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CHAPLEAU EXPRESS

Vol. 9, Issue 30, April 23, 2005

PIZZA HUT & KFC
There's a Reason We're Number 1
864-0911



Chapleau Ski Club looks forward to 52nd season

By Shelley Martel

Almost 100 ski and snowboard enthusiasts and their families gathered at Chapleau High School's cafetorium on Friday, April 15th to celebrate the end of a great season on the slopes.

The group enjoyed a pizza dinner, complete with dessert and beverages, as they heard from the President Doris Boucher and the Vice-President Natalie Tessier. The two delivered their end of year messages and reported on the status of the club.

"We had an accident-free year for the first time since I've been here!" the

President of the club was happy to convey. They are also looking into adding Moonlight Runs for the Cross-country trails and are always open to any other new ideas and suggestions.

Even though we have had an early spring, the ski club enjoyed a full 3 months of operation before closing down for the season on March 26th.

Top priority for next year will be to replace their brushing equipment and to fundraise. Although the Chapleau Ski Club faces financial challenges, our hill has remained open when many have been forced to close down permanently. "We have beaten the odds

and we will continue to do so," promises Vice-President Natalie Tessier.

Membership was down to 171 from 199 this year but the revenue collected from the annual ski/snowboard-a-thon, which was held on February 12th, was almost the same as last year with \$3000.00.

There were 39 participants in the ski/snowboard-a-thon who enjoyed a great day of fresh air, exercise and a lot of fun. They also were kept well fed with goodies served all day long.

Ski/snowboard races were held on February 12th as well and, as every other



Above, the winners of races held on February 12th, 2005. L to R: 1st row: Darren White, Maggie St-Amand, Jessica Dionne and Spencer Smith 2nd row: Devin Goheen, Sam St-Amand, Melissa Dionne, Joe St-Amand, Philippe Gauthier, Frank St-Amand, Stéphane Houle, Natalie Smith, Carla Robitaille, Maegan Jean and Marlee Bowes

Chapleau Nature Festival Steering Committee gearing up for a record year

By Jim Prince

Planning for the 4th annual Chapleau Nature

Festival is right on target and a meeting of the Festival Planning Committee earlier this week was held in a

sense of optimism.

Festival staff updated the committee on its latest promotion efforts which included

a successful press conference in Timmins last week.

While promotion in Northern Ontario is generating interest, it is also coming in from across Ontario.

This is being attributed to the confirmation of talent line up which includes Canadian Idol Kalan Porter and the Jeff Healey Band.

"Promotional efforts are paying off in a big way," stated Don McEachren, chair of the Festival organizing committee, which is overseeing the work to make it another success.

Following last week's Timmins press conference there was a



notable spike in the sales of passes.

"It was a successful news conference with most of the Timmins media in attendance," said McEachren. Mayor Earle J. Freeborn and Festival staff hosted the press conference.

The Festival Web site continues to generate interest as many passes have been purchased by persons living in Toronto and other Southern Ontario

Centers.

Those holding VIP passes will have the opportunity to meet the entertainers one on one. They were sold out two weeks after they went on sale.

While interest in this years Festival is high, the staff continues its all-out effort to make it the biggest and best yet, not only in ticket sales, but in the Fiddle and Step dancing

Continued on page 5...



Above, the members of the Festival Steering Committee are Bud Swanson, André Byham, Don McEachren, Diane Jean, Rachelle Pressé, and Sylvie Sylvestre. Also present are the Festival staff members Gail Donovan - Festival Manager, Mark Morin - Festival Coordinator, and Judy Imbeault - Festival Administrator.

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Thursday, April 28th @ 8 pm
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Obituary

**ROGER DESCHENES
1929-2005**



The family announces with great sorrow his death at the Golden Manor on Thursday, April 14, 2005 at the age of 75 years. Loving husband of Leona Bruneau Deschênes (Née Locksmith) of the Golden Manor. Predeceased by his first wife Marguerite Sigouin. Step-father of Ronald Bruneau (wife Ellen) of Timmins, Gary Bruneau (wife Marie-Claire) of Chapleau, Donald-André Bruneau (wife Claudette) of Timmins and John Bruneau (wife Flavia) of Chapleau.

Step-grandfather of 9 grand-children and 9 great grand-children. Brother of Zoel Deschênes and Simone Deschênes of Rivière du Loup, Québec. Predeceased by his brothers Roland and Albert as well as by his parents; François Deschênes and Marie-Anne (Née Thibeault).

Roger was a gentle loving and caring man. He loved to spend time in the outdoors especially while he was hunting and fishing.

Funeral mass was held at 11:00 a.m. on Saturday, April 16, 2005 at Notre Dame de la Paix Church. Interment followed at the Timmins Memorial Cemetery. Remembrance donations to the Ontario Heart & Stroke Foundation or masses at Sacré-Coeur Church would be greatly appreciated.

The family announces with great sorrow his death at the Golden Manor on Thursday, April 14, 2005 at the age of 75 years. Loving husband of Leona Bruneau Deschênes (Née Locksmith) of the Golden Manor. Predeceased by his first wife Marguerite Sigouin. Step-father of Ronald Bruneau (wife Ellen) of Timmins, Gary Bruneau (wife Marie-Claire) of Chapleau, Donald-André Bruneau (wife Claudette) of Timmins and John Bruneau (wife Flavia) of Chapleau.

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- ✓ LIVRAISON GRATUITE POUR PERSONNES ÂGÉES

**Chapleau Ski Club
year end wrap-up**

Continued from page 1
year, those who participated anxiously looked forward to receiving their medals at the banquet. The election of new board members was included in the evening festivities. The new President for the coming season is Natalie Tessier and Doris Boucher accepted the position as Vice President. Chantal Desbois remained treasurer.

The club bid farewell to their Secretary Anita Swanson, thanked her for her many years of dedication to the club,

and wished her well in Sudbury.

Many thanks were extended to the countless donations of money, food, time and work which are essential in keeping the ski club function as it has.


The door prize winner of the evening was Madison Bignucolo. She won a membership for the 2005/2006 season for her entire family, who were new members this year.

The club is looking forward to seeing more new faces on the slopes next season.


**NEW AT THE
CHAPLEAU PUBLIC LIBRARY**

Monday's Child - Louise Bagshawe
Honeymoon - James Patterson
Death of a Bore - M.C. Beaton
The God of Chaos - Tom Bradby
Storey Keepers - Jennifer David
New DVDs
The Notebook - The Incredibles
Finding Neverland - Ladder 49
Being Julia - "Ray"

Correction
In last week's front page article on the Royal Canadian Legion District H convention, the text stated that Betty O'Shaughnessy had received an award for 70 years of dedicated service toward the Legion's Ladies' Auxiliary. The award was accepted by Mrs. O'Shaughnessy on behalf of the Chapleau Ladies' Auxiliary for 70 years of dedicated service. We apologize for the error.



**CONSTITUENCY
CLINIC**
Brent St. Denis,
Federal Member of Parliament
for Algoma-Manitoulin-
Kapusksing



Will be available to meet with his constituents in,
CHAPLEAU
Wednesday, April 27, 2005
4:30 p.m.
Civic Centre - Council Chambers
Drop by to see **Brent** if you have concerns
or questions, or just to have a chat.
For more information or an appointment,
please call 1-800-920-2057.
(If this time is not convenient for you, please let us know).



NOTICE

Notice is hereby given to the ratepayers of the Township of Chapleau pursuant to Section 47 of the Municipal Act 2001, of the intention of the Council of the Corporation of the Township of Chapleau to pass a by-law naming a street. The new street name will apply to the roadway that runs in a crescent shape manner around the homes located between 276 and 290 Martel Road.

The Council intends to pass the by-law at its regular meeting to be held May 9th, 2005.

For further information or clarification on this matter please feel free to contact the undersigned.

Allan Pellow
CAO/AMCT
864-1330

AVIS

Par la présente, avis est donné aux contribuables du canton de Chapleau qu'en vertu de l'article 47 de la Loi des municipalités de 2001, le conseil municipal envisage d'adopter un arrêté lui permettant de désigner une nouvelle rue. La nouvelle désignation s'applique à la route en forme d'arc de cercle qui longe les habitations situées entre le 276 et le 290 du chemin Martel.

Le conseil entend adopter le nouvel arrêté au cours de son assemblée régulière du 9 mai 2005.

Pour de plus amples renseignements ou des clarifications à ce sujet, veuillez contacter le soussigné.

Allan Pellow
Greffier/administrateur municipal
864-1330

FormationPLUS holds second annual book fair

By Shelley Martel

The Sacred Heart School's gymnasium was the venue for a very impressive book sale April 15th and 16th, organized by the Centre FORA and FormationPLUS.

While the students of the school had access to the sale on Friday from 10:00 a.m. to 4:00 p.m., it was open to the public from 7:00 p.m. until 9:00 p.m. that evening, and on the Saturday from 10:00 a.m. until 3:00 p.m.

The Co-ordinator, Lilianne St. Martin, was pleased to report that they were very busy and that, considering the beautiful weather we experienced last weekend, there was a constant stream of people coming in to

take advantage of the extensive selection of francophone material.

Various tables and shelving units held over \$15,000 worth of inventory, which was made available from the Centre FORA in Sudbury. The almost 1000 items included books for all ages as well as computer games, DVD's, VHS tapes, CD's, and Itech educational toys, including Leap Frog.

The annual book sale helps to raise money for various activities, which take place at the adult education center.

"Although we are not quite finished tabulating the final total, we already know that the fair was a success, and that the funds raised will go towards our graduation and end of

year celebration," stated the co-ordinator.

Besides the Co-ordinator Lilianne St. Martin, who also tutors during the evening classes, the center employs two other tutors, Johanne Demers and Linda Bouchard. Ms. Bouchard also fills the role as administrative assistant.

The FormationPLUS learning center offers a bookstore at their Birch Street location with a more condensed selection of francophone reading material for all ages. Their business hours are weekdays from 9:00 a.m. to 4:00 p.m.

They are hoping that being involved in the Rotary Sports And Trade Show this weekend will help spread the



Eileen McAdam browses through the children's books during book fair.

word about what the center has to offer citizens of Chapleau.

For ads or articles

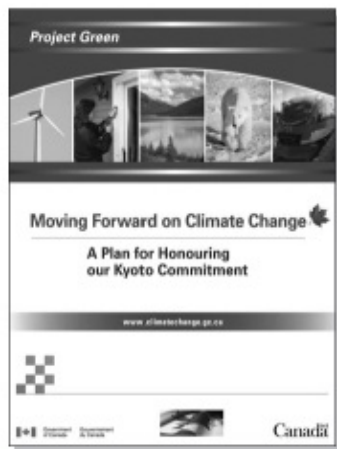
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or visit climatechange.gc.ca

Chapleau Health Services holds volunteer appreciation event

During the Volunteer Appreciation Week held April 17 - 23, 2005, Chapleau Health Services recognized its volunteers during a luncheon served by staff members.

During the fiscal year 2004-2005, the organization's

68 volunteers offered a total of 1292 hours of their time while the 28 Hospital Auxiliary members dedicated a total of 3460 hours.

Some helped with activities, bingos, yard sale and the Christmas bazaar with the

long-term care residents of Bignucolo Residence and the clients of the Supported Independent Living program.

Others delivered a total of 1599 meals for the Meals-on-Wheels program, served 379 meals for the Congregate



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Dining program and gardened at Cedar Grove. Our Friendly Visitors became special friends to seniors and individuals with disabilities who are at risk of being socially isolated.

Our clergy volunteers celebrated mass every Friday at the hospital. A few of the volunteers shared their personal stories during public education sessions organized by the staff of Turning Point Mental

Health Clinic.

Many others volunteered countless hours on committees such as the Turning Point Advisory Committee, Chapleau Health Services' Board of Directors, Hospital Foundation and the Hospital Auxiliary.

Chapleau Health Services wishes to acknowledge and thank all of its volunteers for their vital contribution to the organization.

Services de santé fête ses bénévoles

Durant la semaine des bénévoles, du 17 au 23 avril 2005, les Services de santé de Chapleau ont honoré leurs bénévoles lors d'un lunch servi par les employés.

Pendant l'année fiscale 2004-2005, les 68 bénévoles de l'organisme ont offert un total de 1292 heures alors que les 28 membres de l'auxiliaire de l'hôpital ont donné 3460 heures de leur temps.

Les personnes ont partagés leur temps aux bingos, vente de débarras, bazar de Noël avec les résidents(es) de la Résidence Bignucolo et les participants(e) aux services du programme de vie autonome.

D'autres personnes ont apporté 1599 repas pour le programme de popotte roulante, servi 379 autres repas aux invités aux repas communautaires, et ont jardiné sur les lieux de Cedar Grove.

Nos visiteurs amicaux ont établi des liens chaleureux avec des personnes âgées, isolées ou fragiles. Nos bénévoles clergé ont célébré une messe à tous les vendredi à l'hôpital.

D'autres bénévoles ont encore partagé leur expérience de vie personnelle lors de présentations offertes par Point Décisif, la clinique de santé mentale.

On souligne aussi les efforts des personnes impliquées dans les comités consultatifs de Point Décisif, conseil d'administration des Services de santé de Chapleau, la Fondation de l'hôpital et les Auxiliaires de l'hôpital.

Les Services de santé de Chapleau désirent remercier et souligner les efforts de chacune des personnes qui continuent de gratifier la communauté de leur contribution essentielle aux personnes dans le besoin et à notre organisme.

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CHAPLEAU MINOR HOCKEY ASSOCIATION ANNUAL GENERAL MEETING

Tuesday May 17, 7:00 p.m., Curling Lounge

Amendments to the Constitution

Accepted in writing by May 3/05
 Send to CMHA, Box 1021, or President

Elections for

1st Vice, 2nd Vice, Equipment Convenor,
 Public Relations Rep, Bingo Rep,
 Nevada Rep, and Initiation Director.

Coaches - Letters of application

Send to CMHA or President by May 13/05,
 Include qualifications and
 5 parent /sponsor signatures.

Chapleau Pentecostal Youth group completes 30 Hour Famine

On April 8th and 9th, the Chapleau Pentecostal Youth group participated in the "World Vision 30 Hour Famine".

The Money raised goes towards feeding kids around the world!

There were 8 teens from the youth group that participated and

altogether they raised \$1,109.97.

The group raised the money by getting people to sponsor them to NOT eat for 30 hours. The whole group made it!

The group would like to thank all of the sponsors for helping them reach this amazing amount. WAY TO GO YOUTH GROUP!



The participating youth were: Back: Caleb Parker, and Stephen Lee, Michelle Macland Front: Samuel Lee, Daniel Lee, and Michael Lee. Missing from photo: Jameson Turcotte and Jeanie Weber.

Festival Committee in full swing

Continued from page 1 competitions as well.

To boost the number of competitors in the fiddling and step dancing competitions, a promotional effort will be conducted during the popular Chelmsford Fiddle Works weekend May 13-14.

Some of the competitors in that contest have made the trip to Chapleau in the past, and the committee is increasing its efforts to attract more to Chapleau this year.

The Festival committee, comprised of volunteers and elected representatives of the Township Council,

continues to meet on a regular basis.

Passes for the Festival can be purchased at the usual local outlets.

To encourage persons to purchase tickets in advance of the Festival, and be assured of a seat at the performances, "Early Bird" passes at price of \$35.00 are available until June 1st, after which the price will increase to \$40.00.

The bets are on to see if the Festival passes will be sold out before the Early Bird promotion end date of June 1st.



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**REPORT
FROM
Queen's Park
BY**

Mike Brown,
Provincial Member of Parliament
for Algoma-Manitoulin



**Government Helping to Build Strong Communities
in Northern Ontario**

communities face financial pressures that large cities in the south do not. Therefore the OMPF directs funding specifically to small, Northern and rural municipalities.

I was pleased to announce last week that under the OMPF Algoma-Manitoulin municipalities will receive an increase of more than \$3 million over last year's CRF payments. This represents an increase of 11.5 per cent, compared to an overall provincial increase of 6.1 per cent.

This new funding will assist our municipalities in paying for the costs of

social services and police services.

Just a couple of weeks ago the government announced that it would help protect our communities by providing a special, one-time grant to help pay for training and new equipment for our firefighters.

I was pleased to announce that every municipal Fire Department in Algoma-Manitoulin will receive at least \$50,000 through this grant, to help improve the safety and effectiveness of our firefighters.

This grant was weighted to provide

small Northern and rural municipalities with the largest share of the total provincial grant. Municipal fire departments serving communities with a population of less than 10,000 received 41% of the entire provincial grant.

The Province of Ontario has also taken an active role in re-building our infrastructure by participating in the new Canada-Ontario Rural Municipal Infrastructure Program (COMRIF).

The Governments of Canada and Ontario signed an agreement to each provide up to \$298

million over the next five years to improve public infrastructure in rural and Northern municipalities throughout the province.

COMRIF will be a valuable tool to help our municipalities improve water and sewage treatment, fix our roads and repair our bridges.

By helping our communities to build modern and efficient infrastructure, we help to make strong, safe and liveable communities in the North.

In order to make strong communities in the North we need to maintain a strong voice at Queen's Park.

Under the previous government Northern Ontario lost one third of its provincial representatives.

In 2002 and again in 2003 I introduced a Bill that would have protected the remaining Northern ridings.

The residents of Northern Ontario deserve to have a strong voice at Queen's Park and I am very pleased that my initiative to maintain the current number of Northern ridings has formed an integral part of the Government's recently introduced democratic renewal legislation.

A strong Northern voice at Queen's Park will help to make strong communities in the North.

Our quality of life in the North depends on the strength of our communities.

The Government of Ontario recognizes this and is committed to helping to make Northern communities stronger.

Just recently,

the Government of Ontario announced the creation of the Ontario Municipal Partnership Fund (OMPF), replacing the complex and inequitable Community Reinvestment Fund (CRF).

The new OMPF recognizes that small, Northern

Attention Golfers

**The EARLY BIRD
deadline is May 2nd
Hurry and buy your membership
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Lockers:
The Kebsquasheshing Golf Club Association needs to know who the "LOCKER OWNERS" are. You have to identify yourself. If you are not a member you cannot own a locker in our clubhouse, so please remove your locker by June 1st or the association will take possession of it. No list of owners will be posted.

Kebsquasheshing Executive

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If it's no big deal, why are so many families hurt by it?

Hey man, I thought marijuana was legal in Canada?

(NC)—One of the biggest misconceptions around the possession of marijuana in Canada is that it is legal. Nothing could be further from the truth.

Marijuana is, and will remain, illegal in Canada. Recent headlines over proposed changes to the penalties for possessing pot have left some Canadians confused and thinking it is completely legal. Experts working in the fields of crime prevention and health promotion say marijuana is illegal, it will remain illegal and even if new legislation is passed on changes to penalties, it will not change the fact that possessing it, trafficking in it or cultivating it will continue to be illegal.

The Government of Canada believes that while marijuana use is harmful and must be discouraged, possession of very small amounts of marijuana should be dealt with through a procedure that is different than the regular criminal process. Under proposed reforms now before Parliament, a ticketing scheme would apply in such cases. But even with this alternative procedure and the proposed alternative penalties, marijuana possession will remain illegal.

There's only one exception and it's a very clear one: when marijuana is used for

medical purposes as authorized under the Marijuana Medical Access Regulations (MMAR). The MMAR provide a framework to allow, under certain circumstances, individuals with serious medical conditions to possess or cultivate marijuana for medical purposes. Under the MMAR, the support of a doctor is necessary as part of the application process for an authorization to possess marijuana for medical purposes. The MMAR deal exclusively with the medical use of marijuana. Without authorization under the MMAR, persons using marijuana for medical purposes in Canada are breaking the law.

Health Canada has produced an authoritative guide on marijuana use in Canada targeted primarily at parents and their kids. It has all the latest research, statistics and information on marijuana use in Canada. It's called "Straight Talk About Marijuana". You can download a copy at www.drugwise.gc.ca or order a copy in your language of choice by calling 1-800-O-Canada. The guide was produced as part of the federal government's renewed Drug Strategy.

- News Canada

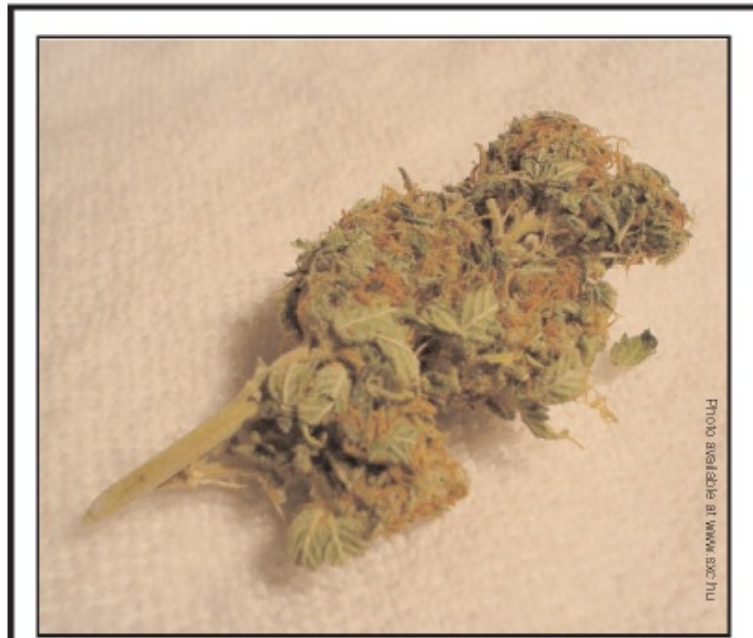


Photo available at www.ec.gc.ca

"My kid? Never!" Wake up and smell the marijuana

By Katherine Willows

(NC)—Many Canadian parents are either unaware their children are smoking marijuana, or in denial that their children are using the illegal substance. Health Canada interviewed parents across Canada while researching a new guide for parents and youth called "Straight Talk About Marijuana."

Aside from not knowing marijuana is illegal in Canada, many parents also said they were unaware of its many negative health affects. So what is the latest research on smoking marijuana? Can using marijuana hurt you, or your child, or is it a harmless recreational drug? Many people think that because marijuana is a plant it must be harmless. Wrong.

Consider these facts:

- Marijuana smoke contains more than 400 chemicals, including some of the same cancer-causing substances found in tobacco smoke.
- Smoking marijuana on a regular basis can cause chronic coughs and recurring bronchitis.
- Marijuana can interfere with human reproduction, menstrual cycles in girls and hormones in boys.

- Marijuana lessens coordination and balance
- Marijuana impairs motor skills
- Marijuana impairs learning
- Marijuana impairs memory
- Marijuana can lower inhibitions and impair judgment which can lead to unprotected sex, sexually transmitted disease and unwanted pregnancies
- Some studies indicate that marijuana use by pregnant teens may cause behavioural problems in their children.
- Regular, heavy use can lead to dependence, meaning users feel they cannot function normally without using marijuana.
- Being convicted of marijuana can ruin a person's credibility when they are trying to find a job.
- It can prevent them from entering certain professions or countries.

To read the full guide for parents and youth called "Straight Talk About Marijuana" on the risks and realities of marijuana, go to www.drugwise.gc.ca or call 1-800-O-Canada. The guide was produced by Health Canada as part of the federal government's renewed Drug Strategy.

- News Canada

Doped up and driving – hey kids, it's still impaired driving

By Katherine Willows

(NC)—For most Canadians, the term "impaired driving" means driving while under the influence of alcohol. But did you know that driving under the influence of drugs can be dangerous as well?

Check out these facts on drugs and driving, published by Health Canada in its new guide for parents and kids on the risks and realities of marijuana in Canada:

- Driving under the influence of any impairing substance, including marijuana, is a serious criminal offence.
- Using marijuana and alcohol together is more intoxicating than using each

separately. In this case, one plus one does not equal two; it's more like three or four.

- Being high impairs an individual's judgment, mental and physical abilities as well as motor skills.
- Any activity requiring concentration, good judgment, eyesight, coordination or timing may be dangerous while high on marijuana.
- Being high can be dangerous while driving a car, riding a bicycle, operating machinery or even crossing a busy street.

There are many interesting facts and figures on marijuana use by Canadian

youth in an authoritative new guide produced by Health Canada, including helpful quizzes, warning signs, words to use to talk to your teens about drugs, and even a *Rub 'n Sniff* sample of the smell of marijuana. Parents can download a copy of the guide called "Straight Talk About Marijuana." at www.drugwise.gc.ca or order a copy in their language of choice by calling 1-800-O-Canada. The guide was produced as part of the federal government's renewed Drug Strategy.

- News Canada

Be Drug Wise

How to help your kids make wise decisions about marijuana

(NC)—Marijuana can be as easy to get nowadays as cigarettes. For kids, the temptation to experiment is hard to resist. Talking to your teens about marijuana is one of the first steps to preventing it from becoming a problem in your family. The good news is a recent survey showed 87 per cent of young people said they would trust their parents for information on marijuana.

If you need help finding the words to talk to your kids about the effects of marijuana, here are some helpful hints on how to help them get the facts so they can make wise, healthy choices:

- Say you're concerned without being judgmental.
- Explain you're concerned about their health. For example, Marijuana smoke

contains more than 400 chemicals, including some of the same cancer-causing substances found in tobacco smoke.

- Look for constructive and positive solutions.
- Stay interested in your teen's activities without appearing to intrude into their lives.
- Remain conscious of teen sensitivities. Their self-esteem is very fragile at this age. Even jokes and teasing can be devastating.
- Set clear, firm and rational expectations. In spite of their protests, teens will know what to expect from you as well as knowing your expectations of them. Make your love for them clear and unconditional. Repeat your support for



them regardless of what issues might arise.

Parents can download a copy of an authoritative new guide from Health Canada called "Straight Talk About Marijuana." at www.drugwise.gc.ca or order a copy in their language of choice by calling 1-800-O-Canada. The guide was produced as part of the federal government's renewed Drug Strategy.

- News Canada

Kids and marijuana: 10 things parents should know

(NC)—The number of Canadian kids smoking marijuana is rising and Health Canada wants parents to know the facts so they can talk to their kids about the realities of this powerful and illegal drug. Realities such as:

- Marijuana smoke contains more than 400 chemicals, including some of the same cancer-causing substances found in tobacco smoke.
- Marijuana lessens coordination and balance.
- Marijuana impairs motor skills.
- Marijuana impairs learning.
- Marijuana impairs memory.
- Marijuana can lower inhibitions and impair judgment which can lead to unprotected sex, sexually transmitted disease and unwanted pregnancies.
- Marijuana can interfere with human reproduction, menstrual cycles in girls and hormones in boys.

- Impaired driving means just that, whether it's from alcohol, marijuana or both.
- One third of Canadian kids between 12 and 19 report using marijuana at least once.
- Marijuana is the most commonly used illegal substance in Canada

If you need help finding the words to talk to your kids about the effects of marijuana, go to www.drugwise.gc.ca to read a new guide for parents called "Straight Talk About Marijuana." It has all the latest research, health risks, quizzes, photos and if you order a hard copy by phone, you can even *Rub 'n Sniff* to see what marijuana actually smells like. Call 1-800-O-Canada to order a copy in the language of your choice.

- News Canada



Signs your teens are using marijuana

By Katherine Willows

(NC)—Marijuana, pot, grass, weed, dope, smoke. Whatever you call it, it's the most commonly used illegal substance in Canada. Unfortunately, it is also popular among a large number of youth. For many of them, smoking marijuana is as socially acceptable as tobacco or alcohol.

Marijuana smoke contains more than 400 chemicals, including some of the same cancer-causing substances found in tobacco smoke, yet many Canadians are unaware of the long and short-term effects of smoking marijuana.

Recent surveys suggest that marijuana use among kids is on the rise in Canada and many parents have no idea their kids are even using the illegal substance.

Here are some things to look for if you think your son or daughter may be using marijuana:

- You can smell marijuana on their clothes or in their hair
- Their eyes are red or glazed over
- Their pupils are dilated
- Their grades are going down at school
- They display secretive behaviour
- They have a different group of friends

A recent survey showed 87 per cent of young people said they would trust their parents for information on marijuana. If you need help finding the words to talk to your kids about the effects of marijuana, go to www.drugwise.gc.ca to read

a new guide for parents called "Straight Talk About Marijuana." It has all the latest research, health risks, quizzes, photos and if you order a hard copy by phone, you can even *Rub 'n Sniff* to see what marijuana actually smells like. Call 1-800-O-Canada to order a copy in the language of your choice.

- News Canada



L'heureuse gagnante du tirage du 500\$ d'essence chez Mars' Garage est Alice O'Hearn. Ce tirage avait été organisé par le comité de personnes apprenantes de FormationPLUS. Merci à tous ceux qui ont acheté des billets.

The lucky winner for the 500\$ of gasoline at Mars' Garage is Alice O'Hearn. The draw was organized by the Learners' Committee of FormationPLUS. We would like to thank everybody who bought tickets.

Gagnants-es de la Vente à un sou organisé par le Comité des personnes apprenantes de FormationPLUS
Winners of the Penny Sale organized by the Learners' Committee of FormationPLUS.

1. Certificat-cadeau / gift certificate..... Jocelyne Gervais
2. Certificat-cadeau / gift certificate..... Jovette Woods
3. Location de vidéos / Movie rentals..... Rebecca O'Hearn
4. Location de machine / Puggi Rental..... Jeannine Tremblay
5. Certificat-cadeau / gift certificate..... Mireille Larocque
6. Calculatrice et stylo / calculator and pen Julie Fortin
7. Certificat-cadeau / gift certificate..... Henriette Jean
8. Tapis / rug Cailin Jones
9. Certificat-cadeau / gift certificate..... Louiselle Caron
10. Chandelier / candle holder..... Destiny McLeod
11. Entrée spectacle "30 ans" / Pass for "30 ans" show... Aline Fortin
12. Mon ange gardien / My Guardian Angel ... Julie Fortin
13. Livre / Book ... Brenda Wright
14. Location de vidéos / Movie rentals..... L. Conroy
15. Sifflet de sécurité / Safety whistle Natalie Tessier
16. Pizza Lorraine Fortin
18. Ensemble multimédia / Multimedia Kit Spencer Smith
19. Sac d'école / school bag ... Pierrette Ouellette
20. Jeux / games Elaine Smith
21. Ensemble de bain / Bath ensemble Braeden Martel
22. Râpeuse à glace / Ice cone maker Rachel Pressé
23. Porte-document, veste et sac / Case, vest and bag ... Sylvie Rioux
24. Support à pâtisseries / Pastry shelf Alice O'Hearn
25. Livres / books..... Shyanne Lafrenière
26. Sessions de bronzage / Tanning sessions.... Krystal Lafrenière
27. Ensemble de bols pour pâtes / Set of pasta bowls.... Alice O'Hearn

101 Gas Station & Store

Will be permanently closing on April 30, 2005 due to the many robberies over the last 8 months, and no arrests of the guilty parties to date. For the safety of my employees and myself, it is best to cease operations. We thank you for your patronage since September, 2003.

*Best Regards,
Bill Lacroix*

Chapleau Northwood Heart Health Coalition presents:

4th Annual Spring into Summer Poker Walk

Wear a hat
Saturday, June 4, 2005 *Prizes*
10 a.m. to 2 p.m.
Bring a friend
at the Earl Freeborn Field of Dreams
Chapleau High School
Wear sun screen

Wear your shades

Fun! Fun! Fun!



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Sulby & District Health Unit
Service de santé publique de Sulby et du district

Chapleau Minor Hockey Annual Awards Banquet

By Shelley Martel

The Chapleau Community center was filled to capacity as hockey players, coaching staff, parents, and special guests joined together to celebrate a bittersweet end to another season of Canada's favorite game.

Past-President Claude Noel stepped in for CMHA President Bill Guthrie who had a prior commitment. Former player, coach, and lifetime hockey fan Mayor Earle Freeborn also attended.

After the welcoming message, each team received their respective awards for their accomplishments. These awards recognize attendance and participation as well as improvement, enthusiasm, skill and character. Special guests were invited from the community to award the Memorial trophies, in remembrance of their respective family member, to those who were eligible. Constable Marshall Canning presented awards on behalf of the O.P.P.

As always, there are never enough awards for all of those who deserve one. "...all players should take pride in contributing to the success of their team,"

encouraged the Past-President.

As one of the highlights of the year, the Aux Trois Moulins Peewees won the NOHA championship for their division in overtime, on home ice. The Midgets also won for their division as well as their Gold Medal success at both the NEOHA Playoffs and the Smiling "M" Tournament.

Incidentally, the Bantam Stars were the only team in their league division to score a goal on the Hearst Lumber Kings all year.

Some presentations were made to acknowledge the efforts of a few of the many essential volunteers needed to maintain a minor hockey club.

Don Swanson was nominated as Coach of the Year (Peewees). His nomination read, "He was a coach who was proud of his players and a coach of whom his players were proud."

Trainer of the Year went to Rolf Fuchs. (Bantams) "His energy was contagious... We were lucky to have him..." his nomination stated.

Volunteer of the Year was awarded to Anita Swanson. Anita has been a member of the executive as well as part of the coaching

staff and has organized Mitron Hockey School in Chapleau for the last two years.

The members of the Midget team, who will not be returning to Chapleau Minor Hockey next season because of age restrictions, each received a personalized hockey jersey as a memento of what most of them will refer to as the best years of their lives.

When all of the awards were presented, the last of the huge buffet meal was packed away and the team tables were stripped of their tablecloths and decorations, it was then obvious that the hockey season was truly over. Parents gathered up their kids, as they visited with their team mates, and headed them out the door. After all, they probably had a street hockey game to get to!

The annual meeting is the chance, for those who are interested, to make amendments to the constitution and to elect head coaches for each team. All those in attendance will be eligible to vote. This year's meeting will be held on May 11, 2005 at 7:00p.m. in the curling rink lounge.



Pictured is the group of boys who have just finished their last year in Minor Hockey: Daniel Turcotte, Nelson Lafreniere, Andre Francouer, Jordan Westerman, Eric Langelier, Brandon Donovan and Chris Russell

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THE LOCAL MARKET PLACE

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CHADWIC HOME, FAMILY RESOURCE CENTRE

Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau, White River, Dubreuilville, and Hornepayne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen, call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

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WANTED
 Cleaning ladies needed to spring clean several cottages 10 minutes from town. Please call 864-1438.

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FOR RENT
 2 apartments available, large 1 bedroom, parking & laundry facilities supplied, reasonable rent. Call 864-2670 after 5 p.m. or leave message ^{M29}

FOR RENT
 1 bedroom semi-furnished apartment, everything included, \$500/month. Call 864-2485 ^{A24}

FOR RENT
 Large 1 bedroom apart., central location, all furnished, including washer and dryer, \$450/month, call 864-9075 ^{M15}

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HOUSE FOR RENT
 3 bedroom house, 160 Martel Road, available May 1, 2005, \$500/month + utilities, oil heating, call 864-1313 ^{A17+}

MOVING AWAY SALE
 14 ft Princecraft aluminum boat on easy-loader trailer, with 15 horse Evinrude, \$2,000 firm. Kenmore portable dishwasher like new, asking \$250. Small woods freezer \$150. Dell/dimension desk top computer, two computer desks and office chairs - best offer. Kenmore washer, asking \$250. Call 864-2241 ^{A24}

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 Offers help to anyone who desires to stop drinking. Open discussion meetings: Wednesday 7:30 p.m. & Sunday 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2321 and 864-1827 Ladies call 864-0138

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The Chapleau ATV club in conjunction with the OPP and the Township will be holding a public information session with guest speaker Sergeant Scott Smith from the OPP to answer any of your questions concerning the new ATV bylaw.

This session will be held at the basement of the Town Hall Tuesday May 10th, 2005

All are welcome

NEED APPLIANCE PARTS?

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<p>Catholic Church SACRED-HEART OF JESUS PARISH PAROISSE SACRÉ-COEUR DE JÉSUS 26 Lorne Street North -OFFICE- 21 Lansdowne Street N. 864-0747 Saturday/samedi 7 p.m. (Alternating French and English) Sunday/dimanche 10 a.m. (Alternating French and English) Fr. Gilles Grandmont</p>	<p>CHAPLEAU PENTECOSTAL CHURCH 9 Elm Street (P.A.O.C.) 864-0828 Sunday School 9:45 a.m. Sunday Services 11 a.m. & 7 p.m. Family Night (ages 1-109) Wednesday 7 - 8:15 p.m. Pastor Dan Lee</p>
<p>ST. JEAN DE BRÉBEUF (Sultan) Liturgy of the Word Liturgie de la parole Sunday/dimanche 11 a.m. Bilingual Mass every 3rd Sunday of the month at Noon PERMANENT DEACON Mr. Ted Castilloux MANDATED Mrs. Marguerite Castilloux</p>	<p>TRINITY UNITED CHURCH Corner of Beech and Lorne - 864-1221 Sunday Worship 11 a.m. Sunday School Kindergarten to Grade 8 Nursery Pastor Rolly MacLean</p>
<p>Diocese of Moosonee Anglican Church of Canada ST. JOHN'S CHURCH 4 Pine Street West 864-1604 Sunday Service 10:30 a.m. Rev. Bruce Roberts</p>	<p>OUR LADY OF SEVEN SORROWS PARISH PAROISSE NOTRE-DAME-DES-SEPT-DOULEURS (Foleyet) Liturgy of the World Sundays 11 a.m. Liturgie de la Parole Dimanche 11h Mass every 4th Saturday at 7 p.m. Mess le 4e Samedi 19h</p>
<p>ST. MARY'S ANGLICAN CATHOLIC CHURCH 78 Devonshire Street 864-0909 Sunday Service 10 a.m. Rev. William P. Ivey</p>	<p>COMMUNITY BIBLE CHAPEL Corner of King and Maple 864-0470 Communion Service 9:30 Family Bible Hour 11 a.m. Including Sunday School Evening Bible Study and Ladies Bible Study during the week Transportation available Al Tremblay</p>

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Dr. Allan MacIvor OPTOMETRIST

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Tuesday, April 26, 2005
10:00 a.m. to 8:15 p.m.
 FOR APPOINTMENTS CALL
 Toll Free 1-800-461-2883
 or CALL 864-2340

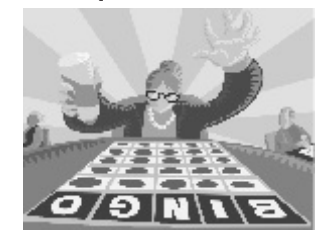
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Qualifications:

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Kabi Lake offers competitive industry rates of pay commensurate to production, quality, and safety performance. Please reply in writing, complete with resume by May 6, 2005 to:

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Thank you in advance for your resume. We will only be contacting potential candidates.



ALGOMA DISTRICT SCHOOL BOARD

SUMMER STUDENT EMPLOYMENT OPPORTUNITIES

Application forms are now being accepted for summer student positions. Applications must be received by **Friday, May 13, 2005 at 3:00 p.m.**, and addressed to the attention of:

Mr. Frank Springer
 Operations Co-ordinator -North
 Algoma District School Board
 WAWA, ON POS 1K0

Application forms will be available at your local High School. Please complete all forms, attach a copy of your resume, and return to the High School within your community. The applications will then be forwarded to the above noted person.

All applicants must be **planning to return to school in the fall, and between the ages of 15 to 24 years of age, or up to 29 years if the person is disabled.**

Positions available:

WAWA	- 1 student Maintenance Helper - 10 weeks
	- 2 student Locker Cleaners - 2 weeks each
CHAPLEAU	- 1 student Maintenance Helper - 10 weeks
	- 2 student Locker Cleaners - 2 weeks each
HORNEPAYNE	- 1 student Maintenance Helper - 9 weeks

CHAIR
Wanda McQueen

DIRECTOR OF EDUCATION
Mario F. Turco

Gardening from the ground up
In the zone



By Mary Lynne Ivey

Once you have decided what sizes of plants you need, and whether they should be shade-loving plants or plants that can take a lot of sunlight, the fun of deciding what to plant can begin!

The frost is not out of the ground yet, and garden centers won't be open until next month, but mail order nurseries will be sending out their seeds and making up their orders for roots, bulbs, and nursery stock soon.

When you are looking at buying trees, shrubs, or perennial plants, it is important to know whether they will survive our climate. To help with this, most common garden plants (apart from annuals) have been given a Climate Zone Rating,

depending on what climate zone they can survive in.

Agriculture Canada and the USDA have developed a system of rating areas for plant hardiness.

The rating is primarily based on the lowest temperature in winter, although other factors such as snow cover, wind, and maximum summer temperatures are also taken into account.

The scale ranges from 0 to 9, with 0 being the coldest and 9 the mildest climate. The Chapleau area is rated as zone 2 on this scale.

This does not necessarily mean that zone 3, or even zone 4 plants won't survive here. Microclimates- areas that are warmer or cooler than the

surrounding area exist within any given area.

Because of this, even though the region around here has been rated at zone 2, some areas in the region might be sheltered enough to have a zone 3 climate.

Even within your own yard, there are probably slightly different microclimates. One side of the house might get more wind and frost, and the other side get less wind and more sun.

Under the right conditions, plants with a zone 4 rating can survive here. Planted close to a house, where the soil stays slightly warmer, or sheltered by a fence or hedge, many zone 4 plants can survive the winter quite well. They can even thrive in more exposed sites, if given adequate winter protection.

This past winter, we had some very cold, windy weather before there was much snow cover.

As a result, you might find that some of your plants have suffered damage from the cold. Don't let this discourage you. Even the best gardeners can't control the weather!

Zone ratings are especially important on trees and shrubs, as they remain exposed above the snow for at least part of the winter. Zone 2 and 3 plants are very hardy, and will need less care to survive the winter.

If you bring home a more tender plant, choose its site carefully, and with a little TLC it should do just fine.

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Long-time resident moves on

By Shelley Martel

After a 35 year career as a medical secretary/office manager, Rita Boucher feels that the time has come for her to call it a day.

Rita will work her last day on her 68th Birthday, April 29th, and she will be picked-up by her grandson, who will drive her to her newly purchased home in St. Charles, Ontario. Her new home is closer to her brother and sisters and some of her other family members.

During her 58 years in the Chapleau area, Rita has been a very hard working employee, sometimes working more than one job at a time. From 1965 to 1973, Rita worked in the office at Lady Minto Hospital. She did bookkeeping for Dr. Broomhead in the evenings in his basement on Lansdowne Street. On weekends and days off from her hospital job, the mother of 6 worked at

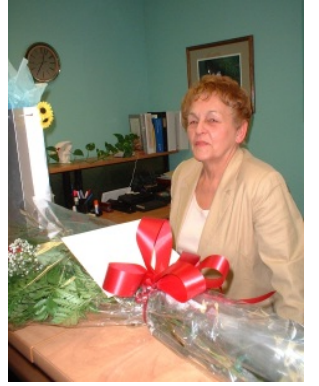
Dr. Broomhead's medical office. Rita even found the time to sell cosmetics for Fashion 220 (an Avon type of company).

For the last 18 years, Rita has worked along side Marianne Leach, at the doctor's office. She will be fondly remembered by her co-worker, "It was a pleasure working with her. She was a great teacher. I don't know what I'm going to do without her and her recipes!"

Although Rita will truly miss her family members she will be leaving behind in Chapleau, she definitely plans to return often to visit her 2 children, 5 grandchildren, and great grandson.

Rita admits that she'll miss work, but she'll miss the children who came to the office the most. She admits to having a real love of kids and developed special little relationships with many of them.

In spite of all the



good memories, this new retiree believes that it is time to move on. "I'm looking forward to visiting the rest of my children when I please, spending time gardening and maybe even taking up knitting!"

Patients of Dr. Frank Broomhead always saw a familiar face when they visited the doctor's office. Rita was always there to serve the English and French patients in their own language and make them feel at ease. She will be missed, and will be remembered, but her retirement is well deserved. Surely, she'll be spotted, from time to time, enjoying her family and her hometown as a well-rested and welcome visitor.

4th Annual Window Sale

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