

The shock of cold water makes it very difficult to find and put on a lifejacket. If you wear a lifejacket you can buy yourself time until someone can find you and hopefully rescue you.

Many people are surprised to hear that 94 per cent of people who drowned in Canada did so in water less than 20 degrees Celsius.

If the cold

shock doesn't kill you, time will. Always wear a lifejacket.

Go to [www.lifesaving.society.com](http://www.lifesaving.society.com) for more information on tips to stay safe around water.

**CRIME STOPPERS**  
1-800-222-TIPS

(NC)—Research has shown that most people who fall into cold water die before they ever experience hypothermia.

It is often the

shock of cold water characterized by heavy gasping and uncontrollable hyperventilation that kills and this happens in the first minute.

Should you survive the cold shock, you can expect that it will take about one hour to become unconscious and still longer before you

## Construction begins



The ground was broken this week marking the beginning of water main and sewage line replacements on Devonshire and Cherry Street. Money was allotted earlier this year by the Ontario Government.

### BEAR WISE



### You're in bear country *Be Bear Wise.*

Planning on enjoying Ontario's campsites, lakes, forests, and hiking trails this year? Remember that you're in the natural habitat of black bears.

**Don't attract black bears:**

1. Pack all food, including dog food, with special care in sealed containers
2. Pack a couple of long ropes to hang your food pack at least 4 metres off the ground
3. Remove grease and food residue from your campfire or barbecue and properly douse the fire

While the chance of you seeing or encountering a black bear is low, it is best to be prepared –

- Do not approach the bear
- Slowly back away
- Do not turn and run

In an immediate emergency call your local police or 911. To report bear problems call:

**1 866 514-2327** TTY 705 945-7641

For more information, visit our website:

[ontario.ca/bearwise](http://ontario.ca/bearwise)

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# Government finances could be off by hundreds of millions of dollars

## Ontario P.C. Leader says province must 'come clean' and open books

Ontario P.C. Leader John Tory today used the McGuinty government's own budget estimates to show that Ontario's finances could be off by hundreds of millions of dollars\* and renewed his call for an economic update statement to reveal the true state of the province's books and to introduce measures to address struggling economy.

"Frankly, it's

impossible for the Premier and his Finance Minister to claim that their financial plan is exactly on track, to the penny," said Tory. "Many of the major assumptions in their last budget have proven to be incorrect or outdated, and their own budget estimates say that will have had a massive impact on revenues."

"It's long past time for the government to come clean

with taxpayers and open up the books. Ontarians deserve to know the true state of their government's finances – how far off plan are they, what impact is that having on their plans and programs, and how are they planning to adjust for these changes?"

Tory noted that the quarterly financial report released by the McGuinty government earlier this month showed that virtually no adjust-

ments have been made from figures originally presented in the March budget, despite dramatic changes to some of the assumptions in that very same budget.

"That's ridiculous," said Tory, who points out that any private sector company trying to make a similar claim would face disbelieving shareholders and a potential audit.

"On top of that, the Finance Minister

can't even explain how much of the province's reserve fund, if any, is left or where it may have been spent. Taxpayers are left wondering if there's anybody at the wheel, or if the financial situation is so bad that they don't dare open up the books."

"If the rainy day fund is still there, somebody should tell Mr. McGuinty it's pouring, and he should use it. If it's not there, taxpayers should

know why and where it went," said Tory.

The Ontario P.C. Leader called again for the government to issue a detailed economic statement to answer these questions and to serve as the basis for a new plan to deal with Ontario's declining economy and continuing job losses. This week alone, Ontario has lost hundreds of additional jobs at companies such as Bell and Owens-Illinois."

# Civic Holiday Recreation Is Not Without Risk

## OPP Serious About Safety!

The Ontario Provincial Police is serious about boating safety and there will be zero tolerance for boaters who do not have the required number of life jackets

onboard – expect the same for alcohol related infractions.

In 2007, North East Region officers investigated 5 marine fatalities. There have already been 5 such

deaths this year and sadly, life jackets could have made the difference.

Unexpected immersion in water can place you at serious risk. Wearing

your life jacket gives you time to adjust to an emergency and assist others, perhaps even your own child. Stowing your life jacket won't do you much good when you lose your balance and fall overboard.

For a safe and enjoyable boating experience follow

standard operating procedures before every outing. All boats, including canoes and kayaks, are required to carry properly maintained safety equipment.

Sun, wind and the motion of the boat dull your senses. Alcohol intensifies these effects and impairs judgement. Drinking and driving - on land or water - is illegal and punishable under the criminal code.

ATV riding too, is not without risk. In 2007, 5 people were killed while ATving. In a matter of a few seconds lives were changed forever. An ATV rollover

happens just that quickly. Riders need to control speeds especially on corners and climbing hills takes added care and attention. Carrying a passenger can be extremely dangerous - negatively affecting the control and stability of an ATV.

Know your machine, drive within your ability and keep alcohol out of the mix.

Always wear an approved helmet and protective clothing – a hockey helmet is not good enough.

Enjoy the Civic Holiday week-end and make sure you are good to go, with safety in mind.

**LES P'TITS TRUCS ÉCOLOS** par Mélanie St-Martin

Afin de promouvoir un environnement vert, le centre Formation PLUS, en collaboration avec Chapleau Express, est fier de vous offrir des trucs simples.

Cette semaine, on continue dans la veine d'améliorer le rendement dans la cuisine, donc on vous offre des trucs concernant le four. Il y a plusieurs choses que l'on peut faire afin de réduire le gaspille et la consommation d'énergie. En voici quelques-uns :

- + Regardez à travers la fenêtre du four au lieu d'ouvrir la porte, car ceci laisse échapper au moins 20 % de la chaleur;
- + Utilisez le micro-ondes pour réchauffer votre manger au lieu du four, car ceci utilise beaucoup moins d'énergie;
- + Utilisez un chaudron le la même grosseur de l'élément que vous utilisez sur le four. Si vous utilisez un petit chaudron sur le plus gros élément, la chaleur ne va que s'échapper. Aussi, évitez d'utiliser des chaudrons déformés, car ils utilisent plus d'énergie pour arriver à la température désirée;
- + Faites bouillir votre eau auparavant avec une bouilloire au lieu d'utiliser les éléments du four, ceci va réduire le montant d'énergie utilisé;

Chaque semaine, assurez-vous de vérifier les trucs que vous pouvez faire quotidiennement et de les mettre en pratique afin de vivre dans un environnement plus écologique. Pour plus d'info : melanie.stmartin@gmail.com

**ECO-TIPS** by Mélanie St-Martin

To promote a greener environment, Formation PLUS, in collaboration with Chapleau Express, is proud to offer you simple tips each week that will help you live a more eco-friendly life.

This week, we will continue with a few simple tips you can practice to improve your kitchens efficiency, these tips will help you to diminish the energy consumption of your oven.

- + Instead of opening and closing the oven door in order to check on your food, try keeping an eye on it through the oven window. Opening the oven releases 20% of the heat and therefore you use more energy in order to return your oven to its wanted heat;
- + Instead of using your oven to reheat food, use a toaster or microwave oven to save energy;
- + When using your stove top make sure to use pots and pans that match the element size because if your pot is smaller than the actual burner you will be wasting a lot of the heat, therefore using up energy for no reason. Also, avoid using pots and pans which are dented or bent because they use more energy to get to the desired temperature;
- + Save energy by boiling water with an electric kettle beforehand.

Make sure you look every week for tips that you could do every day to live in a better, greener environment. For more information: melanie.stmartin@gmail.com

Classified ads  
**WORK**

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**Chapleau Village Shops**

# Small business 101 with CFIB

## Insurance and your business

CFIB has been actively engaged in helping small business access insurance at a reasonable cost. One generalization to be made and that is this: over the long term, businesses that do a good job of managing risk will have fewer claims and achieve better results in the insurance market than those who do not.

To help you become an effective insurance consumer, CFIB offers these basic risk management techniques that are used by the experts to help businesses manage their insurance costs:

- Budget for the market cycle. The insurance market is cyclical with extreme swings from high to

low. Plan for this by budgeting at the high end.

- Most businesses already have risk management policies, procedures, and practices in place. Make sure these are known by your insurer.

- Make your insurance renewal submission comprehensive yet concise. It should be easy to read and understand and include all of the relevant information about your operations, including any changes to your business since the last renewal.

- Choose deductibles that result in the optimal cost of risk. Ask for premium quotes for different deductible options.

- From time to time reassess your

policy to make sure it is competitive with other products on the market.

- Don't over or under insure.

- Make sure your property values are accurate.

- Ask your broker what services they can be provided in addition to the ones you currently have.

- Report all claims to your insurance representative promptly. Failing to give prompt notice may result in denial of the claim.

- Organize in a way that allows you to identify the more common and serious risks. Know the areas that need committed resources.

- Keep old insurance policies and

certificates. They prove that coverage existed. Without the policy information you may have no way to prove a claim.

- Insurers look very favorably upon businesses that take safety and loss prevention seriously.

- Investment in sprinkler systems, burglar alarms, fire

resistant construction, and other types of physical protection can save you money in the long run.

The good news is that if you are already managing risk by regularly inspecting your premises for hazards, training staff on how to use equipment, checking new employees'

driving records and good conduct with the police, and instituting policies that help prevent accidents, employee injuries, crime, fire, etc., you will have fewer claims and achieve better results in the insurance market. For further information, visit [www.cfib.ca](http://www.cfib.ca).

### Sign gets face lift



The "Welcome to the Chapleau Crown Game Preserve" sign is getting a face lift with a fresh coat of stain as can be seen in this photo.

The Children's Aid Society  
of the Districts of  
Sudbury and Manitoulin



La Société d'aide  
à l'enfance  
des districts de  
Sudbury et de Manitoulin

BÂTIR DES AVENIRS POSITIFS POUR NOS ENFANTS  
BUILDING POSITIVE FUTURES FOR OUR CHILDREN  
WII-NI-MNOSENIK BINOOJIINYIK BIMAADZIWNIIWAA

The Children's Aid Society of the Districts of Sudbury and Manitoulin is an organization that values children, and is respectful and sensitive to their needs.

Currently, we are seeking applications for an opportunity at our office in **Chapleau**:

**Emergency Services/After Hours Worker**  
**Location:** Chapleau, servicing the Chapleau region  
**Salary Range:** \$23.46 - \$37.22 hourly  
 Requirements: B.S.W., or equivalent degree and experience. Crisis intervention experience an asset and, a valid driver's license and access to a reliable vehicle required.  
**Job Summary:**  
 The incumbent provides after-hours and weekend crisis services, investigates allegations of abuse and neglect of children and, provides immediate protective services. This position does not carry a caseload but requires the incumbent respond to emergencies and complete the required documentation the following day. The incumbent works from a home office and on a weekly basis rotates shifts with the other worker.

Interested applicants are invited to submit their resume quoting File # OP 08-07-64 to:  
[hr.recruitment@casdsm.on.ca](mailto:hr.recruitment@casdsm.on.ca) or fax to: (705) 521-7371

**Deadline: August 06, 2008**



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- Ability to communicate effectively orally and in writing in the English language.
- Ability to communicate orally in French will be considered an asset.

Interested applicants may submit résumés by August 8th, 2008 to  
 Human Resources  
 Services de santé de Chapleau Health Services  
 6 Broomhead Road, P.O. Box 757  
 Chapleau, Ontario  
 P0M 1K0  
 Tel: (705) 864-3056  
 Email: [chappleuhr@sschs.ca](mailto:chappleuhr@sschs.ca)

We thank all applicants for their interest, but only those selected for an interview will be contacted.  
 All applications received will be held strictly confidential.  
 Cet avis est disponible en français.

**For more information on our organization**  
[www.sschs.ca](http://www.sschs.ca)



**THE LOCAL MARKET PLACE**

**CHADWIC HOME, FAMILY RESOURCE CENTRE**

Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau, White River, Dubreuilville, and Hornepayne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen, call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

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Offers help to anyone who desires to stop drinking. Open discussion meetings: Wednesday 7:30 p.m. & Sunday 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2786

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**Narcotics Anonymous** offers help to anyone who desires to stop using drugs. Meeting every Thursday 7:30 p.m. basement Sacred Heart Church. Telephone contact 864-2334 or 864-2786.

**Société Alzheimer Society** meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

**APARTMENTS FOR RENT**

**1-2 and 3 bedroom apts.** and bachelor. For more information call 864-1148 or 864-4071 (cell)<sup>sep27</sup>

**Pineland Country Cottages** are now renting modern clean cottages within town limits for the season. Please call 864-2124 after 6:00 p.m.<sup>cont</sup>

**Large 1 bedroom apt.** centrally located, fridge and stove included, storage, parking & outdoor plug-in. Available August 1st. Call 864-0677<sup>Aug9</sup>

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**You need a decent apartment** with 1, 2 or 3 bedrooms, fully or semi-furnished, or not, dryer and washer hookups, outdoor balcony, storage shed, private parking. Central location. Call Quality Rental at 864-9075 and leave message.<sup>nov8</sup>

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**One bedroom apt.** at 22 Lansdowne St. S. available immediately. Includes fridge, stove and parking at \$395.00 per month. Call Con Schmidt at 864-0617<sup>Aug2</sup>

**Looking for a new place?** 2-bedroom and 3-bedroom apartments available. They include a fridge, stove, washer/dryer hookups and parking with plug-in. Available August 1, 2008. Call 864-2282 or 1022<sup>Aug30</sup>

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# Online Safety: How to protect children of all ages



By Debbie Gordon

(NC)—Parents would never dream of sending their five-year-old anywhere unaccompanied. On the other hand, they may be comfortable allowing their teen to go to a movie with friends. Obviously, when it comes to public places, the age and maturity of children determines the extent of their freedom. The same limitations should apply in the online world. The Internet is the most unrestricted

public space in the world. An Internet connection allows the world into our homes and requires incredible and ongoing vigilance on the part of parents. Here are some practical protection tips from MSN Canada's Online Safety website <http://safety.Sympatico.MSN.ca>.

### Learning the ropes: 5-8-year-olds

- Make sure to discuss computers with children at an early age and be available to address their curiosity

and answer questions. Investigate Parental Control software to help manage your child's online experience. Some new operating systems, like Windows Vista, actually come with parental controls. This will allow you to create profiles for each family member with appropriate settings like computer usage time limits and activity reports. If you're running Internet Explorer, you can set up the pop-up blocker to protect children from offensive pop-up windows. Encourage children to bring up anything they see or do online that makes

them feel uncomfortable.

### Evolving independence: 9-12 year olds.

- Teach children about privacy and the dangers of divulging personal information to people they don't know and on websites. Monitor their instant messaging, social networking and email contacts with online monitoring programs (like Windows Live OneCare Family Safety). With this online service, children will need parents' permission to communicate with new people. Keep Internet-connected computers in an open

space in the house, not bedrooms. Create a list of Internet rules with input from each family member.

### Social butterflies: 13-17-year-olds

- Insist that teens never arrange to meet someone they met online. Be aware of the sites frequently visited and make sure they are not visiting sites with offensive content. Discuss the dangers of posting personal information and photos on social networking sites. Teach your kids that they should not be using the Internet to spread gossip, bully, or threaten others. Create open lines of

communication about online activities like gambling, chat rooms and pornography – make sure they can discuss these things without fear of Internet privileges being taken away.

From first learning how to use a mouse to later building social networking pages, children's online activities become very sophisticated, very quickly. As the boundaries between real and virtual become increasingly blurred, parents can play a huge role in protecting their children by setting clear guidelines.

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