

**PIZZA HUT & KFC** There's a Reason We're Number 1 864-0911



### Vol. 11, Issue 32, April 14, 2007

## Fifteenth Annual Rotary Sports and Trade Show will feature new events

his year's Rotary Sports & Trade Show opens its doors to the public on Friday April 20th at 4:00 p.m. at the Moore Arena and will continue on Saturday,



a.m. to 5:00 p.m. Along with many returning exhibitors this year's show will also feature "Northern Swing". Come out and practice

April 21st from 11:00

your golf swing and learn how to improve your technique. Also we will be hosting "Superior Archery", another booth to test your skills.

The entry fee this year will be a nominal \$5.00 for adults, \$3.00 for senior and students and \$2.00 for children. New this year is a weekend pass

so you can come and go all weekend. Don't forget that the entrance fee entitles you to a chance at all the fabulous door prizes. First prize is \$1,200.00 worth of wood decking and 2nd prize of \$500.00 in Chapleau Bucks to be spent at any retailer, restaurant or service station in Chapleau. Our major sponsors are Tembec and RBC Royal Bank. We will once again offer an X-Box Tournament for the students with terrific prizes. First prize is \$250.00,



second prize is \$150.00 and third prize is \$100.00 of Chapleau Bucks. For the wee ones the ever

popular Fish Pond will be available.

The Rotary Club of Chapleau looks forward to your

attendance to make the 15th show as successful as the past ones. See you there!

#### **Long Term Forecast** Saturday High

Low -8 Sunday High

Low -7 **Monday** High

Low -6 **Tuesday** High 14 Low -8

Wednesda High 0 Low -2

Thursdav High

Ex-Chapleauite killed in accident n early morning vehicle collision near Ottawa claimed the life of a North Bay man who was a bystander to the accident. John Dunne, 47 of North Bay, was an employee of the Ottawa Valley Railway and had been stationed at OVR's Smith's Falls office.

On Wednesday morning, he was doing repairs to a rail car north of Carleton Place, Ont., on the west shoulder of County Road 29 when a Subaru travelling southbound struck the protruding track of a bulldozer on the flatbed of a northbound Cavanagh tractor-trailer. The collision, which occurred at 6:45 a.m., ripped the driver's side of the passenger car off and then sent the Subaru off the road and

into Dunne. He died at the scene.

Dunne leaves two children, his youngest daughter, Holly, is seven years

"This is truly a tragedy for John's family and his coworkers. He was a young man with a young family and he was a very family oriented person. When someone of that nature passes away, it makes

it all the more difficult to accept," said Daryl Duquette, rail traffic control manager for OVR. "We we're truly saddened by the loss."

County Road 29 was closed for seven hours while police investigated the crash.

The driver of the southbound Subaru car, a 59-year-old Almonte, Ont., man sustained serious nonlife threatening

injuries.

Не initially transported to the Carleton Place Hospital, but later transferred to the Ottawa Civic Hospital.

The driver of the northbound tractortrailer, a 58-year-old Ashton, Ont. man was not hurt.

OVR, Transport Canada, and the Transportation Safety Board are investigating the accident.

## RADE SHOW!



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#### **The Chapleau Express**

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**Published every Saturday/Sunday** 

Deadline for receiving ads is Wednesday at 4 p.m.

The Chapleau Express is delivered free of charge to every household each Saturday. If you have any comments, please feel free to contact us.

Subscriptions: \$70.00 per year (Canada)

\$90.00 U.S per year (U.S.A)
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#### BRUNEAU'S TAX PREP & EFILE



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Algoma District School Board

#### **SECONDARY TEACHERS** 2007-2008

The Algoma District School Board offers teaching opportunities both in urban and rural communities with many advantages for personal and professional growth. We serve a geographic area of 70,534 square kilometres in Northern Ontario with 11 secondary schools in Hornepayne, Chapleau, Wawa, Sault Ste. Marie, Central Algoma, Blind River and Elliot Lake.

The Algoma District School Board is anticipating that it may require Secondary teachers for Contract, Long-Term and Occasional teaching positions across all subject areas in various geographic locations, for the 2007-2008 school year. If you are interested in teaching with the Algoma District School Board please apply online at www.applytoteach.ca.

#### Deadline for application: Friday April 27, 2007.

Please ensure the following documents are included in you application package:

- Resume
- Coverletter
- Ontario College of Teacher's Certificate of Qualification 2007 (New Grads will be considered.)
- University transcript, including undergrad, indicating course concentrations and marks. (An official transcript must be presented at the time of interview.)
- Two most recent teaching evaluation reports and/or practice teaching reports
- Two references

For more information about our board, please visit our website at www.adsb.on.ca or contact:

Robert H. Cole, Superintendent of Education Algoma District School Board **Education Centre** Sault Ste. Marie ON P6A 2K7 Ph. (705) 945-7215 Fax: (705) 942-2540

**Mario Turco** 

**Wanda McQueen** 

**Director of Education** 

www.adsb.on.ca

### **REPORT FROM** Queen's Park BY Mike Brown,

Provicial Member of Parliament for Algoma-Manitoulin

"Seatbelts save lives" is a popular catch phrase, and with good reason:since seatbelts were made mandatory, the number of people killed and injured in collisions in Ontario has steadily dropped.

On December 1, 2006, it became mandatory that every person travelling in a motor vehicle must wear a seatbelt or use a child safety seat. The penalty for seat belt infractions is a fine between \$60 and \$500, and convicted offenders stand to lose two demerit points. It is also important to note that drivers are responsible for ensuring that passengers under 16 years of age are using their seat belt or child safety seat.

The sharing of seatbelts is not permissible; only one person per belt. A typical seatbelt consists of a lap and shoulder belt, and the shoulder belt should be worn firmly to the body. The shoulder strap should never be placed under the arm, and the lap belt should be firm against the body and low across the hips. It is also important to remember that air bags do not take the place of a seat belt.

Children can start wearing seatbelts once they fulfill one of three criteria: the child has reached eight years of age, the child weighs under 80 pounds, or the child is four feet nine inches tall. If a child does not meet any of the above mentioned criteria, then a booster seat or child safety seat is mandatory.

When it comes to child safety seats, there are three types of seats to use, and knowing when to use each type is crucial to reduce the risk of injury or death to your child in the event of an accident. Rear-facing seats are required by law for children weighing less than 20 pounds. Forwardfacing seats are required by law for children weighing between 20 to 40 pounds, while the booster seat is required for those children under the age of eight, and weighing between 40 to 80 pounds. It should also be noted that the middle of the child's ear should not be above the back of the vehicle seat, head rest or booster seat.

When installing a child safety seat, ensure that the seat is secured tightly, using your body weight to tighten and fasten the belt. There should be no more that one inch of movement of the seat from side to side or forward. With forward-facing seats, a tether strap must be used. The hook is designed to attach the strap to the tether anchorage on the vehicle, as specified by the manufacturer.

All new Canadian vehicles manufactured after September 1, 2002 come with lower universqal anchorage points. Consult the vehicle owner's manual before using the UAS system LATCH to determine where the anchorage points are located, and ensure that the correct method is used as

advised by the car seat manufacturer. Locking clips may be required to secure a child car safety seat in a vehicle, The vehicle owner's manual will indicate if one is required. If so, install the locking clip on the seatbelt within a half an inch of the latch plate.

When it comes to the safety harness, the requirements differ based on the type of seat. For rear-facing safety seats, the harness strap should sit at or below the child's shoulders. For frontfacing seats, the harness should sit at or above the child's shoulders. In either case, ensure that the harness is snug enough on your child's chest to allow only one finger width between the strap and the child's collarbone. Ensure that the harness straps lie flat and they do not twist or fold. Properly adjust the chest clips on the harness, and ensure that they lie flat against the chest at armpit level.

Always install child car safety seats away from an active airbag. Also be aware that rear-facing child safety seats have a recline position that must be used. If necessary, use rolled towel or a foam bar under the base of the seat to adjust the angle to 45 degrees.

Booster seats are designed to raise a child up so that the adult seatbelt works more effectively. A lap and shoulder belt combination must be used.

The shoulder strap must lie across vour child's shoulder and the middle of their chest, not around their neck or face, and the lap belt must cross low over the hips, not the stomach or abdomen. Never use seatbelt adjusters.

One final tip: be sure that the child safety seat that you have has a Canadian Motor Vehicle Safety Standard (CMVSS) label or a Statement of Compliance label.

#### **DEATH NOTICE** FRAPPIER, MR. JEAN-PAUL

It is with sorrow that the family announces the sudden passing of Jean-Paul Frappier on Wednesday, April 4, 2007, at Chapleau Health Services, at the age of 69 years. Jean-Paul is predeceased by his first wife Madelaine Frappier, his second wife



Jeanne-D'arc Frappier, his sister Joanne Dionne, and three children Michel, Jean-Noel, and Lise. He is survived by his brothers Louis (Francine) of Devon, Gerald of Chapleau, and his sister Isabelle Fournier (Yvon) of Chapleau. Jean-Paul will also be sadly missed by his children Richard Frappier (Elizabeth) of Chapleau, Normand Frappier (Cindy) of Chapleau, Bernard Bouchard (Monique) of Chapleau, Francine Bouchard and Lina Bouchard of Sudbury, Benoit Rodrigue of Chapleau, and Paulo Rodrigue (Nancy) of Chapleau. Jean-Paul is also survived by his nine grandchildren and four great-grandchildren, and numerous nieces and nephews. Before retiring Jean-Paul worked for the Canadian Pacific Railway for 26 years. He was also a member of the Loyal Order of Moose for 28 years. A Funeral Mass was celebrated on Monday, April 9. 2007 at Sacred Heart Church. Spring Interment Chapleau Municipal Cemetery. Pallbearers were David Comte, David McAdam, Rene Fortin, Renald Lavoie, Rick Longpre, and Vince Keech. Honorary Pallbearers were Rick Ruffo, Reo Ouellette, Allan Larcher, Bernard Bouchard, and Mark Hamel. For those who wish donations to the Canadian Cancer Society or to the Heart & Stroke Foundation would be appreciated by the family. For more information please call the Gilmartin Funeral Home, Wawa (705) 856-7340

## CRDC holds annual General Meeting



Back Row (L to R): Richard Bignucolo (Past Chair), Roxann Lynn, Ryan Saari, Michel Sylvestre (Chair), Mel Jones (Vice-Chair), Richard Korpela, Front Row (L to R): Tanya Kessler (Secretary), Karen Pederson, Lucy Bignucolo, Absent: Les Jones (Treasurer).

The Chapleau Regional Development Corporation (CRDC), at the annual general meeting held on March 21, reported on the many initiatives it has undertaken on behalf of the community and renewed its commitment to promoting and facilitating economic development in the Chapleau area.

The CRDC, which has the role of the Chamber of Commerce, represents the various players of Chapleau business in the manufacturing, tourism, forestry, and retail sectors. Since the last municipal election and the creation by Council of the Chapleau Economic Renewal

township. However, Council has provided letters of support for project specific activities. The membership was presented with an update on current activities, which include non-timber forest products (NTFPs) such as nutraceuticals, wild blueberry production, and cottage development.

Nutraceuticals are medications or food supplements that are created from naturally occurring plants. Dr. Luc Duchesne, a worldrenowned expert in the field, will assist the CRDC with these projects. Opportunities exist to harvest NTFPs locally, which could be funded by the sold worldwide, "Condo" concept, are to be announced in

creating several fulltime and seasonal positions.

Wild blueberry production is another exciting initiative of the CRDC. After visiting the Lac St. Jean region in Quebec, important factors such as terrain, soil type, plant diversity, and climate were identified as similar to ours. Blueberries are in high demand all over the world and a local operation has the potential to create jobs as well as bring muchneeded dollars to our local economy.

Another ambitious CRDC initiative is the Cottage Lot Development project. This would see the construction of cottages on private land on nearby lakes.

which means that the cottage owners would be responsible for costs associated with road maintenance and The sewers. construction of these cottages would result in a seasonal increase in population, the utilization of our local work force, and a long awaited boost to our local economy.

The CRDC also took the lead on an application to the Natural Resources Canada - Forest Communities Program. This program provides funding to assist communities transition their economies from the standard forestry to a bio-economy. application was done in a partnership with other Northern Committee (CERC), manufactured for These cottages would communities. the CRDC is no longer medicinal products and be built using a Successful applicants

the near future.

A major focus of the CRDC tourism program has been promoting the Chapleau Crown Game Preserve. The successful campaign to establish Chapleau as the Gateway to the preserve, the erection of wildlife viewing stations and walking trails, as well as the billboards mounted on major highways resulted in a 500% increase in calls to the 1 - 8 0 0 n u m b e r requesting brochures and materials. lack of municipal funding and the decision to allow First Nation hunting in the Preserve may affect the future of what has been a successful initiative for Chapleau. Unfortunately, without the continuation of municipal funding, the CRDC can no longer employ a Tourism Coordinator/Biologist.

Elections were held and the slate of Directors is as follows: Past Chair:

Richard Bignucolo Chair:

Michel Sylvestre Vice Chair: Mel Jone Treasurer: Les Jones Secretary: Tanya Kessler

Directors at large: Lucy Bignucolo, Rick Korpela, Roxann Lynn, Karen Pederson, and Ryan Saari.

Ross Broomhead was thanked for his many years of service on the executive. He stated that he would continue to be an enthusiastic supporter of the CRDC.

As Chapleau adjusts to the loss of employment in the forestry sector, the community is well served by the dedication of the CRDC members to continue to pursue new initiatives for the future of our town

Members may be contacted for further details on the projects presented.

Input from citizens is always welcome and appreciated.

#### **Chapleau Child Care Centre de Garde d'Enfants**

You are cordially invited to attend our 2007

Annual General Meeting

Monday, April 16, 2007 7:00 p.m. Chapleau Child Care Centre 28 Golf Road

Refreshments will be served Door Prize!!

Everyone Welcome!!



# Our Lady of Fatima awards

You can always

count on our

**ADVERTISING** 

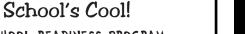
to bring results.

The

Chapleau



Effort awards Brady Ferguson, Jordan Glabb, Jacy Jolivet, Justin Black, Bobbi-Jo Montreuil, Steve Parron. Missing Amadeus Neshawabin, Trinity Vanbuskirk



A SCHOOL READINESS PROGRAM FOR CHILDREN STARTING JK

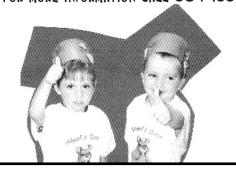
Where? At the Ontario Early Years Program Located at the Chapleau Childcare Centre When: Starting Wednesday, May 2nd and running for 8 weeks
Every Monday, Wednesday and Friday from 8:45 - 11:30 p.m.

THERE IS NO FEE FOR YOUR CHILD TO PARTICIPATE

MAXIMUM NUMBER OF CHILDREN IS 16

To register:

VISIT THE ONTARIO EARLY YEARS PROGRAM TO FILL OUT A REGISTRATION FORM FOR MORE INFORMATION CALL 864-1886



#### David M. Simard, D.C.H.

Clinical/Surgical Chiropodist/Foot Specialist Outpatient clinic. April 25, 2007

## For appointment please call the hospital reception office at 864-1520

Initial Visit
Regular Assessment Including Treatment
\$40.00
Senior's Assessment Including Treatment
\$40.00

 Routine Podiatric Treatments:

 Adults
 \$40.00

 Senior (65+)
 \$35.00

 Student
 \$40.00

Custom Made Orthotics \$450.00 Second Pair \$400.00 (2nd pair must be from same cast within 6 months period)

Custom made Brikenstocks \$575.00

Local Anaesthesia \$20.00 (Initial Site) \$10.00 Additional Sites

Cortisone Shots \$60.00 (Initial Site) \$45.00 Additional Sites

Surgical Prices Vary According To Procedure



Academic Achievement awards (back) Tyler Friend, Danielle Charron, Kassie Friend, (front) Jasmine Burkholder, Sarah McLeod-Greig, Mackenzie McLeod-Greig, Ryleigh Woodcock. Missing Aurora Bouvier, Jamie-Lynn McWatch



Christian Development awards (back) Jessica Raposo, Jasmine Burkholder, Alex Nicol, Brittany Begin, Tyler Friend.(front) Summer McWatch, Kaleb Vallee, Roberto McWatch, Sarah McLeod-Greig, Brady Ferguson.

### Superior East Community Futures Development Corporation Small Business make a Big Impact in our Communities

The Superior East CFDC, through our internship program, conducted a survey to determine how our clients felt about the programs and services being offered at the CFDC. The client survey also examined the viability of small business in the region, the economic impact of the CFDC clients and local business contributions in support of community events.

Through our study it became very clear that CFDC clients, who are a good proxy for the overall business community, are significant contributors to the social and economic well being of our communities. They contribute through the creation of jobs (271 from our sample of 36), contributions through taxes to all levels of government (estimated \$5 million annually) and their positive impact on our quality of life through their contributions to community activities and charities. Some of the highlights from the survey included:

- Over 90 percent stated that they support their community before shopping out of town.
- Eighty percent of respondents advised that in the past year they had contributed to local events and activities. Contributions were financial and often through donated services and supplies.
- Eighty-one percent of all respondents advised that they would not be in business without the financial support received from Superior East CFDC.

The Superior East CFDC has always been proud of its association with the businesses in our region. We are also thankful for the support that is provided by FedNor to our Investment Fund and other economic development activities. From our study however, it is also clear that the businesses within the region are currently facing a number obstacles. An alarming, 28% of all respondents felt that unless their situation improved in the near future they would be forced to close their doors. The loss of any business represents a reversal of all the community benefits identified in the study.

If you would like information on the services and programs offered at Superior East CFDC regarding small business loans or community economic development or would like a complete copy of the Client Survey findings please contact Melanie Maurice, Research Assistant at 705.856.1105 or toll free at 1.800.387.5776.

# Vegetables and Fruit: Canada's Food Guide has a new star



#### By Cynthia Colapinto, Public **Health Nutritionist**

Canada's Food Guide has been revised, and vegetables and fruit are in the forefront.

Health Canada recognized the importance of the vegetable and fruit group by moving this food group to the highest arc in the food guide rainbow. Vegetables and fruit are high in vitamins, minerals and fibre, which reduce the risk of heart disease and certain types of cancer. How much you need varies with your age, gender and activity level. For example, it is recommended that a three-year-old child has four servings each day, whereas an adult male should aim for 10 servings a day.

You may wonder how anyone can get a daily dose of 10 servings. A closer look at this food group

will take away a lot of the mystery. The effort is worthwhile when you consider the benefits for your health.

A serving is not as big as you may think. When you look at the definition of a serving size of vegetables and fruit in Canada's Food Guide, you'll see it ranges from ½ cup of canned vegetables to one cup of raw spinach to ½ cup of fresh fruit or 1/4 cup of dried fruit. Fresh, frozen, canned or dried, all vegetables and fruit contribute to a healthy diet.

Consider how these servings add up. If you're making a stir fry and you use 1 cup of mixed, fresh vegetables and add ½ cup of frozen broccoli that is three servings of vegetables. Mix up one cup of assorted fresh and frozen fruit to make a summer salad and get two servings of fruit.

Health Canada promotes a few important messages related to vegetables and fruit.

-Eat at least one dark green and one orange vegetable each day.

-Paint your plate with colourful vegetables and fruit at every meal and snack, whether you're at home, school, work or eating out.

-Stir-fry broccoli, snow peas, red peppers and carrots.

-Consider buying packages of prewashed and prebagged vegetables such as baby carrots, leafy greens or broccoli. You can quickly toss these into a salad, stir-fry or casserole.

-Choose vegetables and fruit prepared with little or no added fat, sugar or salt.

-Enjoy vegetables steamed, baked or stir fried instead of deepfried.

-Toss chopped vegetables with a small amount of olive oil and bake.

-Look for lower sodium canned vegetables.

-Look for canned fruit packed in fruit juice and with no added sugar (unsweetened).

-Have vegetables and fruit more often than juice.

-Choose 100% fruit or

vegetable juice. juice. Anything called "punch", "fruit drink", "beverage" or "cocktail" may contain little or no real juice.

-One serving is only ½

-Vegetables and fruit have more fibre and other nutrients than

Enjoy vegetables and fruit as a family. Your children will be more likely to try and enjoy different vegetables and fruit if they see you eating them. Role model healthy eating habits for your children to

help build good habits that can last a lifetime. For more information about Canada's Food Guide or adding vegetables and fruit contact the Sudbury & District Health Unit at 864-1610.



### Chapleau - Nemegosenda

#### Notice of Completion, Opportunity to Inspect the Final **Environmental Study Report**

The Ministry of Natural Resources (MNR) Ontario Parks invites inspection of the Final Environmental Study Report (ESR) for a proposal to undertake the construction of a Private Forest Access Road through P-1546 addition to Chapleau-Nemegosenda Provincial Park to access wood resources on private land. Private Forest Company Scierie Landrienne Inc., as a first choice, has requested to build an 820-meter all weather gravel road in D'Arcy Township. The road will be used solely for access to perform forest management activities over the next 20 years. To prevent unauthorized access gates and/or berms, and/or signs will be used to control vehicular traffic.

Public consultations have occurred in April 2006, August 2006 and February 2007 to obtain public response to all the road options to access the private land. As per the 2005 Class Environmental Assessment for Provincial Parks and Conservation Reserves (Class EA) the Final ESR for the road has now been completed, as required for a Category C project. The final ESR describes the process for evaluating the environmental effects of the road options and the process for the selection of the preferred location through the park.

To obtain the Final ESR (a copy may be included with the mailed version of the notice), to discuss the project, to provide comments or to inspect the project file during normal office hours, please contact:

Barbara Henkenhaf Park Superintendent 190 Cherry Street Chapleau, Ontario P0M 1K0 Tel. (705) 864-3114 Fax.(705) 864-0681

If there are concerns about this project that cannot be resolved in discussion with MNR, interested parties may request the Minister of Environment to issue a Part II Order requiring an individual environmental assessment under the Environmental assessment Act. For information on what a Part II Order request should contain, consult the Class EA. Requests must be received by the Minister of the Environment within the 30 day period, which expires May 15, 2006, and copied at the same time to MNR at the above address. The address of the Minister of the Environment is: 135 St.Clair Avenue West, 10 th Floor, Toronto, ON M4V 1P5.

Interested parties are strongly encouraged to discuss any concerns with the MNR before requesting an individual environmental assessment. If no request is received within the 30 day period, or if a request is successfully resolved, MNR may proceed to implement the project without further public notice.

This information is being collected for the purpose of planning and implementing a Class EA project for a provincial or conservation reserve in accordance with the Environmental Assessment Act, the Provincial Parks Act and the Public Lands Act. All input and contact information such as name and address will become part of the public record for this project and administration of the Class EA, unless privacy is requested, pursuant to the Freedom of Information and Protection of Privacy Act. For more information on the collection and use of personal information, contact: Michael Bernier, Information Management Supervisor, and MNR Chapleau. Tel. (705) 864-3121



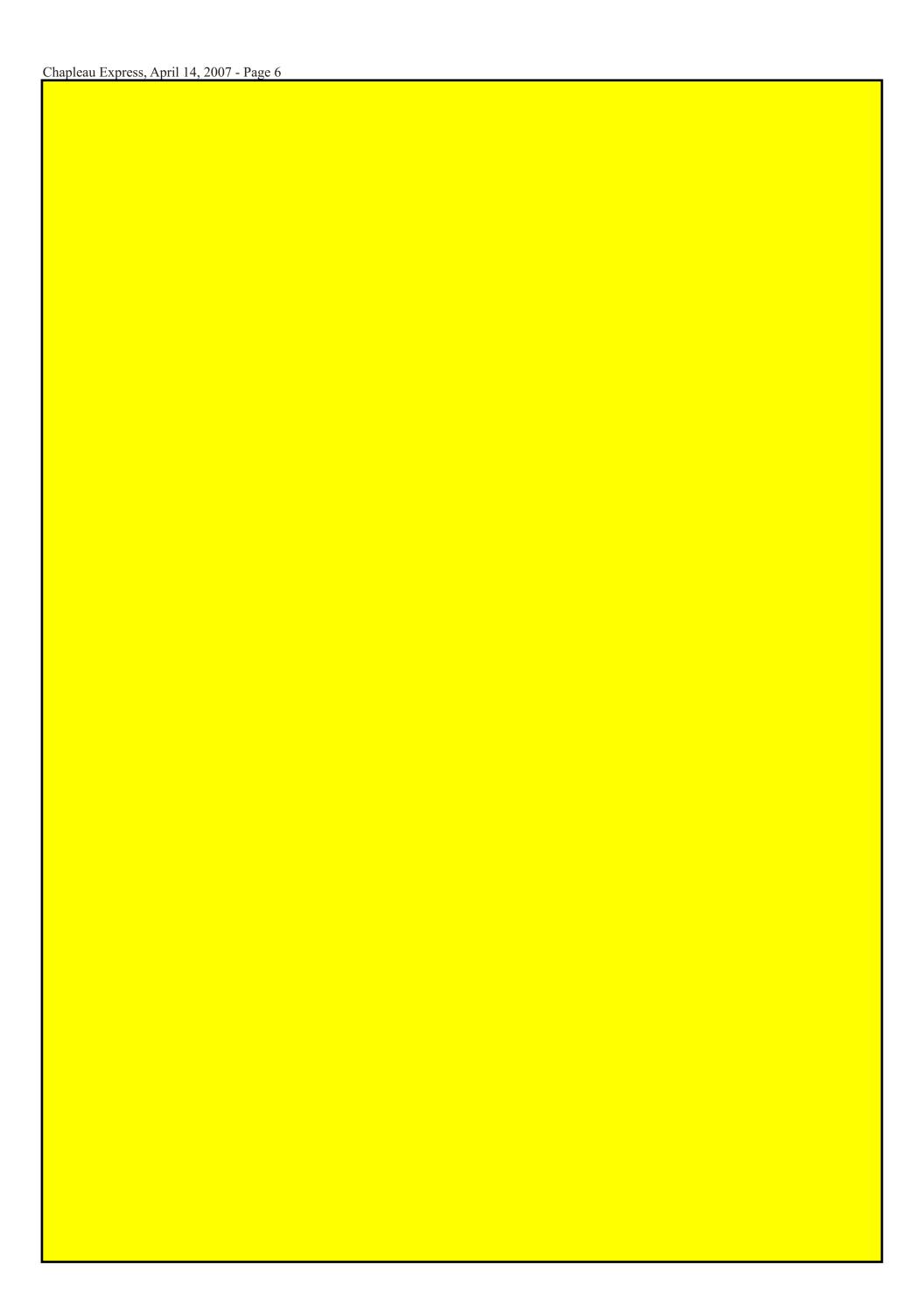
## Pimii Kamik Gas Bar & Gift Shop

Located on the Chapleau Cree First Nation

will be from 7 a.m. - 9 p.m., 7 days a week Drop by and check out our line of **Authentic Native Crafts,** Unique Gift Ideas, Jewellerv. and Gift Certificates TOO!

We also carry road trip snacks, which includes Subs, Chips, Pop, plus a whole lot more.

Your Propane Refilling Station



# Canadians love Caesar

abidingly popular salad, a blend of fresh Romaine, Parmesan cheese, and crunchy croutons dressed in garlicky, lemon-egg vinaigrette, is a favourite whether dining out or at home.

According to NPD Canada, the research company tracking restaurant sales-trends nationwide, Caesar salad consumption is up 300%. In 1996, the Caesar salad represented only 8% of all salads consumed in Canadian restaurants. By the end of 2006, Caesar consumption rose to 22% of restaurant s a l a d s.

From the earliest days after its creation in the Roaring Twenties the Caesar salad was a pop cultural hit. Hollywood power brokers and stars like Jean Harlow, Clark Gable, Carole Lombard, W.C. Fields and Douglas Fairbanks, Sr. frequented Caesar's Place, a hotspot in Tijuana, Mexico, where the salad was born. These and other enthusiastic fans of the salad were responsible for singing its praises and getting it on the menus of great restaurants north of the Mexican border. Even Julia her cookbooks of a family trip down to Tijuana as a child in "1925 or 1926" to investigate the new dish everyone was raving about.

The Caesar Salad was always a best seller on the menus at the restaurants owned by Woolsey. In the 70s and 80s, the couple (cleaned)

Yes, the owned a series of 1 tablespoon garlic eateries, including North America's first Hard Rock Café. At 1 Romaine Lettuce the request of their 1 ET TU Caesar customers, they found Original or themselves putting the ingredients for a foolproof Caesar salad into individual coffee cups for them to take home. Before they knew it, they were introducing the first salad kit to the marketplace.

> "To many, the Caesar salad is a favourite food more than just a favourite salad," says Linda Woolsey, who heads up the product development department at Linsey Foods, maker of ET TU Salad Kits. "It is a dish for all seasons, since its ingredients, including Romaine lettuce, are available year-round, and it offers a great culinary canvas with which to improvise and create much like a pasta or pizza."

Here in Canada, the Caesar salad is often enjoyed with the inclusion of real crumbled bacon, but that is just the beginning of the possibilities. Linda Woolsey shares this delicious recipe (below), to usher in salad season, and invites you to visit ettucaesar.com for more great recipes and Child reminisces in information.

#### Frutti di Mare Caesar

This seafood variation of the Caesar Salad will make you a star in your own home (or take it as a covered dish to soirees -- you'll be invited back). You will need: 1½ cups of medium Doug and Linda s c a 1 1 o p s 2 cups medium shrimp

popular Toronto-area butter or olive oil 1 lemon cut into wedges

Vinaigrette Salad Kit Sauté scallops and shrimp in garlic butter 5-6 minutes. Prepare ET TU Caesar Original or Vinaigrette Salad Kit

Add seafood. Mix thoroughly. Garnish with lemon wedge (serve in a shell shaped bowl for fun).

as directed on box. candlelight and perhaps Sinatra crooning your dining soundtrack.

> Total preparation Enjoy with time: 15 minutes



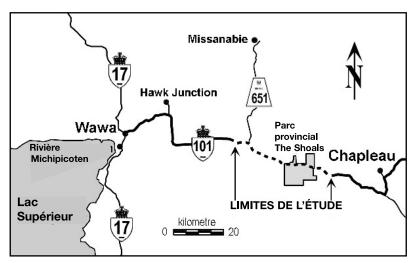
#### **AVIS DU GOUVERNEMENT DE L'ONTARIO**

#### **COMMENCEMENT D'ÉTUDE**

Réfection de la route 101 sur une distance de 39,3 km Depuis la route 651 en direction est vers le ponceau du lac Lawson

#### **LE PROJET**

Engineering Northwest Ltd. a amorcé, au nom du ministère des Transports (MTO), un avant-projet détaillé pour la réfection de la route 101 depuis 2.2 km à l'ouest de la route 651, en direction est sur une distance de 39.3 km jusqu'à 0,3 km à l'ouest du ponceau du lac Lawson (GWP 324-97-00). L'objet de l'étude est d'améliorer de manière générale la conduite, la sécurité et les caractéristiques opérationnelles de la route 101 dans les limites de l'étude.



Les améliorations suivantes font l'objet de l'étude :

- Terrassement et resurfaçage de la chaussée.
- Une nouvelle aire de manœuvre pour le chasse-neige dans les limites du parc provincial The Shoals.
- Remplacement des ponceaux. Une seule voie de circulation sera maintenue durant la construction en contrôlant la circulation ou en utilisant des déviations mineures.
- · Nettoyage des fossés et des ponceaux.
- Mesures pour contrer les risques d'éboulement.
- · Voies d'arrêt pour les camions.
- Mesures pour réduire la présence des orignaux près de la route.

#### **LE PROCESSUS**

L'étude respecte le processus de planification approuvé pour les projets de groupe « B » en vertu de l'Évaluation environnementale de portée générale pour les installations provinciales de transport (2000), permettant au public de se prononcer tout au long de ce processus. Au terme de cette étape, un rapport « Transportation Environmental Study Report (TESR) » sera mis à la disposition du public pour examen et commentaire. Un autre avis sera publié à ce moment. Vous pouvez également demander à ce que le projet fasse l'objet d'une évaluation environnementale individuelle. La décision repose entre les mains du ministre de l'Environnement.

#### COMMENTAIRES

Nous sommes intéressés à connaître votre opinion ou vos préoccupations à l'égard du projet. La protection des renseignements personnels est assurée. Si vous souhaitez obtenir des renseignements additionnels, veuillez communiquer avec l'une des personnes suivantes :

Dale Wiersema, ingénieur Chargé de projet **Engineering Northwest Ltd.** 200, avenue Syndicate sud Thunder Bay (Ontario) P7E 1C9 Tél.: (807) 623-3449, poste 232 (M. Jeff White) (à frais virés) Téléc.: (807) 623-5925 Courriel: dwiersema@enl-tbay.com

Vicente Benitez, ingénieur Chargé principal de projet Ministère des Transports 447, avenue McKeown, bureau 301 North Bay (Ontario) P1B 9S9 Téléc.: (705) 497-5499

Courriel: Vicente.Benitez@mto.gov.on.ca

Harold Makela, CET Planificateur environnemental **Engineering Northwest Ltd.** 200, avenue Syndicate sud Thunder Bay (Ontario) P7E 1C9 Téléc : (807) 623-5925

Courriel: hmakela@enl-tbay.com

## Children's Aid Societies are addressing the Auditor General's recommendations

/CNW/ - Ontario's Children's Aid Societies have developed policies and measures to address each of the 20 recommendations made by Ontario's Auditor General in his first-ever value-formoney audit of four of the province's 53 Children's Aid Societies, the Ontario Association of Children's Aid Societies (OACAS) announced today.

"Ontario's Children's Aid Societies have acted in a responsible and accountable manner to address the Auditor's recommendations," said Dennis Nolan, President of the OACAS. "Our member agencies are working hard to change their administration practices without compromising the quality of service offered to thousands of vulnerable families and children."

When the report was released last fall, Children's Aid Societies (CASs) formed working groups to review each recommendation and develop solutions.

CASs are currently updating their policies in the areas of purchasing, procurement, fleet management, travel and hospitality expenses. These policies are being implemented concurrently with other directives, standards, guidelines and reporting agencies are requirements from the Ministry of Children and Youth Services as part of the Transformation Agenda.

"The field has worked hard to

TORONTO, April 4 i d e n t i f y a n d role in our society. disseminate best practices for delivery of high-quality child welfare services, for prudent management of resources, and for public accountability," said Jeanette Lewis, Executive Director of the OACAS.

> "However, too many layers of administration and standards may compromise the amount of time workers spend trying to help children and families."

> The Transformation Agenda is a massive change in child welfare service delivery, supported throughout the children's service system in Ontario. Major changes are being implemented beginning in April 2007 in the areas of differential response (a more child-familycentered approach: the right service at the right time), better permanency planning (including kinship and foster care, adoption, custody arrangements), and alternatives to court processes (mediation, talking circles). This approach will be supported by research, information systems and an outcomes approach to accountability. The Transformation Agenda also includes special Aboriginal provisions for Aboriginal and First Nations children to be served by their own communities.

> "Our member embracing these changes, but need public support and confidence in the work they do to protect our children," said Lewis. "Child protection workers play a vital

Much like police officers, firefighters and doctors, they protect and save lives by helping vulnerable

Children's Aid Societies rely on professionals and members of the community to report

It is important that the public trusts CASs and have faith in their ability to help children and families - this

child abuse or neglect. could be hard to achieve in the face of frequent and inaccurate messaging and lack of support.

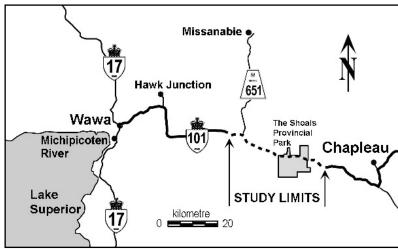


#### ONTARIO GOVERNMENT NOTICE

#### COMMENCEMENT OF STUDY Resurfacing of Highway 101 for 39.3 km Highway 651 Easterly to West Lawson Lake Culvert

#### THE PROJECT

Engineering Northwest Ltd., on behalf of the Ministry of Transportation (MTO), has initiated a Detail Design study for the rehabilitation of Highway 101 from 2.2 km west of Hwy. 651, easterly for 39.3 km to 0.3 km west of Lawson Lake culvert (GWP 324-97-00). The purpose of the study is to improve the overall ride, safety and operational characteristics of Highway 101 within the study limits.



The following improvements are being investigated:

- · Regrading and resurfacing of the highway with hot mix asphalt
- One new snowplough turnaround within the limits of The Shoals Provincial Park
- Culvert replacements. Single lane of traffic will be maintained during construction by way of traffic staging operations or use of minor detours
- Ditch and culvert cleanouts
- Rockfall hazard treatments
- Truck pull-off locations
- Measures to lessen moose presence adjacent to the highway

#### **THE PROCESS**

This study is following the approved planning process for Group 'B' projects under the Class Environmental Assessment for Provincial Transportation Facilities (2000) with the opportunity for public input throughout. Upon completion of the study, a Transportation Environmental Study Report (TESR) will be made available for public review and comment. Another notice will be published at that time. You may also request that this project be conducted as an Individual Environmental Assessment. The decision rests with the Minister of the Environment.

We are interested in any comments or concerns you may have about this project. Confidentiality of personal information is assured. If you have any concerns or would like additional information, please contact any of the following:

Harold Makela, CET

**Environmental Planner** 

200 S. Syndicate Ave.

Fax: 807-623-5925

**Engineering Northwest Ltd.** 

Thunder Bay, ON P7E 1C9

E-mail: hmakela@enl-tbay.com

Tel.: 807-623-3449, ext. 236 (call collect)

Dale Wiersema, P.Eng. **Project Manager Engineering Northwest Ltd.** 200 S. Syndicate Ave. Thunder Bay, ON P7E 1C9 Tel.: 807-623-3449, ext. 232 (call collect) Fax: 807-623-5925 E-mail: dwiersema@enl-tbay.com

Vicente Benitez, P.Eng. Senior Project Engineer **Ministry of Transportation** 447 McKeown Avenue, Suite 301 North Bay, ON P1B 9S9 Tel.: 705-497-5488

1-800-461-9547, ext. 6903 (toll-free area 705)

Fax: 705-497-5499

E-mail: Vicente.Benitez@mto.gov.on.ca

Des renseignements sont disponibles en français en composant (807) 623-3449, poste 256 (M. Jeff White).

### **ANNUAL BAND-AID CAMPAIGN MARCH 2007**

On behalf of the Hospital Foundation we would like to take this opportunity to thank all those who have taken part in this year's Annual Band-Aid Campaign. As in the past the campaign was a great success with over 300 band-aids sold and \$616 raised. A special thank you goes out to the businesses for all their assistance and support during the campaign. The following businesses took the time and effort to sell the band-aids for the campaign:

- Mars' Garage
- Aux Trois Moulins Confectionary
- Chapleau Village Shops
- Model Drug Store
- Collins Home Furniture
- Chapleau News Depot
- Gus's II Family Restaurant
- Chapleau Medical Centre
- Aux Trois Moulins Restaurant
- Hongers Redwood
- Sears ~ Chapleau Village Shops
- Northern Credit Union
- Collins Home Hardware
- CAPA Chapleau Aboriginal Peoples Association
- Chapleau Valu Mart
- Chapleau General Hospital

We would also like to thank all those who have donated money towards the campaign. Without your continued support we would not be able to raise funds for the campaign and the Hospital Foundation. Each and every dollar donated helps the lives of your loved ones who pass through our doors. Once again we thank everyone who supported the campaign this year and hope that next year will be another great success!



Model Drug Store staff pictured with the Band-Aids purchased for this years campaign.



Lynn Bignucolo from the Chapleau Valu Mart proudly displaying the support towards the Annual Band-Aid Campaign



#### EMPLOI D'ÉTÉ POUR ÉTUDIANT(E)S

Le Service des loisirs et de la culture de Chapleau est à la recherche de 2 étudiants intéressés à travailler au musée/centre d'information touristique. Un poste à horaire souple, il faut être disposé à travailler en soirée et les fins de semaine.

### Parmi les compétences désirées, mentionnons:

- Entregent professionnel
- •Connaissance des exploitations touristiques et commerciales de la région
- Habileté à effectuer une multiplicité de tâches
- •Prédisposition au travail physique et à la bureautique
- •Une preuve qu'on retourne aux études à l'automne 2007.

La durée du poste est de 35 heures par semaine pour les mois de mai à août 2007.

- 1 étudiant(e) de 18 ans et plus Salaire 8.00\$/heure
- 1 étudiant(e) de moins de 18 ans Salaire de 7.50\$/heure

Les postulant(e)s doivent fournir une preuve à l'effet qu'ils retournent aux études à l'automne 2007, et l'annexer à leur curriculum vitae.

2007, et l'annexer à leur curriculum vitae.
Prière de faire parvenir sa demande au soussigné

au plus tard le vendredi 4 mai 2007 à 16h30.

Mr. Kevin Morris

Leisure & Culture Services Department

Services de loisirs et de la culture

P.O. Box 129

Chapleau, ON

P0M 1K0



#### SUMMER STUDENT EMPLOYMENT

The Chapleau Leisure and Culture Services Department is presently seeking 2 student to be employed at the Chapleau Recreation Centre. This is a flexible position requiring evenings and weekend work.

#### Positive skills will include:

- •Professional mannerism
- Practical interpretation of local and regional tourist and business operations
- Ability to multi-task
- •Prepared to work both physically and office functionally
- •Must confirm that the individual is attending school in the fall of 2007.

This position will be 35 hours per week from June-August 2007.

- 1 Student over age 18 Hourly rate of \$8.00
- 1 Student under age 18 Hourly rate of \$7.50

Applicant must provide proof that they are attending school in the Fall of 2007, which must be attached to each resume.

Resumes will be accepted by the undersigned until 4:30pm, Friday May 4, 2007.



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North East LOCAL HEALTH INTEGRATION NETWORK

#### **Notice of Public Meetings**

The Board of Directors of the **North East Local Health Integration Network (LHIN)** welcomes residents to attend its Board of Directors Meetings.

The next Board of Directors meeting will be held via teleconference on **Friday, April 27, 2007**. The meeting will begin at 9:00 a.m. and will end at approximately 12:00 p.m.

Teleconference Dial-in #: 1-866-696-5910 (toll-free) Participant Passcode: 3218471#

Due to limited number of lines, RSVP is recommended by **Tuesday**, **April 24**, **2007** to the attention of **Lianne Bettiol**, Executive Assistant to the Chief Executive Officer, at **1-866-906-5446**, **ext. 213** or by e-mail at **Lianne.Bettiol@lhins.on.ca**.

For more information, please visit our website at www.nelhin.on.ca.



### CH.

#### NEW AT THE CHAPLEAU PUBLIC LIBRARY

#### **New Movies**

The Pursuit of Happyness Happy Feet Casino Royale

#### **NOUVEAU LIVRES**

Presque tout Sol - Marc Favreau
Briser le silence - Michel Vastel
Feu: l'Étranger Tome 2 - Francine Ouellette
Le collier volé - Carol Higgins Clark
Par un si beau matin - Denis Monette
Et Mathilde chantait - Denis Monette
L'heure de l'héritage - Charlotte Link
Lord James - Catherine Hermary-Vieille
Si c'était à refaire... - Danielle Ouimet

#### **ATTENTION**

Please save your empty tissue boxes and bring them to the Library. Thank You!

#### THE LOCAL MARKET PLACE

#### APARTMENTS FOR RENT

VILLAGE SHOP APARTMENTS Newly renovated with laminate flooring. Quiet secure building. Landry facilities. Applications available at 8 Birch St.E or call 864-1114<sub>Ap29+</sub>

1-2 and 3 bedroom apts. and bachelor.Fridge & stove included. For more information call 864-1148 or 864-4071(cell)<sub>Ap28</sub>

1 & 2 bedroom apt, 4 bdr. house washer/dryer hook up, parking with plug in. For more information call 864-2282 or 864-1022. Apr28

#### **FOR SALE**

Moving Sale. 1992 Grand Marquis (Ford Sedan). \$1200 certified firm. Very good condition. Call 705-864-0375

#### **HOUSES FOR SALE**

**HOUSE** with apartment for sale by owner. Priced to sell! 28 Beech ST. East. 864-1355. Apr28

#### **SERVICES**

Subscriptions to the Chapleau Express make great gifts

\$39.99 Telephone Service. \$20.00 Unlimited Long Distance. Transfer current phone number free, \$39.99 New activations. Toll free 1-866-391-2700. A Neighbourhood Connection. Ap 28

Tired of balancing your books and your business. Need help. Call Rossie @ 864-2189 for all your accounting needs, including payroll.Over 20 years experience. Apr14



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Hours Monday - Tuesday 9:00 a.m. to 5:00 p.m. Friday - 9:00 a.m. to 11:30 p.m.

#### **SEWING CLASSES** AT THE RUSTIC CUPBOARD

Beginners - Intermediate April 17 and Intermediate-Advanced

Smocking, knitting or crochet classes as

#### **GOING TO CHURCH**

Catholic Church SACRED-HEART OF JESUS PARISH PAROISSE SACRÉ-COEUR DE JÉSUS

26 Lorne Street North -OFFICE-21 Lansdowne Street N. 864-0747 Sunday/dimanche 9:30 a.m. English 11:00 a.m. French Fr. Jacques Fortin

#### ST. JEAN DE BRÉBEUF

Liturgy of the Word Liturgie de la parole Sunday/dimanche 11 a.m. Bilingual Mass every 3rd Saturday of the PERMANENT DEACON Mr. Ted Castilloux **MANDATED** Mrs. Marguerite Castilloux

#### Diocese of Moosonee Anglican Church of Canada

ST. JOHN'S CHURCH 4 Pine Street West 864-1604 Sunday Service 10:30 a.m. Rev. Bruce Roberts

#### ST. MARY'S ANGLICAN CATHOLIC CHURCH

78 Devonshire Street 864-0909 Sunday Service 10 a.m. Rev. William P. Ivey

starting April 16

well as a variety of Quilting techniques to be offered soon. If interested in any of these activities register early to secure your place. For more information drop into the Rustic Cupboard or telephone 864-1162

#### CHAPLEAU PENTECOSTAL

CHURCH 9 Elm Street (P.A.O.C.)

864-0828 Sunday School 9:45 a.m. Sunday Services 11 a.m. & 7 p.m. Family Night (ages 1-109) Wednesday 7 - 8:15 p.m. Pastor Dan Lee

#### TRINITY UNITED CHURCH Corner of Beech and Lorne -

864-1221 Sunday Service and Sunday School 11:00 a.m. Anna Chikoski Soup Kettle every 2nd Wednesday of the month

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Messe sux 2e et 4e dimanche à 16h COMMUNITY BIBLE CHAPEL

Corner of King and Maple 864-0470 Communion Service 9:30

Family Bible Hour 11 a.m. Including Sunday School Evening Bible Study and Ladies Bible Study during the week Transportation available

Al Tremblay

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**ALCOOLIQUES ANONYMES** désire arrêter de boire. rencontres ont lieu tous les mercredis soirs à 19h (7:00 p.m.) Au sous-sol de l'église Sacré-Coeur. Téléphonez au 864-2786

Société Alzheimer Society meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

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864-1558 Garry Bruneau

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#### CHADWIC HOME, FAMILY RESOURCE **CENTRE**

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Nadene McEachren at 864-1055



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### McGuinty Government Takes Action To Protect Province's Water

Introduces Legislation That Would Ban Water Diversions; Implement Conservation Charges

TORONTO, April 3 /CNW/ - The McGuinty government is protecting provincial water resources for future generations through the introduction of ground-breaking legislation, Environment Minister Laurel Broten and Natural Resources Minister David Ramsay announced today.

The proposed legislation contains two key ideas: enshrining in law a historic agreement that bans diversions from the Great Lakes, and mandating charges for commercial and industrial users for the water they take and use.

"By enacting the terms of this agreement, we are taking a major step forward in conserving and protecting the waters of the Great Lakes Basin for future generations of Ontarians," said Ramsay. "If passed, the legislation would strengthen the ban on diversions, promote water conservation, reinforce basin-wide environmental standards, and improve science-based

decision-making."

"For the first time in this province, we are proposing to charge the large commercial users of water," said Broten. "Today we're sending the message that businesses that benefit from our precious water resources must contri-bute their fair share toward the costs of managing them."

The Safeguarding and Sustaining Ontario's Water Act, would implement the historic Great Lakes-St. Lawrence River Basin Sustainable Water Resources Agreement, signed by Ontario, Quebec and the eight Great Lake U.S. states in December 2005. The province's existing ban on diversions of water out of the Great Lakes-St. Lawrence River, Nelson and Hudson Bay basins would become law under the act. It would also prohibit new or increased diversions of water from one Great Lake watershed to another, subject to strictly regulated exceptions.

Also proposed are measures that would allow the province, following consultation with stakeholders, to charge commercial and industrial users for the water they take and

the water they take and use. Revenue would be used to cover a portion of the

province's costs of managing water

resources.

The proposed act will be available on the E n v i r o n m e n t a l Registry for public comment later today at ontario.ca/environmen talregistry. Also posted for public comment is a discussion paper on a framework for water conservation charges.

"Our government takes our stewardship of the Great Lakes and Ontario's valuable water resources seriously," said Broten.
"We are acting decisively to ensure Ontario's water is among the best protected in the world."

Proposing stronger protection for Great Lakes Basin waters and all of Ontario's water resources is just one way the McGuinty government is working to ensure a healthy natural environment in Ontario. Other practices. Living examples include: within the natural

- Passing the Clean Water Act to ensure communities identify potential risks to local water sources and take action to reduce or eliminate risks.
- Renewing the commitment to work co-operatively with the federal government to improve and protect the health of the Great Lakes Basin ecosystem.
- Launching Ontario's first biodiversity strategy to protect the province's plants and wildlife and the habitats that support them.

These reforms to the Ontario Water Resources Acts are long overdue. These steps will move Ontario and the Great Lakes Region away from destructive water wasting practices to sound conservation

practices. Living within the natural water budget given to us is crucial to sustaining water resources for current and future generations.

Sarah Miller, Coordinator and Water Policy Researcher, Canadian Environmental Law Association

Molson is proud of our environmental record and we salute the Government of Ontario on this proactive and balanced initiative that will help protect Ontario's water resources for generations to come.

Water conservation charges will ensure that commercial and industrial water takers who use water for profit will now be contributing their share to Ontario's management of our exceptional water resources.

#### DOWNTOWN MEDICAL CENTRE CENTRE MÉDICAL DU CENTRE-VILLE

Dr Isenberg/Dr Levenstein/Dr Shapiro

# OFFICE HOURS FOR HEURES D'OUVERTURE POUR APRIL/AVRIL MAY/MAI 2007

Sun/dim	Lun/mon	Mar/tue	_vved/mer_	I hu/jeu	Fri/ven	Sat/sam_
15	16	17	18	19	20	21
Apr	Isenberg	Isenberg	Isenberg	<b>*</b>	<b>*</b>	
22	23	24	25	26	27	28
Apr	<b>*</b>	<b>*</b>	<b>*</b>	*	<b>*</b>	
29	30	1	2	3	4	5
Apr./May	<b>*</b>	<b>*</b>	Isenberg	Isenberg	Isenberg	Isenberg
6 Apr.	7	8	9	10	11	12
Isenberg	Isenberg	Isenberg	Levenstein	Levenstein	Levenstein	Levenstein

There will be no physician in the office where the \* appears, however there will be a staff member in the office from 9:00 until 12:00 noon on each of those days to assist with prescription renewals, booking appointments and travel grants.

- -Evening and Sunday appointments may be held if there is a need.
- -House calls are available for patients with limited mobility.

Regular Hours : from 9:30 a.m. to 12:00 noon and from 2:00 p.m. to 4:30 p.m.

#### For appointments and prescription renewals contact 864-1131

-Les jours marqués d'un astérisque \* n'y aura pas de médecin en service au bureau, toutefois, un employé sera sur place de 9h00 à midi pour le renouvellements d'ordonance, la prise de rendez-vous et les bourses de voyage.

-Les cliniques du soir et du dimanche seront disponibles si la demande l'exige.

-Les visites à domicile sont disponibles pour les personnes qui ne peuvent se déplacer

Heures d'ouverture régulières : de 9h30 à midi et de 14h à 16h30.

Pour rendez-vous et renouvellement d'ordonnance, prière de composer le 864-1131.

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